



WASAUKSING FIRST NATION NEWSLETTER



DECEMBER 2025

Next Issue: January 01, 2026

Submissions Due: December 19, 2025

Please Visit Our Website: www.wasauksing.ca to see
Employment Opportunities, Special Events, And More...

UPCOMING MEETINGS

Community Council Meeting - Tuesday December 02, 2025

6:00 p.m. — 9:00 p.m. Administration Meeting Room

LARC Committee - Wednesday December 03, 2025

7:00 p.m.— 9:00 p.m. Gathering Center Meeting Room

Health Committee Meeting - Tuesday December 09, 2025

5:00 p.m. — 7:00 p.m. Health Spiritual Room

Citizenship Committee Meeting - Wednesday December 10, 2025

7:00 p.m.— 9:00 p.m. Gathering Center Meeting Room

Education Committee Meeting - Monday December 15, 2025

6:00 p.m.— 8:00 p.m. Administration Meeting Room

Social Committee Meeting - Monday December 15, 2025

6:00 p.m.— 8:00 p.m. Gathering Center Hall

Business Council Meeting - Tuesday December 16, 2025

5:00 p.m. — 9:00 p.m. Administration Meeting Room

Housing Committee Meeting - Thursday December 18, 2025

6:00 p.m.— 8:00 p.m. Administration Meeting Room

IN THIS ISSUE

- ◆ CHIEF & COUNCIL
- ◆ ADMINISTRATION
- ◆ JOB POSTINGS
- ◆ EDUCATION
- ◆ HEALTH DEPARTMENT
- ◆ SOCIAL DEPARTMENT
- ◆ PUBLIC WORKS



COMMUNITY Announcements

Wasauksing Fire Department - For Fire Emergencies please **Call 911.**

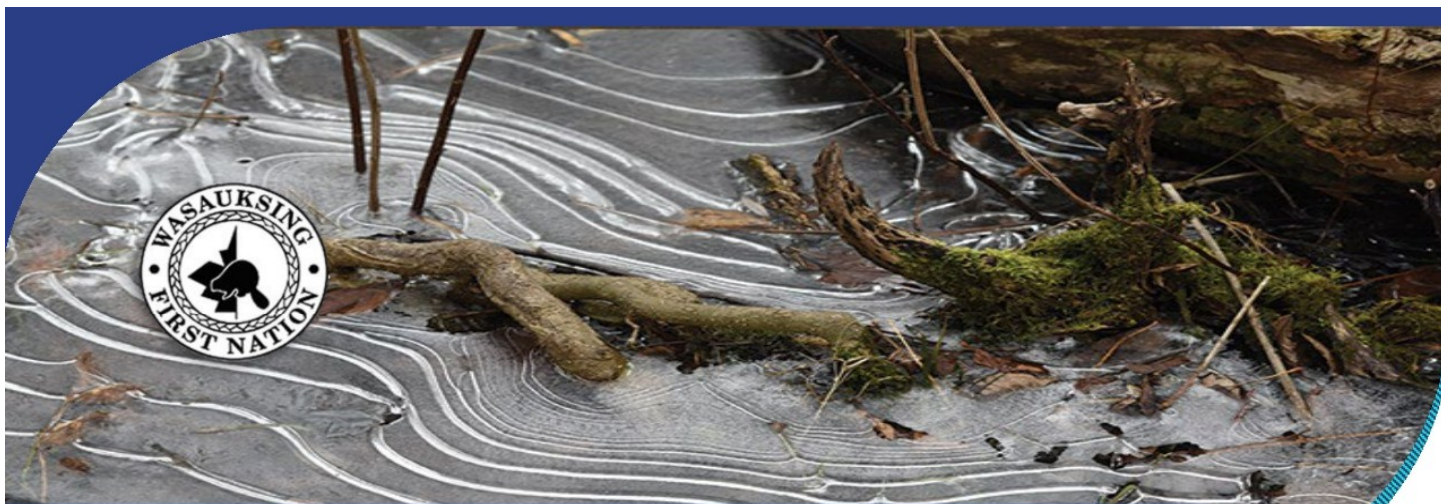
Anishinabek Police Services - For All Emergencies **Call 1-888-310-1122 or 911.**

Water Treatment Plant - During Office Hours staff can be reached at **705-746-7799.** After Hour Emergencies and/or During the Weekends Please Contact **705-774-3110**



CHIEF & COUNCIL

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Wasauksing Chief | Community Report November 2025

INTRO | ADMINISTRATION | GOVERNANCE | COMMUNITY

Aanii Kinaweya

Feasting our ancestors is an important part of our Culture, It's good to come together as families and friends to acknowledge they're presence and "work" they do in the spirit world to help us live a good life. This month Wasauksing Chief and Council continued networking and exploring Economic Development opportunities in Energy and Mining. Globally these are opportunities Wasauksing is seeing locally arise in becoming equity partners in developing sustainable wealth to support our quality of life as Anishinaabek. Also of importance, recently there was a decision in the Courts in regards to the legal fees and there are plans to share information in the near future as we meet in November.



Administration Briefing on the most pressing issues that impact the community:

Finances: We continue to meet regularly with the finance team to complete audits. Delays have occurred in completing trial balances which impact our Auditors beginning there processes for 2024 Audit. Progress is occurring but due to commitments by our Auditors in November. The date of the AGM for 2024 is still not set.



Robinson Huron Waawiindamaagewin met in October for two days in Nipissing to discuss matters of importance including: Governance, Administration, Finances, and Strategic planning;

We began led by ceremony: Relationship protocol with RHTLF, Land protection, Harvesting Challenges with Metis Nation Ontario, Shared water protocol with Newash and Saugeen signed, debrief on Treaty Gathering. Met with Columbian delegate on mutual interest and economic development. Wasauksing is exploring bidding on next years Gathering.

"Luck is what happens when preparation meets opportunity" Seneca



Economic Growth

I was contacted unexpectedly by Councillor Swanson to come out to Kearney to meet the new CEO of the Graphite Mine as an international corporation has purchased it and was hoping to meet the Chief of Wasauksing. I was able to adjust my schedule and go meet our Environmental team to visit the site. Although I didn't make all the way to the mine I was able to meet the CEO and listen to his interest in re-opening the mine and working with First Nations as potential Equity Partners. I coordinated a meeting with Chiefs Pawis, McQuabbie, Noganosh, Duquette, and Roque to hear their presentation

Councillor Pazhe Rice and I met with a emissary group from the Potawatomi Confederacy as they were coming to visit the communities in Canada, They just arrived from their visit with Nawash. I was also able to invite Chief Tracy Hendrick and connect them with Councillor JP King from Chimnissing

Pazhe was able to take the Potawatomi Group on a tour of the island to explore economic opportunities where we brainstormed about resorts, golf courses, and gaming. They are very interested in building a relationship and were excited to hear about our success with our Treaty in the Canadian Courts.



I continue to receive both positive and negative feedback about the letter sent out in regards to community safety. I appreciate the supportive comments but also am willing to accept responsibility and hear criticism about why it was sent out the way it was on a legal letterhead and referencing our teachings. I remain committed to community safety but also am humble enough to admit I may have offended some of our membership. We have drafted a BCR to begin to engage Public Safety Canada to develop a Community Safety Plan. Council I look forward to their support and resources.



Meetings Attended:

Forward Summit: Rama Oct 7 – 9
Nijjaansinaanik Board Meeting Oct 14
Dinner with PS Mayor and CEO: Oct 16
Ontario Health Team: Oct 20th
Potawatomi Confederacy Oct 24
Wasaney Mnsing Land Back : October 28th
APS PGA: Sault Ste Marie October 28-30

WFN OLG/2023 Audit: Oct 11
Global Battery Materials Meeting: Oct 13
Breakfast with Seguin Mayor McDermitt WPS
RHW: Nipissing Oct 21 – 23
400 Corridor Chiefs Oct 24
ISC – Bridge/Infrastructure – Oct 29
Youth Entrepreneurship: Nov 3rd

"Hunting teaches patience, you don't chase success, you sit with it" Unknown



Website:
www.wasauksing.ca



Contact:
705-746-2531 x116



Email:
chief@wasauksing.ca



Notice

Christmas Closure

Please be advised that all departments
will be closing for the
Christmas Closure starting.

December 22nd, 2025 to January 2nd, 2026

Note: Administration Relief Reception
and on call Staff will be available during
the closure. See the notice for relief
reception availability.

Reopening Monday January 5th, 2026

Should you have any questions or
concerns please contact the
Administration Office at 705-746-2531



A festive poster with a red background, white stars, and snowflakes. It features a large green Christmas tree on the right and a snowman on the left. The title "HOLIDAY Hours of Operation" is prominently displayed in the center. A list of dates and hours is provided in the middle, and a gift box is shown in the bottom right corner.

HOLIDAY

Hours of Operation

DEC 22	8:30AM to 4:30PM
DEC 23	8:30AM to 4:30PM
DEC 24	8:30AM to 12:00PM
DEC 25	Closed
DEC 26	Closed
DEC 29	8:30AM to 4:30PM
DEC 30	8:30AM to 4:30PM
DEC 31	8:30AM to 12:00PM
JAN 01	Closed
JAN 02	8:30AM to 4:30PM

Made with PosterMyWall.com



ADMINISTRATION

WFN NEWSLETTER
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Christmas Light Contest

Judging will take place
December 15th 2025
at 6:00pm

If postponed due to
weather conditions
Judging will take place
December 17th ,2025

Prizes: 1st \$150.00
2nd \$100.00
3rd \$75.00





NOTICE

Christmas Gift Cards

Chief & Council Christmas
Gift Cards will be
available for Pick-up
Monday December 8th, 2025
at the Administration Desk

One per On Reserve Household.
Only the head of each household
will be able to pick-up the gift
cards no exceptions. The gift card
will not be available during the
Christmas Closure. If you have any
questions please call the
Administration Office
(705)-746-2531



JOB POSTINGS

WFN NEWSLETTER
DECEMBER 2025



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P.O. Box 250
PARRY SOUND, ONTARIO
P2A 2X4

PHONE:
(705) 746-2531
FAX:
(705) 746-5984

CHIEF
Warren Tabobondung

CHIEF COUNCILLOR
Lindsay McConnell

COUNCILLORS
Pazhe Rice-Menominee
Christina Vasiliou
Alana King
Walter Tabobondung

INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Public Works – Waste Transfer
POSITION TITLE: Waste Transfer Attendant & Driver
DURATION: Part Time- Wednesday, Saturday, Sunday
CLOSING: December 15, 2025

Position Summary:

The Transfer Station Attendant will monitor the disposal of household waste and recycling facility for the Wasauksing First Nation. This person will be expected to exercise independent judgment when informing community members of proper disposal of waste and recycling, and perform duties in a safe and professional manner. The Transfer Station Attendant shall always demonstrate our commitment to serving the community. Waste Transfer Station is looking for disposal pick up during the work week Monday to Friday, and opening and closing the station on weekends for members to drop off waste.

Duties & Responsibilities:

- Open and close the transfer station in accordance with hours established with the First Nation;
- Assure that only members of Wasauksing First Nation use the transfer station facility.
- Monitor and assist users of proper household waste disposal and recycling procedures.
- Visually inspect trash and recycling containers to ensure that proper sorting of materials is adhered to;
- The attendant will be responsible in having the containers picked up and emptied in a timely manner.
- Required to work outdoors in varied weather conditions.
- Must demonstrate good interpersonal and oral skills when dealing with the members of Wasauksing First Nation.
- Maintain traffic control when required.
- Maintain the transfer station for safety and cleanliness purposes are kept neat and orderly.
- Practice workplace safety at all times.
- Performs other duties as assigned by the Director of Public Works.

Education & Experience:

- Ontario Secondary School Diploma (Grade 12) or acceptable equivalent in education and experience;
- Ability to speak Ojibway is considered an asset



JOB POSTINGS

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Other Requirements:

- Valid Ontario Drivers Class G Licence;
- Must have reliable transportation with insurance coverage
- Ability to work with minimal supervision and as part of a team;

Applications must be received no later than December 15, 2025

Please send your resume with a cover letter, contact information and two recent employment references to:

Contact Collecting References:

Email: hradmin@wasauksing.ca

Or package may be dropped off at the following physical address:

**Administration Office
1508 Geewadin Road Lane G
Wasauksing First Nation**

Preference may be given to Indigenous candidates with relevant on reserve employment experience and/or those with knowledge and understanding of the Wasauksing First Nation History and Community.

“Only those selected for an interview will be contacted. We wish to thank everyone for their application.”



JOB POSTINGS

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P.O. Box 250
PARRY SOUND, ONTARIO
P2A 2X4

PHONE:
(705) 746-2531
FAX:
(705) 746-5984

CHIEF
Shane Tabobondung

CHIEF COUNCILLOR
Elizabeth Taylor

COUNCILLORS
Walter Tabobondung
Neil Swanson
David Rice
Pazhe Rice-Menominee

INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Child Wellbeing Team
POSITION TITLE: Jordans Principle Support Worker
DURATION: Full-Time Permanent Position
CLOSING: January 5, 2026

Position Summary:

Wasauksing First Nation is accepting applications for a Jordans Principle Support worker. The Jordan's Principle Support Worker supports Wasauksing First Nation children and families alongside the Jordan's Principle Navigator by addressing access gaps for services in the three areas of education, social and health. Jordan's Principle Support Worker ensures services are culturally appropriate and the client has a voice in the planning of their services. The Jordan's Principle Support Worker will work closely with the Navigator, be self-motivated and solidly support their clients.

Job Duties & Responsibilities:

- Work with families to identify their needs.
- Complete the required casework.
- Assess and collect information provided by the client.
- Ensure all required documentation is complete for processing.
- Assist clients with obtaining and completing documentation.
- Receive calls and provide support.
- Once applications are approved, finding the right service provider, ordering equipment, etc.
- Travel within and outside the community to meet with community members and assist them in identifying unmet needs.
- Collect data, quotes, and invoices for processing.
- Advocate for clients in the program and provide support to assist families in developing their child's developmental needs.
- Advocate for needed support, including respite care, crisis intervention, behaviour management, and life skills training.
- Assist families in locating resources that cultivate recreational, social or educational activities for children and their families.
- Coordinate services and sharing of information within service systems and protect children through early interventions.
- Maintain files and documentation at an excellent standard.
- Maintain strict confidentiality as per policies and procedures.
- Adhere to all policies and procedures of Wasauksing First Nation and any other relevant policies and procedures from external agencies and partners
- Perform other duties within the scope of the position as assigned by the Manager Or Supervisor



JOB POSTINGS

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Education & Experience:

- High School Diploma
- Minimum three years of experience working with a First Nation community in the social services field.
- Direct experience working with Indigenous families, youth, and children.
- Ability to speak, read and understand Anishnaabemowin (Ojibway Language) is an asset

Other Requirements:

- Ability to develop rapport with clients.
- Ability to create and maintain a confidential, welcoming, friendly, and safe environment for community members.
- Experience working with Indigenous peoples and communities, knowledge of Indigenous cultures, traditions, and family dynamics.
- Ability to network, create, and maintain relationships with other service agencies.
- Knowledge of Duty to Report
- Ability to work independently with minimal supervision.
- Demonstrated ability to communicate, both verbally and written effectively.
- Strong organizational/time management skills.
- Proficiency in Microsoft Office applications, the internet, the web-based and collaborative software Google Apps, various other word processing software, database software, computer applications, and other office equipment
- Valid Driver's License, driver's abstract and reliable personal vehicle
- Ability/willingness to travel with the possibility of working flexible hours.
- This position requires the individual to work with various families, youth, and children. Wasauksing First Nation requires a vulnerable sector check to protect children, youth, and vulnerable persons.

**Applications must be received no later than January 5, 2026
@ 4:00 pm**

Please send your resume with a cover letter, contact information and two recent employment references to:

Contact collecting resumes

Email: hadmin@wasauksing.ca

We also accept online applications through:

<https://wasauksing.bamboohr.com/careers>

Or package may be dropped off at the following physical address:

**Administration Office
1508 Geewadin Road Lane G
Wasauksing First Nation**

Preference may be given to Indigenous candidates with relevant on reserve employment experience and/or those with knowledge and understanding of the Wasauksing First Nation History and Community. "Only those selected for an interview will be contacted. We wish to thank everyone for their application."



Christmas CLOSURE

PLEASE BE ADVISED THAT
WASAUKSING KINOMAUGEWGAMIK
WILL BE CLOSED FROM:
DECEMBER 19TH 2025 UNTIL
JANUARY 5TH 2026.

EARLY DISMISSAL @ 11:30 AM ON DEC
19 - SCHOOL CLOSED AT NOON

Happy Holidays!





CAREGIVER BURNOUT

Caring for loved ones, of any age,
can take a lot out of us, so let's talk
about ways to avoid burnout!

WEDNESDAY DEC 10

4:30PM - DINNER

5:00-6:00PM - PRESENTATION

AT WASAUKSING KINOMAUGEWGAMIK

PLEASE RSVP: PRINCIPAL@WASAUKSING.CA





Elder & Community Christmas/Winter Solstice Feast



**WASAUKSING KINOMAUGEWGAMIK
DECEMBER 17, 2025**



Evening Overview:

4:30-5:00 - Family Photo Booth,

Games/Art Activities, Social Time

5:00-5:45 Feast (Turkey & all the fixings)

545-630 Talent Show

Please RSVP: principal@wasauksing.ca



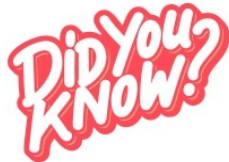
HEALTH DEPARTMENT

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Wasauksing Nursing Station

December 2025



Health has a website!
wasauksing.health
another way to keep up to date!

Counselling

Evi: December 2
Aislinn: December 1, 8, 15
James: December 9
Alex: December 12

Zach- Tread Orthopaedics:

December 10

Doctor Visit Dates:

Dr. K. Knight: Back in 2026
Dr. J. Hamby: Dec 5 & 12

Call Melissa to book an
appointment 705-746-2033

Call Terri to book an
appointment: 705-746-2033

Call Terri to book an
appointment 705-746-2033

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Open Gym Night	4 Baby Group	5 Anishinaa- bemowin	6
7 Humphrey Skating	8	9	10 Open Gym Night	11 Baby Group Full Moon Ceremony	12 Anishinaa- bemowin	13
14 Humphrey Skating	15	16	17 Nursing Station Closed in Morning Open Gym Night	18	19	20
21 Humphrey Skating	22 Office Closed	23 Office Closed	24 Office Closed	25 Office Closed	26 Office Closed	27
28 Humphrey Skating	29 Office Closed	30 Office Closed	31 Office Closed	December		



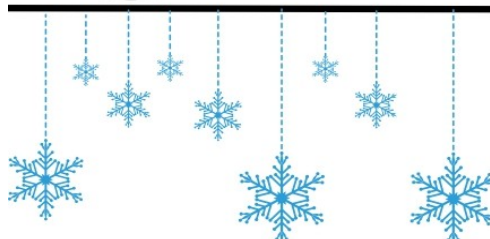
HEALTH DEPARTMENT

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Health Administration

Contact: healthstation@wasauksing.ca | 705-746-2033



Nursing Station Closed:

Wednesday,
December 17, 2025
8:30am-1:00pm

Closed in the
morning due Health
Team meeting

Nursing Station
reopens at 1pm
on Wednesday,
December 17,
2025



ENJI-NOOJ-MO-HAAD WFN Health Services

ANNUAL GENERAL MEETING

Join us for our first annual general
meeting for Enji-Nooj-Mo-Haad WFN
Health Services Board.



Date: December 9, 2025



Time: 4pm start



Nursing Station Spirit Room

More Information:

705-746-2033

wasauksing.health



HEALTH DEPARTMENT

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DECEMBER 2025



CARA Programming

Contact Liz: cra@wasauksing.ca | 705-746-2033 ext. 305

FREE SKATING

AVAILABLE TO ALL
COMMUNITY
MEMBERS & THEIR
FAMILIES

SUNDAYS 9:30AM - 10:50AM



**EVERY SUNDAY
UNTIL MARCH 29TH
9:30AM - 10:50AM**



**HUMPHREY ARENA
15 HUMPHREY DRIVE,
SEGUIN, ON**

**FOR MORE INFORMATION
CONTACT LIZ TABOBONDUNG
705-746-2033 EXT 305
CRA@WASAUKSING.CA**

SWIMMING AT THE GRAND TAPPATTOO

Available December 1st 2025 to June 1st 2026

Members must sign in at front desk with Status Card

Access cards can be provided to those with children who have not
received their status cards

Contact Liz Tabobondung
for more information or for access cards

**WASAUKSING HEALTH
DEPARTMENT C.A.R.A
PROGRAM PRESENTS:**

OPEN GYM NIGHT

Wasauksing Complex Gymnasium
(1508 Geewadin Road Lane G)

**WEDNESDAYS
6pm to 7:30pm**

****Adult supervision needed for children under
14 years of age****

Contact Liz Tabobondung
for more information
cra@wasauksing.ca
705-746-2033 ext 305





HEALTH DEPARTMENT

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Traditional Wellness Programming

Contact Faith: twkk@wasauksing.ca | 705-746-2033 ext. 312



FULL MOON CEREMONY

THURSDAY, DECEMBER 4, 2025
7:00 PM
SPIRIT ROOM AT HEALTH STATION



Ambe Anishinabemdaa
(Let's Speak OUR Language)



AMBE-NISHNAABEMDAA

Anishinaabemowin

FRIDAYS

December 5 & 12, 2025

10:00AM - 12:00PM

Health Station-Spirit Room

Light lunch provided

For more info call Faith at
705-746-2033



HEALTH DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025



Community Health Representative

Contact Audrey-Anna: chr@wasauksing.ca | 705-746-8022

Did you know that **YOU**
can now **book your own**
MAMMOGRAM?

If you are
between the ages of 40 to 74,
you can now self-refer by calling
the *Ontario Breast Screening*
Program at
1-800-668-9304



You **do not** need a referral from a
health care professional.

*Early detection is key—get a
mammogram every 2 years
and encourage others to do
the same!*

If you have any questions, please
call the Health Station at
705-746-2033



Health811

Connect to free health
information and services,
24/7

Call 811 or chat online at
ontario.ca/health811

Baby Group



Every Thursday ~ 10am - 12am

For ages 0-18 Months

Wasauksing Health Station | Spirit Room

Brunch provided.

Connect with other parents and bring your little one
for nursery rhymes, sensory play, books and more.



CONTACT

chr@wasauksing.ca

705-746-2033

website: wasauksing.health



HEALTH DEPARTMENT

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Nursing Updates

Wound Care Information

This does not intend to replace having your wound looked at by a medical professional.



North East Region Virtual Care Clinic (NP-led)

Call 1-888-684-1999
www.nevirtualcare.ca
1:00 p.m. - 9:00 p.m.
7 days a week

Preventing Wounds:

- Keep skin as clean and dry as possible
- Clean your hands before preparing your drug
- Before injecting, clean the site with an alcohol swab
- Use a different injection site each time
- Use new drug equipment each time. Do not share.
- Use harm reduction filters to draw up drugs
- Hold a dry swab on the injection site after injecting
- Inject different drugs separately
- Do not inject into feet, neck, breasts, armpits, or groin
- Smoke, snort, or ingest instead

Signs of Wound Infection:

- New or worsening pain or redness
- Discharge, pus (different colours)
- Foul smell
- Red streaks coming from wound
- Warm or hot to touch
- Slow healing
- Getting bigger
- Chest pain
- Body chills or fever

More Tips:

- Only use sterile or clean water or saline (salt water) to rinse wounds. Alcohol, BZK, and other chemicals or medicated ointments may harm the wound and un-do healing.
- Use non-stick/non-adhering bandages or pads over wounds so that healing skin isn't pulled away when changing bandages.
- Don't place tape or sticky parts of bandages on top of wounds. This can cause more damage and delay healing.

Tips for Wound Care:

1. Clean surfaces



2. Clean hands



3. Set out supplies



4. Take off old bandage



5. Clean hands



6. Rinse wound with water or saline



7. Apply new bandage



8. Clean hands

Identifying and taking care of your wounds is important for their healing.

Untreated abscesses can be life-threatening, require hospitalization, and cause flesh-eating disease, serious heart problems, or the loss of a limb.

"Tranq" Wounds:

Xylazine

- Veterinary tranquilizer
- Adulterant in the unregulated drug supply
- Most often added to Fentanyl
- Can cause skin wounds from inhalation or injection
- Wounds can get worse quickly

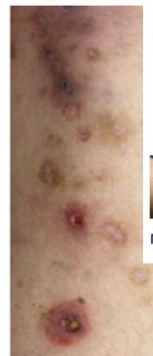
Xylazine Test Strips

- Test your drugs for Xylazine
- Available at the Health Unit
- 90 Bowes Street, Suite 201



What To Do with This Information

- Choose not to use the substance
- Monitor new wounds and seek medical attention earlier



Where to seek care in Parry Sound:

Primary Health Care Provider

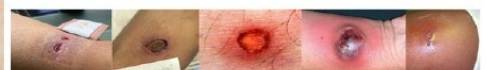
- See your family doctor or Nurse Practitioner (if you have one)

North East Region Virtual Care Clinic (NP-led)

Call 1-888-684-1999
• www.nevirtualcare.ca
• 1:00 p.m. - 9:00 p.m., 7 days a week

Emergency Department (West Parry Sound Health Centre)

- 6 Albert St., Parry Sound ON P2A 3A4
- Especially if there are signs of infection



Noticing and taking care of wounds is important for their healing.



Dietitian & Diabetes Programming

Contact Natalie: rd1@wasauksing.ca
705-746-2033 ext. 325

Contact Danette: cdern@wasauksing.ca
705-746-2033 ext. 309



MAKE HEART HEALTHY CHOICES THIS HOLIDAY SEASON

- **Balance indulgences:** Enjoy your holiday favourites in moderation. Fill your plate with fruits, veggies, and lean proteins first.
- **Stay active:** Take a brisk walk after meals or spend time dancing to your favourite festive tunes.
- **Manage stress:** Prioritize rest and relaxation, and don't hesitate to ask for help when needed.
- **Watch the salt and sugar:** Many holiday dishes can be high in sodium or sugar. Opt for heart-healthy alternatives when possible.



DID YOU KNOW

cold weather can affect your
blood sugar levels?

Here's how to **keep your readings
stable this winter**



Stay active indoors with yoga or light home workouts.



Eat low-GI seasonal veggies like, and radishes.



Sip warm water to **stay hydrated** and aid digestion.



Monitor blood sugar more frequently due to winter fluctuations.



Dress warmly to avoid cold-induced stress on blood sugar.



Choose hearty **soups and stews** over sugary winter treats.



Boost immunity with foods like guava, citrus, and bell peppers.



Manage holiday stress with relaxation techniques.





HEALTH DEPARTMENT

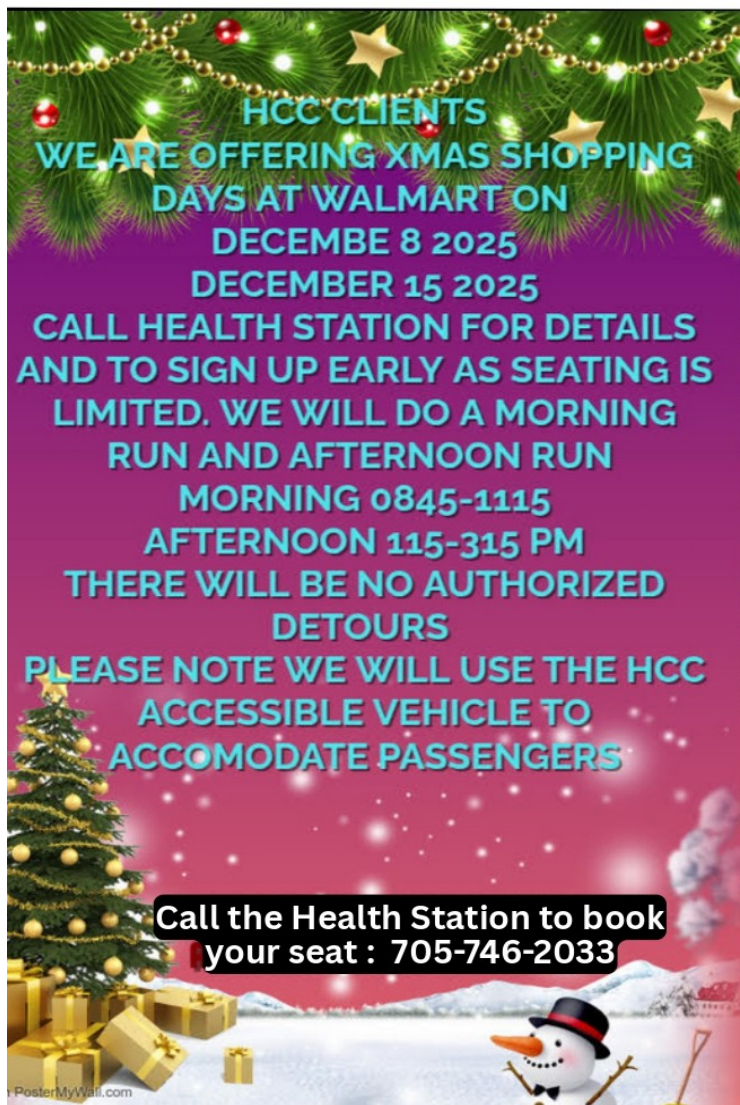
WFN NEWSLETTER
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Home & Community Care

Contact Natalie: rd1@wasauksing.ca
705-746-2033 ext. 325

Contact Danette: cdern@wasauksing.ca
705-746-2033 ext. 309



HCC CLIENTS
WE ARE OFFERING XMAS SHOPPING
DAYS AT WALMART ON
DECEMBER 8 2025
DECEMBER 15 2025
CALL HEALTH STATION FOR DETAILS
AND TO SIGN UP EARLY AS SEATING IS
LIMITED. WE WILL DO A MORNING
RUN AND AFTERNOON RUN
MORNING 0845-1115
AFTERNOON 115-315 PM
THERE WILL BE NO AUTHORIZED
DETOURS
PLEASE NOTE WE WILL USE THE HCC
ACCESSIBLE VEHICLE TO
ACCOMMODATE PASSENGERS

Call the Health Station to book
your seat : 705-746-2033



HAPPY
HOLIDAYS



HCC
CLIENTS
HARVEST SHARE &
SALVATION ARMY FOOD
BANK
TRANSPORTATION
Service

CLIENTS MUST
PRE-REGISTER
BY APPOINTMENT ONLY
TO EITHER HARVEST
SHARE OR SALVATION
ARMY
DATES OFFERED BY
HCC ARE BETWEEN
DECEMBER 1-18 2025
HARVEST SHARE:
705.774.9111
SALVATION ARMY:
705.746.5391



BOOK A RIDE WITH HCC BY
CALLING HEALTH STATION
TO
SECURE A DATE EXT. 300
EXCLUDING WEDNESDAYS



HEALTH DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025



Mental Health & Addictions

Contact Steve: mwtmsw@wasauksing.ca
705-746-2033 ext. 314

Contact Melissa: nnadap@wasauksing.ca
705-746-2033 ext. 315



**STIGMA
IS OUR
GREATEST
BARRIER**

"When I found out I was HIV positive, people stopped coming over... they stopped giving me rides. I felt the need to educate my community."

Carol - Magnetawan First Nation

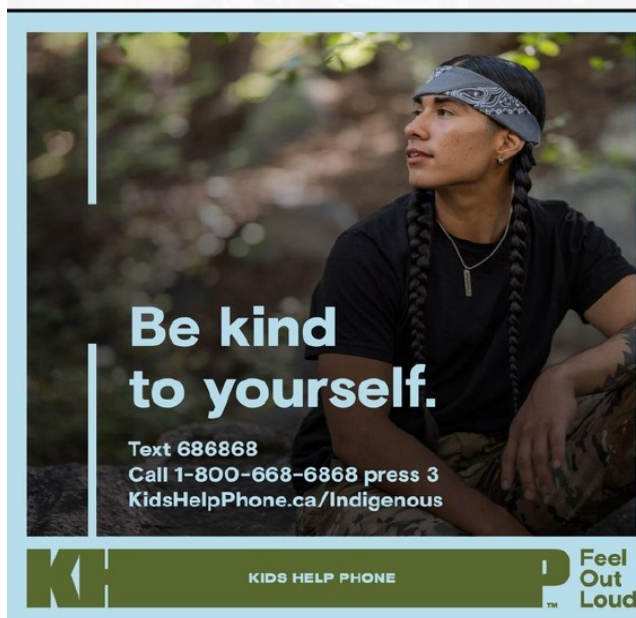
ISC SERVICES CANADA  www.anishinabek.ca

Many people who are HIV-positive can now live much longer, healthier lives when regularly taking antiretroviral treatment. Stigma and shame remain a problem and make it hard for people to manage their condition. When you know the facts, we can live together without fear. Contact your health department for more information.

Mindful Drinking During The Holidays

- 1 Plan Ahead: Decide how many drinks you'll have and stick to it
- 2 Take Breaks: Savor a non-alcoholic drink in between
- 3 Stay Hydrated: Alternate alcoholic beverages with water to pace yourself
- 4 Be Aware of Your Triggers: Avoid situations that pressure you to drink more
- 5 Practice Saying No: There's no shame in choosing what's best for you!

**Mental Illness doesn't take
a holiday break**




**Be kind
to yourself.**

Text 686868
Call 1-800-668-6868 press 3
KidsHelpPhone.ca/Indigenous

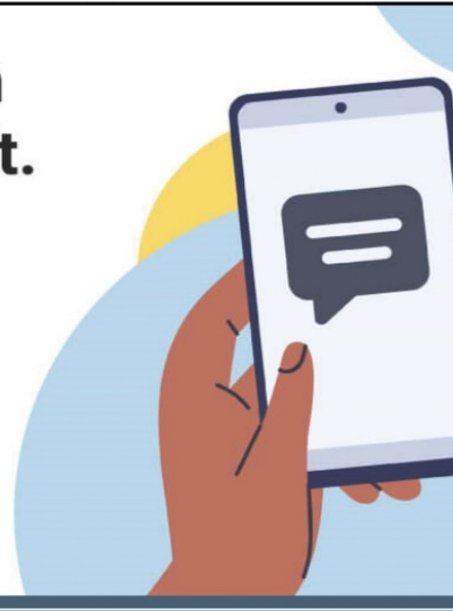
KH KIDS HELP PHONE **Feel
Out
Loud**

Help when you need it.


9-8-8
toll free, 24/7

9-8-8 Suicide Crisis Helpline

9-8-8: Suicide Crisis Helpline is funded by the Government of Canada





Mental Health & Addictions

Contact Steve: mwtmsw@wasauksing.ca
705-746-2033 ext. 314

Contact Melissa: nnadap@wasauksing.ca
705-746-2033 ext. 315

The Top 10 Mental Health Tips For The Holidays

- 1 Be kind to yourself.
- 2 More is not necessarily better.
- 3 Keep expectations realistic.
- 4 Old patterns will naturally start to appear around the holidays, especially when you are with relatives or under stress.
- 5 Remember that other people cannot read your mind or anticipate your needs.
- 6 Remember that “family” is another way of saying “people who love, support, and care about me.”
- 7 Pause and think through any major announcements or decisions you want to make during the holidays.
- 8 Plan sanity time-outs.
- 9 Choose your battles.
- 10 Do something silly.

– Howard Brown Health Center.



HEALTH DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025



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705-746-2033 ext. 314

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705-746-2033 ext. 315

SAFER DRINKING TIPS

- Set limits for yourself and stick to them
- Drink slowly. Have no more than 2 drinks in any 3 hours.
- For every drink of alcohol, have one non-alcoholic drink.
- Eat before and while you are drinking
- Always consider your age, body weight and health problems that might suggest lower limits.
- While drinking may provide health benefits for certain groups of people, do not start to drink or increase your drinking for health benefits.

▶ YOUR LIMITS

Reduce your long-term health risks by drinking no more than:

- 10 drinks a week for women, with no more than 2 drinks a day most days
- 15 drinks a week for men, with no more than 3 drinks a day most days

Plan non-drinking days every week to avoid developing a habit.

▶ SPECIAL OCCASIONS

Reduce your risk of injury and harm by drinking no more than 3 drinks (for women) or 4 drinks (for men) on any single occasion. Plan to drink in a safe environment. Stay within the weekly limits outlined above in **Your limits**.

▶ WHEN ZERO'S THE LIMIT

Do not drink when you are:

- driving a vehicle or using machinery and tools
- Taking medicine or other drugs that interact with alcohol
- Doing any kind of dangerous physical activity
- Living with mental or physical health problems
- Living with alcohol dependence
- Pregnant or planning to be pregnant
- Responsible for the safety of others
- Making important decisions

▶ PREGNANT? ZERO IS SAFEST

If you are pregnant or planning to become pregnant, or about to breastfeed, the safest choice is to drink no alcohol at all.

▶ DELAY YOUR DRINKING

Alcohol can harm the way the body and brain develop. Teens should speak with their parents about drinking. If they choose to drink, they should do so under parental guidance; never more than 1-2 drinks at a time, and never more than 1-2 times per week. They should plan ahead, follow local alcohol laws and consider the **Safer drinking tips** listed in this brochure.

Youth in their late teens to age 24 years should never exceed the daily and weekly limits outlined in **Your limits**.

Low-risk drinking helps to promote a culture of moderation.

Low-risk drinking supports healthy lifestyles.

The Canadian Centre on Substance Abuse changes lives by bringing people and knowledge together to reduce the harm of alcohol and other drugs on society. We partner with public, private and non-governmental organizations to improve the health and safety of Canadians.



500-75 Albert Street, Ottawa, ON K1P 5E7
Tel: 613-235-4048 | Fax: 613-235-8101

Charitable #: 122328750RR0001
Developed on behalf of the
National Alcohol Strategy Advisory Committee
© Canadian Centre on Substance Use and Addiction 2018
Cette publication est également disponible en français.

Low-risk drinking helps to promote a culture of moderation.



Low-risk drinking supports healthy lifestyles.

CCSA wishes to thank the partners who supported development of Canada's Low-Risk Alcohol Drinking Guidelines. For a complete list of the organizations supporting the guidelines, please visit <http://www.ccsa.ca/Eng/topics/alcohol/drinking-guidelines/Pages/default.aspx>

Visit our website to find out more!
www.ccsa.ca



Reference:
Butt, P., Beirness, D., Gliksmann, L., Paradis, C., & Stockwell, T. (2011). *Alcohol and health in Canada: A summary of evidence and guidelines for low-risk drinking*. Ottawa, Ont.: Canadian Centre on Substance Abuse.

For these guidelines, "a drink" means:



Beer
341 ml (12 oz.)
5% alcohol content



Cider/ Cooler
341 ml (12 oz.)
5% alcohol content



Wine
142 ml (5 oz.)
12% alcohol content



Distilled Alcohol
(vodka, gin, rum, etc.)
43 ml (1.5 oz.)
40% alcohol content



HEALTH DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025



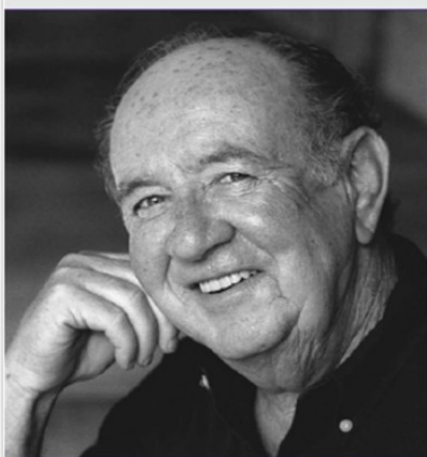
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705-746-2033 ext. 315

The Wasauksing Mental Wellness Team extends hopes for a safe and loving Winter and Holiday Season for 2026. We want to offer a reminder to protect our Elders from Neglect and Abuse.

Protect yourself from abuse.



Stay Connected

www.eapon.ca



Elder Abuse
Prevention
Ontario

Elder Abuse Prevention Ontario
416-916-6728 | @EAPreventionON

Protect Yourself from Abuse by:

- Staying touch with friends and family.
- Staying times for regular phone calls or visits with loved ones and friends.
- Joining a group and meeting new friends.
- Staying physically and mentally active.
- Volunteering and sharing your skills.
- Becoming involved in community programs and finding out what resources are available.

If you are being abused, you are not alone, help is available.
For emergencies, dial 911

For Safety Planning and learning about local resources, dial the toll free

SENIORS
SAFETY LINE



1-866-299-1011

24 hours a day 7 days a week 150 languages

Other agencies that can help include: OPP 1-888-310-1122
Senior Crime Stoppers: 1-800-222-TIPS (8477)



* BOOK * DONATION

FOR THE
MONTH
OF

JANUARY
2026

HELP US TO GROW OUR
LITTLE LIBRARY WITH
YOUR OLD AND NEW
BOOKS!

LOOKING FOR: CHILDREN & YOUTH
BOOKS, CULTURAL, HISTORY, LAND-
BASED LEARNING, ART, HEALTH &
WELLNESS

PLEASE CONTACT:
WSHPROGRAMS@WASAUKSING.CA



Logo Contest

Wasauksing Safe Home is looking a local artist to design our Logo for our building and we are asking the Community of Wasauksing to help us out! The name of the building is down below to help inspire the creative minds out there!

Winners Art will be shown throughout the building, also worn by staff.



**Gaananagdwinmigoo
“I will take care of you”**

Deadline: December 15th

Winner will be announced December 18th during Family Christmas Party at Gathering Building

Submit to Delta at: wshprograms@wasauksing.ca



SOCIAL DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025

JOIN US FOR
WIISNIGAAK

NOVEMBER 26, 2025
10AM TO 2PM

**FOOD BASKETS
AVAILABLE**



**WASUKSING
UNITED CHURCH
PICK-UP**



SERVICE CANADA IN YOUR COMMUNITY

Service Canada provides Canadians with a single point of access to a wide range of government services and benefits.

Service Canada will be in your community to help you apply for the programs and services listed below.

What to Bring: Visit Canada.ca for a complete list of required documents.

Programs and Services	Location	Date	Time
Old Age Security (OAS)	The Gathering Place 1126 Geewadin Rd Nobel, ON	Monday, January 12, 2026	10:00 a.m. to 2:00 p.m.
Canada Pension Plan (CPP)	Please book appointment at reception in advance.		
Social Insurance Number (SIN)			
CDCP - Canadian Dental Care Plan - Application			
Employment Insurance (EI)			

Information on Service Canada’s programs, services and benefits can be found online at Canada.ca or by calling 1 800 O-Canada.





SOCIAL DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025



Ontario Works December 8th

DROP-IN

Due to Holiday office closures,
Drop-In is **December 8th** from

10 a.m. - 2 p.m.

Please submit your income
statement to avoid a late payment.
Come join us for a snack!

REMINDER

Income statements can
be emailed to:
owinc@wasauksing.ca

CONTACT US

BOBBI VERSTRATEN
OWINC@WASAUKSING.CA
705-996-6910 X206

PATRICIA RICE
OWEMP@WASAUKSING.CA
705-996-6910 X204





SOCIAL DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025

XMAS BREAK COMMUNITY DROP-IN

THE SOCIAL WELLBEING DEPARTMENT WILL BE OPENING A SAFE COMMUNITY DROP-IN SITE
(AT THE YOUTH BUILDING) FOR ALL AGES DURING THE XMAS BREAK:

DECEMBER 20 – JANUARY 3

MOST AFTERNOONS AND EVENINGS

LIGHT SNACKS AND DRINKS WILL BE AVAILABLE.

COMMUNITY MEMBERS ARE WELCOME TO BRING GAMES, CRAFTS, BOOKS, OR ANYTHING TO SHARE IN THE
SPACE.

WE ARE LOOKING FOR VOLUNTEERS WHO CAN HELP KEEP THE DROP-IN OPEN DURING THE HOLIDAYS.
IF YOU CAN VOLUNTEER, PLEASE LEAVE YOUR NAME, PHONE NUMBER, AND THE DAYS YOU ARE AVAILABLE.

LET'S HELP CREATE A SAFE, WARM SPACE FOR OUR FAMILIES THIS XMAS SEASON.

swmanager@wasauksing.ca
705-996-6910

WINTER *Clothing Drive*

Social Wellbeing Department is accepting gently used (washed) & new winter
clothing for all ages 0+ to senior until Wednesday AM, November 26th:
WFN community may come to the Gathering Building Hall to choose suitable
winter items they need.

Chi-miigwech for your donations and thinking about community:

Winter coats/snow pants

Boots

Mitts/gloves/warm hats/ear muffs

Lined pants, scarfs

Any items for winter warmth

November 26th 12PM

The Gathering Centre Hall

Bobbi Verstraten: 705-996-6910 owinc@wasauksing.ca



SOCIAL DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025

CHRISTMAS
Party

DECEMBER

THURSDAY **18** 6:00 PM

GATHERING CENTRE

PLEASE REGISTER CHILDREN IN ADVANCE BY
DECEMBER 1ST FOR GIFTS TO BE PRESENTED AT
THE PARTY

CONTACT JESSE COLSON
@ 705-938-4198
J.COLSON@WASUKSING.CA

WINTER
Clothing Drive

Social Wellbeing Department is accepting gently used (washed) & new winter clothing for all ages 0+ to senior until Wednesday AM, November 26th: WFN community may come to the Gathering Building Hall to choose suitable winter items they need.

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Boots
Mitts/gloves/warm hats/ear muffs
Lined pants, scarfs
Any items for winter warmth
November 26th 12PM
The Gathering Centre Hall
Bobbi Verstraten: 705-996-6910 owinc@wasauksing.ca



SOCIAL DEPARTMENT

WFN NEWSLETTER
DECEMBER 2025

COMMUNITY DINNER

December 25

5:00 p.m. – Gathering Building

If you're alone, away from family, or would like some company this Xmas, please join us for our annual community Xmas Dinner.

Volunteer cooks and servers are appreciated and delivery can be arranged if needed.

Contact:

705-996-6910

swmanager@wasauksing.ca

FIRST NATIONS CHILD AND FAMILY SERVICES & JORDAN'S PRINCIPLE SETTLEMENT CLAIMS HELPER DROP-IN

WFN CLAIMS HELPER,
D. MANITOWABI, & A. RESTOULE
WILL BE ASSISTING WITH INQUIRIES & PROVIDE
SUPPORT REGARDING FIRST NATIONS CLAIMS.
THIS IS A CULTURALLY SUPPORTED EVENT.

WHEN: WEDNESDAY DECEMBER 3RD, 2025
WHERE: THE GATHERING CENTRE 9AM- 4PM
ATTENDEES ARE WELCOME TO BRING THEIR
QUESTIONS OR BEGIN THE APPLICATION PROCESS
LIGHT SNACKS WILL BE PROVIDED.

INFO? CONTACT:
MS N.PEGAHMAGABOW 705-996-6910 X213

"THE SETTLEMENT COMPENSATES ELIGIBLE FIRST NATIONS CHILDREN & FAMILIES HARMED BY CANADA'S DISCRIMINATORY PRACTICES IN THE FIRST NATIONS CHILD AND FAMILY SERVICES PROGRAM & NARROW APPLICATION OF JORDAN'S PRINCIPLE."





December Seniors Programs

Elders' Luncheon: December 1 & 8

Tentative Trip to Rama for lunch: December 15

Shopping Trips to Barrie: December 2 & 4 (limited seats, daytime)

Meals On wheels: December 3, 10, 17, 24 & 31

Please advise the Social Department if you will not be at home or need assistance during the holidays — chi-miigwech!

Outdoor support is not available on statutory holidays.

Wasauksing — please check on your neighbours and family during the holiday season

A quick check-in goes a long way.

swmanager@wasauksing.ca

705-996-6910

ARE YOU AN ODSP PARTICIPANT?

WE WANT TO HEAR FROM YOU!

THERE ARE OTHER BENEFITS THAT YOU MAY BE ENTITLED TO.

COME OUT AND MEET THE OW TEAM:
DEC 8TH, 10 AM - 2 PM OR, DROP BY THE
GATHERING CENTRE ANY TIME!

ODSP WILL ALSO BE HERE
FRIDAY DEC 12, 2025 10 AM - 2 PM

CONTACT: BOBBI VERSTRATEN

705-996-6910

OWINC@WASAUKSING.CA





PUBLIC WORKS

WFN NEWSLETTER
DECEMBER 2025

The following land application was reviewed during the November 5, 2025, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2025-10CB – Corey Beaucage
Rural Residential (Old Track Road)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning December 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted before the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

***Map not to scale, for reference only**



WASAUKSING LAND USE 2025



COREY BEAUCAGE
RURAL RESIDENTIAL USE
LA2025-10CB

Legend

- Traditional Land Allotments
- Centerlines
- Civic Address
- Poles
- Transformers
- Hydro Line Overhead
- Hydro Line Underground



This map depicts basic infrastructure and base features for Wasauksing First Nation for planning purposes. This map may not be reproduced without the expressed written consent of Wasauksing First Nation.

0 0.03 0.07 0.13 0.2 km
Scale: 1:3,906

Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator

Date: November 5, 2025
Author: D.Baker





Robinson Huron Treaty
LITIGATION FUND

Notice to beneficiaries of the Robinson Huron Treaty



You and your First Nation may be affected by a Court decision that returned \$487 million in lawyers' fees to the Robinson Huron Treaty Litigation Fund

On October 28, 2025, the Ontario Superior Court of Justice reduced the legal fees that the Robinson Huron Treaty Litigation Fund ("RHTLF") paid its lawyers from \$510 million to \$23 million. The Court found that the lawyers' fees were neither fair, nor reasonable.

Together with fees paid earlier, the lawyers will receive a total of approximately \$40 million. However, the court directed that \$487 million, plus interest, be returned to the RHTLF, to be dealt with as proceeds from the settlement reached with Canada and Ontario.

A copy of the Court's decision can be found at bit.ly/3LSkxqN

The lawyers have indicated that they will appeal the Court's decision, but that they will **not** be seeking a stay to pause the distribution of \$487 million, plus interest, as settlement proceeds.

As a result, the funds returned to the RHTLF will be distributed as those funds become available, as though they were part of the proceeds of the settlement reached with Canada and Ontario.