



# WASAUKSING FIRST NATION NEWSLETTER



**APRIL 2025**



**Next Issue: May 01, 2025**

**Submissions Due: April 18, 2025**

Please Visit Our Website: [www.wasauksing.ca](http://www.wasauksing.ca) to see  
Employment Opportunities, Special Events, And More...

## UPCOMING MEETINGS

***Health Committee Meeting*** - Tuesday April 08, 2025

5:00 p.m. — 7:00 p.m. Health Spiritual Room

***Citizenship Committee Meeting*** - Wednesday April 09, 2025

7:00 p.m.— 9:00 p.m. Gathering Center Meeting Room

***Education Committee Meeting*** - Monday April 14, 2025

6:00 p.m.— 8:00 p.m. Administration Meeting Room

***Business Council Meeting*** - Tuesday April 15, 2025

5:00 p.m. — 9:00 p.m. Administration Meeting Room

***Housing Committee Meeting*** - Thursday April 17, 2025

6:00 p.m.— 8:00 p.m. Administration Meeting Room

***Restorative Justice Committee Meeting*** - Tuesday April 22, 2025

5:30 p.m.— 7:30 p.m. Gathering Center Meeting Room

***Social Committee Meeting*** - Monday April 28, 2025

6:00 p.m.— 8:00 p.m. Gathering Center Hall

***Community Council Meeting*** - Tuesday May 06, 2025

6:00 p.m. — 9:00 p.m. Administration Meeting Room

***LARC Committee*** - Wednesday May 07, 2025

7:00 p.m.— 9:00 p.m. Gathering Center Meeting Room.

## IN THIS ISSUE

- ◆ ADMINISTRATION
- ◆ JOB POSTINGS
- ◆ EDUCATION
- ◆ HEALTH DEPARTMENT
- ◆ SOCIAL DEPARTMENT
- ◆ COMMUNITY VOICE



## COMMUNITY Announcements

**Wasauksing Fire Department** - For Fire Emergencies please **Call 911.**

**Anishinabek Police Services** - For All Emergencies **Call 1-888-310-1122 or 911.**

**Water Treatment Plant** - During Office Hours staff can be reached at **705-746-7799.** After Hour Emergencies and/or During the Weekends Please Contact **705-774-3110**



# JOB POSTINGS

WFN NEWSLETTER  
APRIL 2025



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P.O. Box 250  
PARRY SOUND, ONTARIO  
P2A 2X4

PHONE:  
(705) 746-2531

FAX:  
(705) 746-5984

CHIEF  
Shane Tabobondung

CHIEF COUNCILLOR  
Elizabeth Taylor

COUNCILLORS  
Walter Tabobondung  
Neil Swanson  
David Rice  
Pazhe Rice-Menominee

INTERNAL/EXTERNAL

## EMPLOYMENT OPPORTUNITY

**PROGRAM AREA:** Child Wellbeing Family Services  
**POSITION TITLE:** Child Wellbeing Team Alternative Home Support Worker  
**DURATION:** Full-Time Permanent Position  
**CLOSING:** Tuesday, April 8, 2025

### Position Summary:

Wasauksing First Nation is accepting applications for an Alternative Care Home Support worker. The Child Wellbeing Team Alternative Care Home Support Worker provides professional, confidential, and high-level multi-service, family-centred support and services. This position requires a compassionate person who values openness, honesty, transparency, and wants to build on community based resources. This includes tracking, reporting, legal documentation, current trends within the Child Welfare Systems, and superior organizational skills. This position is responsible for providing support among front-line staff concerning children youth, and families in alternative care placements. They help build on community-based support for alternative care placements. They help build on community-based support for alternative care homes to help develop community-based resources while working alongside Child Welfare Services.

### Job Duties & Responsibilities:

- Connect families with community resources and support services.
- Document the excellent work done with families transparently and concisely
- Demonstrated understanding of the Child Welfare System and relevant provincial and federal legislations.
- Ministry standards and various home safety assessments.
- Prepare monthly, quarterly, and annual stats as requested.
- Knowledge of the impact of trauma and its effect on family dynamics.
- Demonstrated competence in working effectively with children, adolescents, and families in a planned, process-oriented, goal directed method.
- Knowledge of child development and different behavior management techniques.
- Demonstrated knowledge of the Child Welfare System and structures, related documentation, and organizational strategies.
- Demonstrated knowledge and understanding of dealing with sensitive and confidential information.
- Organize data into case notes into an established record keeping system.
- Working collaboratively with area service providers, vendors, and staff.
- Establishes and maintains professional working relationships with staff, clients, resource families, volunteers, and community members.
- Perform other duties as necessary.
- Adhere to all policies and procedures of Wasauksing First Nation and any other relevant policies and procedures from external agencies and partners
- Perform other duties within the scope of the position as assigned by the Manager Or Supervisor



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## Education & Experience:

- A diploma in the human services field.
- Minimum three years' experience in a related role.
- Direct experience working and supporting indigenous families, youth, and children in a Child Welfare or Indigenous Well-being setting would be considered an asset.
- Knowledge of the Child, Youth, and Family Services Act, Child Welfare assessment tools, and other relevant legislation.
- Experience Requirements
- Ability to speak, read and understand Anishnaabemowin (Ojibway Language) is an asset

## Other Requirements:

- Proficiency in Microsoft Office applications, the internet, the web-based and collaborative software Google Apps, as well as various other word processing software, database software, and computer applications.
- Ability to work well independently and in a team environment.
- Ability to work collaboratively with staff, community members, and various agencies.
- Detail-oriented and highly observant.
- Pleasant, courteous, and professional personality.
- Knowledge of culturally based teachings and traditions.
- Maintains strict confidentiality as per the policies and procedures.
- Good judgement & strong interpersonal, organizational, and time management skills.
- Strong verbal and written communication skills.
- Valid Driver's License and reliable personal vehicle
- Willing to work flexible hours as required, including evenings and weekends, as part of an after-hours 'on call' schedule.
- This position requires the individual to work with various families, youth and children. To protect children, youth and vulnerable persons, Wasauksing First Nation requires the individual to provide a vulnerable sector Or criminal record check.

**Applications must be received no later than **Tuesday, April 8, 2025 @ 4:00 pm****

Please send your resume with a cover letter, contact information and two recent employment references to:

**Email:** [hadmin@wasauksing.ca](mailto:hadmin@wasauksing.ca)

**Online:** <https://wasauksing.bamboohr.com/careers>

**Wasauksing First Nation**

**P.O. Box 250 Parry Sound, ON P2A 2X4**

Or package may be dropped off at the following physical address:

**Administration Office**

**1508 Geewadin Road Lane G**

**Wasauksing First Nation**

*Preference may be given to Indigenous candidates with relevant on reserve employment experience and/or those with knowledge and understanding of the Wasauksing First Nation History and Community.*

*"Only those selected for an interview will be contacted. We wish to thank everyone for their application."*





# JOB POSTINGS

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INTERNAL/EXTERNAL

## EMPLOYMENT OPPORTUNITY

**PROGRAM AREA:** Public Works  
**POSITION TITLE:** Maintenance Worker- Administration Community Complex  
**DURATION:** Full-Time Permanent  
**CLOSING:** Wednesday, April 9, 2025

### Position Summary:

The Maintenance Worker is a full time, permanent position. The Maintenance Worker is responsible for cleaning and maintenance of the Wasauksing Administration Community Complex.

### Duties & Responsibilities:

- Maintain the community complex for safety and cleanliness purposes and ensure kept neat and orderly;
- Sweep, vacuum and mop floors as identified where needed on a daily basis;
- Clean floors, washrooms and mirrors daily;
- Empties trash, dusts, wipes down all areas of high traffic contact;
- Cleans windows and entrance doors, shampoo carpets as required;
- Washes walls and doors as necessary;
- Keeps grounds for building outside clean: grass mowing/cutting during the summer, walkways cleared and salted in winter months;
- Prepare purchase order for supplies, purchase supplies, arranges for pick up/delivery of supplies;
- Monitor general condition of and reports needs for major repairs to the Maintenance Coordinator. Foresees, problems, prepare recommendations for addressing issues and estimates for costs.
- Develop and maintain a schedule/frequency of required duties, recommend changes/additions as identified;
- Performs minor repairs on appliances, plumbing, machinery, electrical, carpentry, roof, etc.
- Changes filters on air conditioning equipment as per schedule;
- Friendly voice and attitude, strong interpersonal skills;
- Practice workplace safety at all times;
- Performs other duties as assigned by the Maintenance Coordinator;

### Education & Experience:

- Ontario Secondary School Diploma (Grade 12) or acceptable equivalent in education and experience;
- WHMIS
- First Aid CPR
- Ability to work with minimal supervision and as part of a team;
- Reliable and able to take initiative;



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**Other Requirements:**

- Valid Ontario Drivers Class G License is preferred not required;
- Must have reliable transportation to work;
- Ability to lift 50lbs;
- Wasauksing First Nation requires the individual to provide a criminal record check

**Applications must be received no later than April 9, 2025  
@ 4:00 pm**

Please send your resume with a cover letter, contact information and two recent employment references to:

**Email: [hradmin@wasauksing.ca](mailto:hradmin@wasauksing.ca)**

**We also Accept Online applications through:  
<https://wasauksing.bamboohr.com/careers>**

Or package may be dropped off at the following physical address:

**Administration Office  
1508 Geewadin Road Lane G  
Wasauksing First Nation**

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INTERNAL/EXTERNAL

## EMPLOYMENT OPPORTUNITY

**PROGRAM AREA:** Administration  
**POSITION TITLE:** Chief and Council Assistant ( CCA)  
**DURATION:** Full-Time Permanent  
**CLOSING:** April 10, 2025

### Position Summary:

Wasauksing First Nation is accepting applications for a Chief and Council Assistant. The Chief and Council Assistant (CAA) reports directly to the Chief Executive Director (CED), to help provide administrative assistant support to the Chief and Council. The Chief and Council Assistant (CCA) is a full-time, permanent administrative position. The Chief and Council Assistant is responsible for providing high-level executive support and results-oriented service to the Chief and Council of Wasauksing First Nation. The CCA is responsible for providing high-level executive support and results-oriented service to the Chief and Council of Wasauksing First Nation, and its sub-committees. Working in a team environment, the Council Assistant is accountable for the efficient operation and administration of the Wasauksing First Nation Chief and Council office, providing a well-organized and effective working environment. The Council Assistant works in a confidential environment where communications often concern complex, sensitive and urgent matters. The upmost responsibility of this position is to maintain a high and strict rule of "Confidentiality" on all information coming through this office and maintain a high confidential environment where communications often concerns complex, sensitive and urgent matters. This role is accountable to CED for Chief and Council for decisions made in the course of work while meeting deadlines and following directions from CED while having a high impact on ensuring credible political relations between First Nation Governments, WFN citizens and other associates.

### Duties & Responsibilities:

- Preparation and Distribution of electronic and paper-based correspondence, reports, statements, brochures, publications, presentation and other documents by:
- Drafting, work-processing, editing, proofreading and finalizing
- Compiling data, statistics and other information
- Ensuring documents are distributed as required, and compiling packages, mailing printing, faxing, and copying
- Tracks and follows up on issues referred by the Chief and Council, and ensure issues are addressed and resolved in a thorough, accurate, and timely manner
- Performing Administrative and reception duties on behalf of chief and council;
- Responding to inquires or redirecting on behalf of chief and council;
- Scheduling appointments, travel and meeting schedules, and informing others as needed
- Coordinating and preparing meetings and events on behalf of the chief and council





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- Creating and maintaining manual and computerized information filing systems for minutes, notes, tapes and summaries of meetings; decisions, resolutions, directions and correspondence; reports, forms, policies and other documentation
- Ensuring confidentiality and safety of files
- Following policies and procedures to determine which information is available to citizens
- Preparing and submitting to Finance cheque requisitions, purchase orders, travel claims, receipts and other documentation
- Other duties as assigned by Chief and Council
- Ensuring that decisions, deadlines and directions of Chief and Council are completed as determined by Chief and Council.
- Summaries of meetings, decisions, resolutions, directions and correspondence
- Reports, forms, policies and other documentation
- Developing, recommending and implementing office procedures and systems
- Ordering office supplies, gifts and equipment for office of Chief/CA
- Preparing and submitting to Finance, cheques requisitions and purchase orders
- Maintaining a spreadsheet for Band Support funds and that cheque requisitions, letters and verbal/written reports are submitted back to Chief and Council
- Facilitating communication and procedural flow from Director's, outside agencies, other governments, WFN citizens to Chief and Council/CED
- Arranging for annual events for Chief and Council ( such as but not limited to: Friendship Picnic, Staff Appreciation Day, Christmas Dinner & ordering gifts for these occasions)
- Ordering gifts for special occasions staff retirement or staff leaving the organizations
- And any other duties as assigned from Chief and CED

## Other Requirements:

- Ability to converse in Anishnabemowin would be an asset
- Must have a proficient level of communication skills, verbal and written
- Must possess exceptional organizational and time-management skills.
- Computer skills is an asset
- CPIC (Criminal records check) required (Vulnerable Sector)
- Driver's license with access to a vehicle is an asset

**Applications must be received no later than April 10, 2025 @ 4:00 pm**

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**Email: [hadmin@wasauksing.ca](mailto:hadmin@wasauksing.ca)**

**We also Accept Online applications through:**

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*"Only those selected for an interview will be contacted. We wish to thank everyone for their application."*



# Notice

Please be advised that  
the Administration,  
Nursing Station, Day  
Care, School, WACC, &  
Gathering Center will be  
**Closed.**

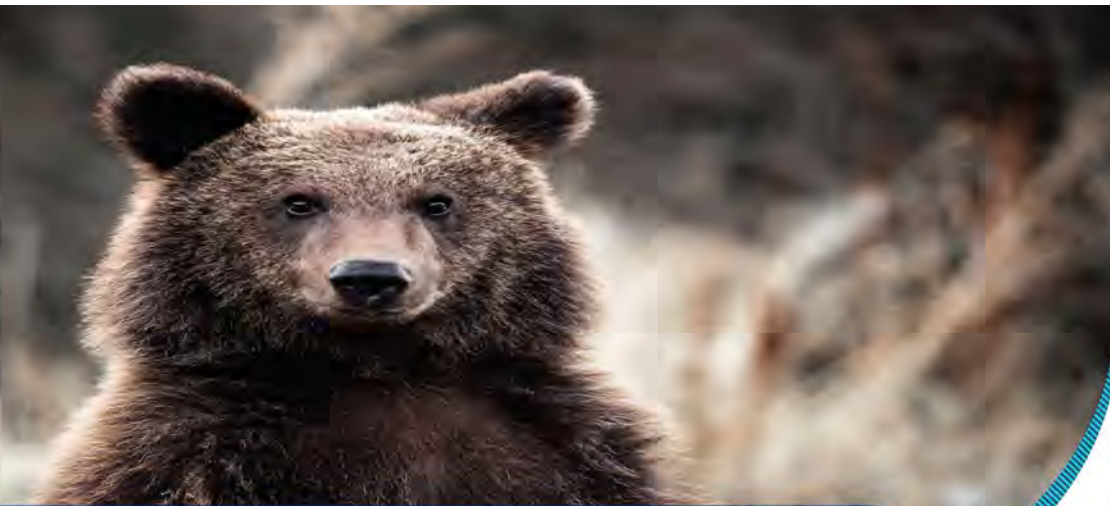
**Friday April 18th, 2025**  
for Good Friday &  
**Monday April 21st, 2025**  
for Easter Monday





# ADMINISTRATION

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## Wasauksing Chief | Community Report March 2025

INTRO | ADMINISTRATION | GOVERNANCE | COMMUNITY

### Aanii Kinaweya

It's Day 11 of our term which began during the Mkwa Giizis. In that spirit, we are reminded to foster wellness and safety as we move forward as a Nation. Our current priority is relationship building. Immediately after the election, Council met as a team to reaffirm our commitment to serve Wasauksing in a way that honours all perspectives. Together, we are determined to foster meaningful communication and transparency. Chief Councillor Taylor and myself have been sharing the office at the Gathering Centre and are making efforts to be present for you, our community and the organization. Feel free to drop in and say hello, or if you need some time, you can make an appointment.



We have been briefed by the Administration on the most pressing issues that impact the community:

The Swing Bridge: Briefing from DOPW

Legal Issues: Briefing from Legal and CED

Finances: Audits 22/23 and 23/24 outstanding

Strategic Plan: new 5 year cycle 2 years overdue,  
Community engagement is necessary



Special Chiefs Assembly: COO held a FNCFS Final Agreement Assembly on Feb 26<sup>th</sup>. Passed

RHTLF – Attended of Feb 24<sup>th</sup> – Tabled a resolution of custom governance – Council Fire (see next page). I was passed coals from original fire by elders

RHW – Meeting set for March 6<sup>th</sup> and 7<sup>th</sup>  
Ministers postponed due to US Tariffs response from Canada.

APS – Meeting with A. Sgt. Travis Jacques

"It does not require many words to speak the truth" – Chief Joesph





## Wasauksing Wellness and Safety: The Art of Listening

Taking the time to recognize the grief within our community is important. We must respect our losses and honour life by being there for one another. The wellness of the community depends on us working together to protect our collective rights and address violence in it's many forms.

Proposed Strategies include:

- Violence Prevention Strategy
- Fentanyl and Substance Community Plan
- Leadership Election Reform
- Land Claims Plan
- Starting March 3<sup>rd</sup>, leadership has and will continue to meeting with Elders to discuss a Youth and Elders Council

Preparing a Communication Strategy that is lead by the voice of the people is core to the strategic planning of this document. Community engagement will be key in the following areas:

- Violence Prevention
- Fentanyl and Substances
- Community planning
- Financial Planning and Transparency
- Protocol for technology and surveys



APTN Reporter Kenneth Jackson and I met to discuss his story that aired on March 1<sup>st</sup> Titled "**Dynamite Bay**" and "**The Great Change**". A concern was raised with the lack of formal engagement with Chief and Council and the potential damage to relationships it may cause.



**Robinson Huron Treaty Litigation Fund (RHTLF)** is the litigation/Language Trust body of 21 Chiefs and Trustees. The current initiative is to affirm Anishinaabe governance through Council fire, which is a historical way we made decisions. This is to formalize how our 21 Nations make decisions and resolve disputes. The plan is to begin to negotiate the annuities with the Crown.

In closing, I am working hard to ensure inclusivity, transparency, and accountability. I am committed to doing this by being present and visible in our Community including our members who are "Ordinarily Residents". I believe that together we can nurture healthy lifestyles by advocating for community and taking action against violence and bullying.

I am a skilled listener and will draw on all my abilities to lead this community in a good way that promotes wellness and safety.

We remain focused on growth and leaving creation in a better place for our future generations.

Miigwech, Chief Shane Tabobondung

***"A dream is the bearer of a new possibility, the enlarged horizon, the great hope" – Howard Thurman***



Website:  
[www.wasauksing.ca](http://www.wasauksing.ca)



Contact:  
705-746-2531 x116



Email:  
[chief@wasauksing.ca](mailto:chief@wasauksing.ca)





# ADMINISTRATION

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## Wasauksing Chief | Community Report April 2025

INTRO | ADMINISTRATION | GOVERNANCE | COMMUNITY

### Aanii Kinaweya

This month has a couple of themes, Ziisbaakdoke and Anishinaabemowin (Sugar Making Moon and Language Month). Chief and Council are organizing ourselves by scheduling a orientation session. We have met with Directors to table budgets for the 2025 – 2026 year. We still have work to do on accountability for the last fiscal years and we are committed to following through. Council and I are excited to begin listening to our community through meaningful engagement. Please have some patience as we have been reading up on policy and laws and are settling into to our governance role.



We have been briefed by the Administration on the most pressing issues that impact the community:

The Swing Bridge: Notices and updates

Legal Issues: Briefing from Legal on land claims

Finances: Audits 22/23 and 23/24 outstanding

Strategic Plan: new 5 year cycle 2 years overdue,  
Community engagement is necessary



Special Chiefs Assembly: COO held multiple sessions in Water, Health, and Child Wellbeing

Little NHL – Attended and cheered my heart out!

APS – Meeting with A. Sgt. Travis Jacques and Situation team scheduled this month

Elders – Chief Councillor Liz and I attend regularly and listen to guidance from our elders on Mondays

"The future belongs to those who believe in the beauty of their dreams" – Eleanor Roosevelt





## Wasauksing Wellness and Safety: Protecting our Vulnerable

The RHT disbursements have reminded us even more to look out for one another. We are a community and we grieve our losses together, no one is alone, let's do our best to help one another and not feel isolated

Proposed Strategies include:

- Violence Prevention Strategy
- Fentanyl and Substance Community Plan
- Leadership Election Reform
- Land Claims Plan
- Starting March 3<sup>rd</sup>, leadership has and will continue to meeting with Elders to discuss a Youth and Elders Council

Preparing a Communication Strategy that is lead by the voice of the people is core to the strategic planning of this document. Community engagement will be key in the following areas:

- Violence Prevention
- Fentanyl and Substances
- Community planning
- Financial Planning and Transparency
- Protocol for technology and surveys



ISC has sent notified FN's of increase of Measles cases. This is a preventable disease and there are breakouts in Ontario. Please stay safe and get your vulnerable vaccinated. It not only protects children but also immune compromised elders and those with treatments such as cancer patients.



### Robinson Treaty Waawiindamaagewin (RHW)

Attended the RHW to learn about next steps in regards to annual annuities negotiations also was presented with a gift from the Chiefs for outgoing Chief Warren Tabobondung which I look forward sharing their message this month when honouring our past leaders

In closing, I am travelling with support of council to represent and learn about what help and resources are available to support our community. I continue to stay home and be in the office as much as possible. Please come visit or set up an appointment. I can even come visit you at your home if invited.

In the face of adversity and loss I continue to draw on all my abilities to lead this community in a good way that promotes wellness and safety.

We as a leadership team, remain focused on growth and leaving creation in a better place for our future generations.

Miigwech, Chief Shane Tabobondung

*"A dream is the bearer of a new possibility, the enlarged horizon, the great hope" – Howard Thurman*



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April 1, 2025

Aanii/Boozhoo Wasauksing

It has been 6 weeks since my term started, and I am reminded daily of what a wonderful community we have.

March has come and gone. I would like to express my gratitude to all our staff and members who helped with the power outage, to ensure that all were taken care of as best as possible.

On most days, I am at the Chief's office at the Gathering Building should you wish to drop in.

Early in March I attended Chiefs of Ontario – First Nation Food Sovereignty Forum. The forum was to discuss the historical and cultural value food has and continue to have in our communities. There were several presentations during the full day. One that resonated with me was by **Gaagige Zaagibigaa** which has a Self Determined Household Support Program Initiative. They offer \$1000.00 for households in urban and rural area communities North of Wasauksing. I did reach out to confirm that Wasauksing members can apply if they wish. The program is designed to enhance First Nation households and family living in Northern Ontario to grow, hunt, harvest, process and store food. The program is offered twice a year with granting cycles opening up in September and March. The reporting process is not by way of financial reports and receipts, it is by way of Storytelling Guide, as storytelling plays a vital role in learning and communal growth. I will share presentation with Director of social and anyone else that may be interested in receiving it.

There was also an Indigenous School Food Circle presentation that I will share with the Director of Education for his review.

March 7<sup>th</sup>, I attended our WFN Health Station to celebrate International Women's day. Theme for this year was "FOR ALL WOMEN & GIRLS rights, Equality &



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Empowerment” There is strength in every story. Unfortunately I missed the Round Dance Celebration at the Gathering, I heard it was a fun time by all that attended.

March 10, 17 & 31<sup>st</sup> I had lunch with our elders. It is always great to sit and hear their stories and suggestions they bring forward.

March 17<sup>th</sup>, I attended the Education Committee meeting.

March 19<sup>th</sup> I volunteered at the school with our grade 3 / 4 class. Spent an afternoon crafting with them. It is always a pleasure to see their happy faces when they completed their creations. I will not share what they created as I do not wish to spoil any surprises.

March 25<sup>th</sup> I attended the Chief Symposium on Anishinabek Health Transformation in Sault Ste. Marie. Health Transformation is about First Nations taking control of their health. It will give First Nations a high-quality, culturally safe health system that is tailored to community needs and is designed and controlled by First Nations. Hearing guest speakers I am proud of Wasauksing's Health Department as I believe we are already ahead so many other nations.

March 27<sup>th</sup> I met with a kwe named Carol Ann Budd of Woodland's Wealth. This is a 100% Indigenous owned firm. They offer Institutions (trusts) and retail (personal) investment advice and management through Woodland Investment Management, financial planning & educational services. They have their signature trade marked workshops, Welcoming Wealth, which is tailored for First Nations. Carol Ann would like to come in and formally introduce herself to Chief and Council at which time we could see if what they have to offer is a fit for us. She is in Kingston and travels to Sagamok 2 days a week.

In closing I offer my condolences to the families of Darnell Wheatly and Theresa Rice. Sending my thoughts and prayers as they travel to the spirit world.

Miigwech

Liz Taylor

Chief Councillor





# ADMINISTRATION

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**Wasauksing First Nation**

**Council Report: March 2025**

**Submitted: April 1, 2025 CCM**

**Submitted by: Councilor Pazhe Rice**

Waywaynabozhoo kenawayaya here's a brief report for the month of March 2025.

Before continuing, I'm extending my sincere condolences to the Wheatley and Rice Families, as well to their extended family members and friends. Both Darnel Wheatley and Theresa Rice will be missed.

Council orientation hasn't happened yet to discuss Council portfolios. In the meantime, I've been attending the same committee meetings that I held portfolios for last term. (LARC, Citizenship, Health & Education)

**Community Council Meeting - Tuesday March 4, 2025 – Council Minutes to go out to community.**

**LARC Committee - Wednesday March 5, 2025 cancelled due to lack of quorum.**

**Health Committee/Board – No meeting scheduled for March**

**RHT Special meeting to review Trust – to be rescheduled soon.**

**Education Committee – Mon. March 17, 2025 –** Discussion & concerns brought forward by Ms. Johna Hupfield community member & teaching staff at the PSHS. The committee requested a meeting with the NNDSB & Wasauksing Council for further planning at the Super School, not only for Wasauksing students but also for all First Nation students.

**Business Council Meeting – Tuesday March 18th , 2025 - Meeting minutes to go out to community.**

**Citizenship Committee – Wednesday March 19, 2025 Recommended and forwarded 4 BCR's for council signature**

**FAC -Mon. March 24, 2025 Council met with Directors to review upcoming departmental budgets for the new fiscal year.**

## **Community Events & Activities**

- The swearing-in Ceremony for the new council and the honoring of the exiting Council was postponed and rescheduled for Sunday, April 6, 2025.
- Congratulations to the children and families who participated in the 2025 Lil NHL Tournament. Thanks to social media, I was able to see updates. It was good to see everyone having fun and a good time.

**This concludes my Councilors report for the Month of March 2025**



# ADMINISTRATION

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## Chief **AND** **COUNCIL**

### **Swearing in Ceremony**



Join us in honouring the  
previous Chief and Council,  
and to celebrate the new  
Chief and Council



**Sunday, April 6TH**  
**11:00AM - 2:00PM**

*\*Lunch provided*

**The Gathering Building,  
Wasauksing First Nation**





## Federal Election 2025

# FEDERAL ELECTION VOTER INFORMATION

**ELECTION DAY IN CANADA IS MONDAY, APRIL 28, 2025**

## HOW TO VOTE IN THE FEDERAL ELECTION



- ▶▶ Check that you're [registered](#) to vote by April 22, 2025.
- ▶▶ Find your electoral riding [here](#).
- ▶▶ Bring your **voter's card and a piece of ID**. See a list of acceptable IDs [here](#).
- ▶▶ If you **do not receive** a voter's card, you can still vote by bringing two (2) pieces of ID with you. Both must have your name, and at least one must have your current address.
- ▶▶ You can also vote if you **don't have ID** by declaring your identity and address in writing and having someone who knows you and who is assigned to your polling station vouch for you.

## WHERE CAN I VOTE?



- ① Your assigned polling station **on Election Day**
- ② Your assigned polling station **on advanced polling days**
- ③ Early at any **Elections Canada office** (until the Tuesday before election day)
- ④ Via **mail**

To view Elections Canada's resources for **all** voters, please visit [this link](#).





## Federal Election 2025

# INFORMATION FOR FIRST NATIONS VOTERS

### NEW INFORMATION FOR INDIGENOUS VOTERS FOR FEDERAL ELECTION 2025\*:

In November 2024, Elections Canada published their "Indigenous Electoral Services Review: Final Report," which can be found and downloaded [here](#). The review was intended to look at how the agency engages with and delivers public education and electoral services to Indigenous communities. The following are new implementations that are to be enacted for the Federal Election 2025 as a result of these findings:

- Mobile advance polls in remote, isolated and low-density communities
- Increased use of Inuit languages in delivering services in Nunavut:
  - Inuktitut and Inuinnaqtun at voting locations
- Nunavut Ballot pilot (for an election held in fall 2025, once approved by Parliament)
- Presence of Indigenous languages at voting locations in the Northwest Territories
- Increased use of radio advertisements in 14 Indigenous languages (based on the availability of Indigenous-language talent)
- A new Indigenous Community Relations Officer and Community Leader Handbook in Indigenous languages as well as:
  - "When and where to vote" poster, also translated into Inuktitut and Inuinnaqtun
  - Customized "Have your ID ready to vote" infographic translated into all 17 Indigenous languages
  - Poster about the Indigenous Elder and Youth Program
  - Explainer videos on key topics in 13 Indigenous languages
- New [Indigenous electors section](#) of the general election website
- New Indigenous social media tools; also Indigenous media outreach by the Media Relations team, proactively reaching out to Indigenous media

[\\*According to Elections Canada Website](#)



## Federal Election 2025

# INFORMATION FOR FIRST NATIONS VOTERS

## KEY ELECTORAL RIDINGS FOR FIRST NATIONS VOTERS ACROSS ONTARIO REGION

The below electoral ridings (according to Census population data and information from Elections Canada) **have been identified as regions with higher Indigenous populations, whereas First Nations may have a notable impact on voting outcomes\*\*:**

### LIBERAL

#### ELECTORAL RIDING:

SUDBURY  
THUNDER BAY-RAINY RIVER  
THUNDER BAY-SUPERIOR NORTH  
SAULT STE. MARIE-ALGOMA  
NIPISSING-TIMISKAMING  
SUDBURY EAST-MANITOULIN-NICKEL BELT  
KITCHENER-CONESTOGA  
WINDSOR-TECUMSEH

#### CURRENT MEMBER OF PARLIAMENT:

Viviane LaPointe  
Marcus Powloski  
Patty Hajdu  
Terry Sheehan  
Anthony Rota  
Marc Serre  
Tim Louis  
Irek Kusmierczyk

### CONSERVATIVE

#### ELECTORAL RIDING:

SIMCOE NORTH  
KENORA-KIIWETINOONG

#### CURRENT MEMBER OF PARLIAMENT:

Adam Chambers  
Eric Melillo

### NEW DEMOCRATIC PARTY

#### ELECTORAL RIDING:

KAPUSKASING-TIMMINS-  
MUSHKEGOWUK

#### CURRENT MEMBER OF PARLIAMENT:

Charlie Angus

\*\*According to data provided by the Assembly of First Nations and Elections Canada [website](#) (where First Nations-specific population per riding information is unavailable)





## CALL OUT FOR TRUSTEES

\* THE MTIGO MIN TRUST IS REQUESTING SUBMISSION OF RESUME'S FORM INTERESTED WASAUKSING FIRST NATION CITIZENS (ON/OFF RESERVE), TO APPLY FOR POTENTIAL TRUSTEE CANDIDACY.

\* THE SELECTION COMMITTEE WILL HOLD INTERVIEWS AND SELECT NEW MEMBERS TO JOIN THE TRUST POOL.

\* APPLICATION CLOSING DATE: TILL TRUST POOL IS FULL.



PLEASE SEND YOUR RESUME WITH A COVER LETTER, CONTACT INFORMATION TO:

ADAM GOOD, CHIEF EXECUTIVE DIRECTOR  
EMAIL: [ced@wasauksing.ca](mailto:ced@wasauksing.ca)

OR PACKAGE MAY BE DROPPED OFF AT THE FOLLOWING PHYSICAL ADDRESS:  
ADMINISTRATION OFFICE  
1508 GEEWADIN ROAD LANE G  
WASAUKSING FIRST NATION

**NOTE:** THIS HAS NOTHING TO DO WITH THE RHT TRUST





## Bus License Training



The Wasauksing Education Department is encouraging community members to obtain their bus license! All fees would be covered and training can be arranged to be done in Parry Sound with Hammond.

### What you need to begin?

- ✓ Criminal Background & Vulnerable Sector Check (Via APS)
- ✓ Medical Form (Completed by a Doctor or Nurse Practitioner)
- ✓ Once documents are obtained, submit forms to MTO

*A blank medical form can be obtained by contacting Dave!*

### Next steps:

- ✓ Complete training (Online video training & 21 hours behind wheel/observation)
- ✓ Pass written & road test



For questions or if you're interested in applying, please contact Dave McDougall at: [doe@wasauksing.ca](mailto:doe@wasauksing.ca)





# EDUCATION

WFN NEWSLETTER  
APRIL 2025

## Migzoons Child Care Centre Program Calendar 2024-2025



|   | Th | W | T | F | M | T  | W  | T  | F  | M  | T  | W  | T  | F  | M  | T  | W  | T  | F  | M  | T  | W  | T  | F  |
|---|----|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Waabaaga Giizis-Leaves Turning Moon<br>September  | 2  | 3 | 4 | 5 | 6 | 9  | 10 | 11 | 12 | 13 | 16 | 17 | 18 | 19 | 20 | 23 | 24 | 25 | 26 | 27 | 30 |    |    |    |
| Bnaakwi Giizis- Falling Leaves Moon<br>October    |    | 1 | 2 | 3 | 4 | 7  | 8  | 9  | 10 | 11 | 14 | 15 | 16 | 17 | 18 | 21 | 22 | 23 | 24 | 25 | 28 | 29 | 30 | 31 |
| Baashkaakodin Giizis- Freezing Moon<br>November   |    |   |   |   | 1 | 4  | 5  | 6  | 7  | 8  | 11 | 12 | 13 | 14 | 15 | 18 | 19 | 20 | 21 | 22 | 25 | 26 | 27 | 28 |
| Manidoo Giizis- Spirit Moon<br>December           | 2  | 3 | 4 | 5 | 6 | 9  | 10 | 11 | 12 | 13 | 16 | 17 | 18 | 19 | 20 | 23 | 24 | 25 | 26 | 27 | 30 | 31 |    |    |
| Manidoo Giizoozhns- Little Spirit Moon<br>January |    |   | 1 | 2 | 3 | 6  | 7  | 8  | 9  | 10 | 13 | 14 | 15 | 16 | 17 | 20 | 21 | 22 | 23 | 24 | 27 | 28 | 29 | 30 |
| Makwa Giizis-Bear Moon<br>February                |    |   |   |   |   | 3  | 4  | 5  | 6  | 7  | 10 | 11 | 12 | 13 | 14 | 17 | 18 | 19 | 20 | 21 | 24 | 25 | 26 | 27 |
| Ziisbaakdone Giizis-Sugar Moon<br>March           | 3  | 4 | 5 | 6 | 7 | 10 | 11 | 12 | 13 | 14 | 17 | 18 | 19 | 20 | 21 | 24 | 25 | 26 | 27 | 28 | 31 |    |    |    |
| Naabdin Giizis- Snow Crust Moon<br>April          |    | 1 | 2 | 3 | 4 | 7  | 8  | 9  | 10 | 11 | 14 | 15 | 16 | 17 | 18 | 21 | 22 | 23 | 24 | 25 | 28 | 29 | 30 |    |
| Namebine Giizis-Sucker Moon<br>May                |    |   |   | 1 | 2 | 5  | 6  | 7  | 8  | 9  | 12 | 13 | 14 | 15 | 16 | 19 | 20 | 21 | 22 | 23 | 26 | 27 | 28 | 29 |
| Odemin Giizis-Strawberry Moon<br>June             | 2  | 3 | 4 | 5 | 6 | 9  | 10 | 11 | 12 | 13 | 16 | 17 | 18 | 19 | 20 | 23 | 24 | 25 | 26 | 27 | 30 |    |    |    |
| Mlin Giizis- Berry Moon<br>July                   |    | 1 | 2 | 3 | 4 | 7  | 8  | 9  | 10 | 11 | 14 | 15 | 16 | 17 | 18 | 21 | 22 | 23 | 24 | 25 | 28 | 29 | 30 | 31 |
| Manoominike Giizis-Ricing Moon<br>August          |    |   |   |   | 1 | 4  | 5  | 6  | 7  | 8  | 11 | 12 | 13 | 14 | 15 | 18 | 19 | 20 | 21 | 22 | 25 | 26 | 27 | 28 |

Legend: C and C Designated Holiday Professional Development Stat. Holiday Early Closure





# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## Wasauksing Nursing Station April 2025



Health has a website!  
[wasauksing.health](http://wasauksing.health)  
another way to keep up to date!

### Whole Life Counselling

Evi: April 8

Aislinn: April 2, 14, 16, 28, 30

Alex: April 4

### Zach- Tread Orthopaedics:

April 30

May 28

June 25

### Doctor Visit Dates:

Dr. K. Knight: April 4 & 25

Dr. J. Hamby: April 11, 17, 22, 30

Call Melissa to book an  
appointment 705-746-2033

Call Terri to book an  
appointment: 705-746-2033

Call Terri to book an  
appointment 705-746-2033

| Sunday       | Monday                             | Tuesday | Wednesday                                 | Thursday                               | Friday   | Saturday        |
|--------------|------------------------------------|---------|---|--|--|-----------------|
| <b>APRIL</b> |                                    | 1       | 2   | 3<br>Walking Group<br><br>Craft Night  | 4<br>Anishinaa-<br>bemowin                               | 5<br>Maple Fest |
| 6            | 7<br><br>Circuit<br>Workout        | 8       | 9   | 10<br>Walking Group<br><br>Craft Night | 11<br>Anishinaa-<br>bemowin<br><br>Full Moon<br>Ceremony | 12              |
| 13           | 14<br><br>Circuit<br>Workout       | 15      | 16  | 17<br>Walking Group<br><br>Craft Night | 18<br><br><b>Office<br/>Closed</b>                       | 19              |
| 20           | 21<br><br><b>Office<br/>Closed</b> | 22      | 23<br><br>Wellness Lunch<br>& Learn Bingo | 24<br>Walking Group                    | 25   | 26              |
| 27           | 28<br><br>Circuit<br>Workout       | 29      | 30  |  |  |                 |





# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## CARA Programming:

Contact Liz Tabobondung for additional  
information:  
cra@wasauksing.ca  
705-746-2033 ext. 305

## 2025 Wasauksing Maplefest

Hosted by The Wasauksing Health Department

**Saturday April 5th 2025**

**9:00am-4:00pm**

**9:00am-11:00am Pancake Breakfast**

**9:30am- Welcoming/Opening**

**10:00am-2:00pm- Activities for all ages**

- Axe Throwing
- Beavertails (Purchase Required)
- Face painting (9am-3pm)
- Slapshot Radar Contest (1pm)
- Maple Donut Eating Contest
- Snowcones and Popcorn
- Horse Drawn Wagon Rides
- Inflatable Climbing Wall & Bouncy Castle
- Childrens Activities
- Mr. & Mrs. Sapsucker Contest- Show off your duds and strut your stuff throughout the day to win to take home the crown

**11:00am & 12:00pm- Wasauksing Sugar Bush**

(visit construction site) (sign up required)

**2:00pm-4:00pm Community Square Dance**

**3:00-3:30pm Voting and crowning of Mr & Mrs.**

**Sap Sucker! Prize Available**

**\*\*Adult Supervision Required for  
children under 12 years of age\*\*\***  
Contact Liz Tabobondung for more  
information 705-746-8022 ext 305







# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## CARA Programming:

Contact Liz Tabobondung for additional information:

[cra@wasauksing.ca](mailto:cra@wasauksing.ca)

705-746-2033 ext. 305



### Ball Hockey Tournament

**\$200.00 per team**

**Youth Tournament (U11, U13, U15)**  
Saturday May 10th 2025

**Youth/Adult Tournament (U18 & 18+)**  
~ Alcohol Free Event ~  
Saturday May 24th 2025

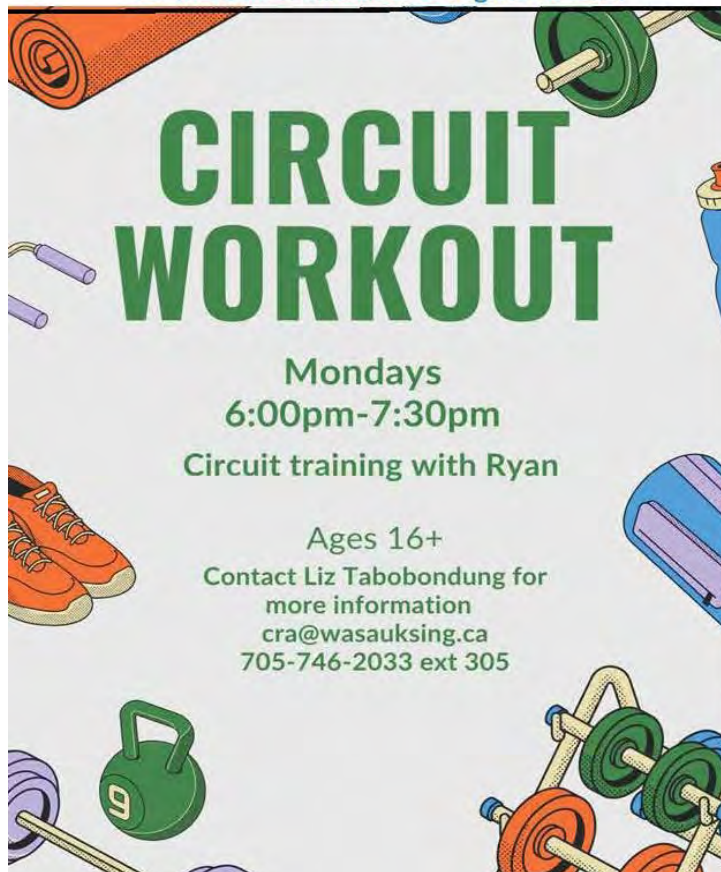
Call or email Liz Tabobondung for more information or to register a team



### T-BALL

**Starting Wednesday June 4th**  
**Ages 3-5 5pm-6pm**  
**Ages 6-9 6pm-7pm**

Call or email Liz Tabobondung for more information  
705-746-8022 ext 305  
[cra@wasauksing.ca](mailto:cra@wasauksing.ca)



### CIRCUIT WORKOUT

**Mondays 6:00pm-7:30pm**  
Circuit training with Ryan

**Ages 16+**  
Contact Liz Tabobondung for more information  
[cra@wasauksing.ca](mailto:cra@wasauksing.ca)  
705-746-2033 ext 305



**ALCOHOL FREE EVENT**

### Co-Ed Slow Pitch League

**FRIDAY NIGHTS STARTING JUNE 6TH 2025**  
**AGES 16+**  
**\*REGISTRATION CLOSES MAY 20TH 2025\***

Registration \$300.00 Per Team

CALL OR EMAIL LIZ TABOBONDUNG FOR MORE INFORMATION OR TO REGISTER  
705-746-8022 EXT 305  
[CRA@WASAUKSING.CA](mailto:CRA@WASAUKSING.CA)





# HEALTH DEPARTMENT

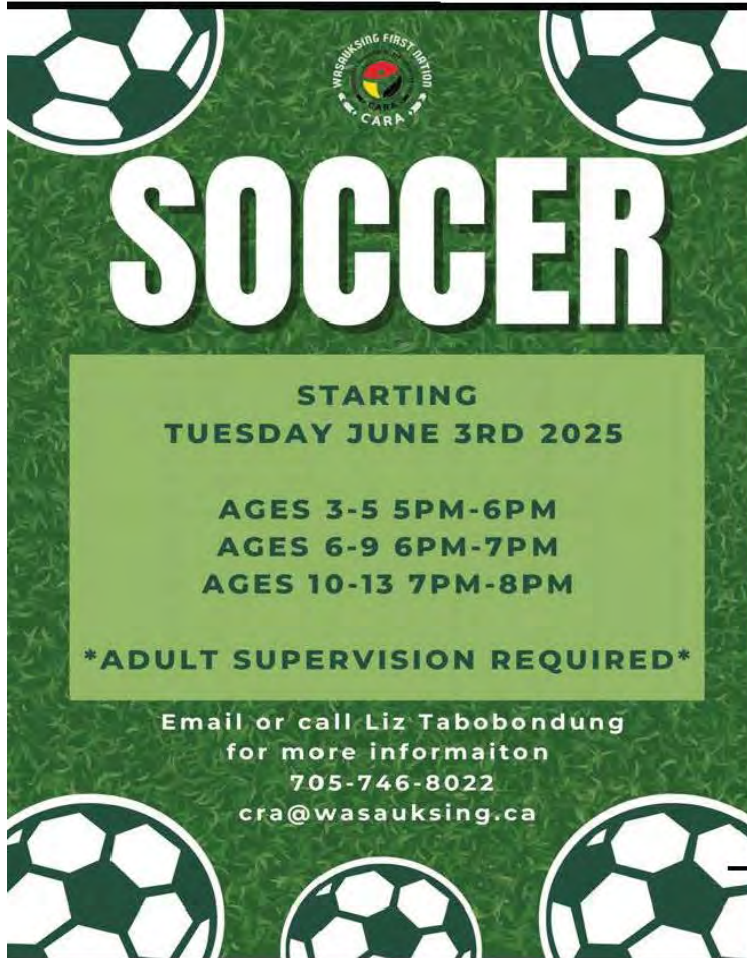
WFN NEWSLETTER  
APRIL 2025



## CARA Programming:

Contact Liz Tabobondung for additional  
information:

cra@wasauksing.ca  
705-746-2033 ext. 305



**SOCCER**

STARTING  
TUESDAY JUNE 3RD 2025

AGES 3-5 5PM-6PM  
AGES 6-9 6PM-7PM  
AGES 10-13 7PM-8PM

**\*ADULT SUPERVISION REQUIRED\***

Email or call Liz Tabobondung  
for more information  
705-746-8022  
cra@wasauksing.ca



**LET'S GET  
ACTIVE**



**ALL ONTARIO FASTBALL  
August 22-24**

Get ready to come out and support  
our teams in the  
All Ontario Native Fastball  
Championship games!



**2025 ALL ONTARIO  
NATIVE FASTBALL  
CHAMPIONSHIP**

In Wasauksing First Nation  
hosted by The Parry Island Hawks

Entry fee \$600 + \$200 Performance bond

**AUGUST 22ND -24TH 2025**

Junior Womens Junior Mens  
Womens Masters Mens Masters  
Womens Mens

**More Info  
to come**

email us: 2025aonf@gmail.com





# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## Traditional Wellness Programming:

Contact Mariah: [twc@wasauksing.ca](mailto:twc@wasauksing.ca)  
705-746-2033 ext. 313

Contact Faith: [twkk@wasauksing.ca](mailto:twkk@wasauksing.ca)  
705-746-2033 ext. 312

### CRAFT NIGHT



Come  
join us!

**THURSDAY**  
**April 3rd, 10th, 17th**  
**6:00-9:00PM**

Working on something at home?  
Bring it with you!  
Want to start something new?  
We have some supplies available on site!



COMMUNITY MEMBERS  
PLEASE JOIN US

### KEEP AN EYE OUT FOR THE EASTER BUNNY

Join us in the Spirit Room at the  
Health Station on  
**Thursday, April 17th**  
from **6:00pm - 9:00pm** for snacks  
and crafts...and maybe even a  
'special guest'

For more info call  
705-746-2033



COMMUNITY MEMBERS  
PLEASE JOIN US FOR OUR

### Full Moon Ceremony

**Friday, April 11**  
**7:00pm - 9:00pm**  
**Health Station Spirit Room**

For more info call  
705-746-2033



AMBE-NISHNAABEMDAA

### ANISHNAABEMOWIN

COMMUNITY MEMBERS  
PLEASE JOIN US

**FRIDAY, APRIL 4th and 11th**  
**10:00AM - 12:00PM**

HEALTH STATION SPIRIT ROOM

LIGHT LUNCH PROVIDED

FOR MORE INFO CALL  
705-746-2033







# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## Dietitian & Diabetes Programming

Contact Natalie: rd1@wasauksing.ca  
705-746-2033 ext. 325

Contact Danette: cdern@wasauksing.ca  
705-746-2033 ext. 309

### Spring WALKING GROUP

Keep moving during the cold & wet  
spring months!

Thursday's 12:30-2pm

LIGHT SNACKS AND  
REFRESHMENTS  
PROVIDED

Contact Danette or Natalie at  
the Health Station with any  
questions 705-746-2033

@ The Gathering Centre  
(unless cancelled due  
to event)

DROP IN BASIS  
NO REGISTRATION REQUIRED

### Book an appointment

Do you want to book an  
appointment with Natalie  
or Danette?  
Please call 705-746-2033



### Wellness Lunch and Learn Bingo

Wednesday, Apr 23, 2025  
12 - 2 PM

MAXIMUM 8 PARTICIPANTS

Please contact  
WFN Health Station to  
Register  
705-746-2033







## Home & Community Care Updates

Contact Vanessa: [hssrn@wasauksing.ca](mailto:hssrn@wasauksing.ca)  
705-746-8022 ext.302

### Let's be active



Ontario Health Santé Ontario  
North York North York



**Staying active will help improve your flexibility, balance, and muscle strength.**

#### What it means to be active:

Doing regular physical activity and reducing sedentary behaviour is one of the most important things that you can do for your health. Physical activity, whether it's walking, cycling, housework, gardening, or tai chi can help your balance and remove barriers to healthy aging.

#### What can you do to be active\*?

**Explore community programs.** These opportunities provide many physical benefits and help you meet new people.

- Contact your local community centre, local gym, or older adult club or centre to find out what is available.

**Go for a walk.** Walking straight and upright maintains muscle strength and balance.

- Take advantage of local trails and walkways.
- A walking aid may help. Talk to your health care provider. Make sure it is fitted for you and you are using it correctly.

**Join a physical activity class.** Strength training or a physical activity class like aerobics or aquafit can help build muscle and strengthen your bones. Tai chi, yoga, or Pilates can help improve balance, coordination, core strength, flexibility, and posture.

- Contact your local community centre, local gym, or older adult club or centre to find out what is available.

**Enjoy physical activity at home.** Activities around the home can help increase muscle strength and improve your balance, posture, and stamina.

- Try light gardening like raking leaves or light housework like folding laundry, cooking, or washing dishes.



**Wear proper footwear.** A shoe that fits well can improve walking patterns and balance.

- Consult with your health care provider if you have foot pain or want to have your feet checked out.
- Safe footwear fits properly, has laces or hook-and-loop closure such as VELCRO® Brand, covers the heel, and has a sole with a good grip that makes lots of contact with the ground.

#### \*Before starting any activity, consider the following:

Consult with your health care provider, see a foot care specialist to have your feet checked, or use a fitted walking aid if needed.





# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## Nursing Updates

Contact Emma: [iipctrn2@wasauksing.ca](mailto:iipctrn2@wasauksing.ca)  
705-746-8022

### KO eHEALTH

Telemedicine services with KO eHealth, offers convenient access to your healthcare provider from the comfort of your own home, health center, or anywhere with internet access.

Transform in-person appointments into virtual appointments with the help of our dedicated KO eHealth team.



Otn



#### MORE INFORMATION:

Regional Telemedicine Navigator

[msm@kochiefs.ca](mailto:msm@kochiefs.ca)

1-800-387-3740



COMING SOON

## Traditional Healers

Call the Health Station  
if you are interested in  
booking an appointment  
705-746-2033



## MEDICAL TRANSPORTATION



UPDATE FOR YOUR MEDICAL TRANSPORTATION REQUESTS  
FOR IN TOWN APPOINTMENTS PLEASE CALL TO  
BOOK WITH **24 HOUR NOTICE**  
FOR OUT OF TOWN APPOINTMENTS PLEASE  
CALL WITH **2 WEEKS NOTICE**

Dr. Appointments

WPSHC Appt.

Eye Doctor

Dentist Appointments

Bloodwork

MORE INFORMATION

CALL HEALTH STATION 705-746- 8022

email: [healthstation@wasauksing.ca](mailto:healthstation@wasauksing.ca)

## Health811

Connect to free health  
information and services,  
24/7

Call 811 or chat online at  
[ontario.ca/health811](https://ontario.ca/health811)

Ontario Health811





## Community Health Representative

Contact Audrey-Anna: chr@wasauksing.ca  
705-746-2033 ext. 310

### National Immunization Awareness Week

April 21-30, 2025

## MEASLES FACTSHEET

**Measles cases and outbreaks still happen in Canada.** Cases usually occur here when an individual who is not vaccinated travels to or comes from a country where measles is circulating. It can then spread in Canada among people who are un-vaccinated or not immune from a previous infection.

### SYMPTOMS

- Initial symptoms include: fever, cough, runny nose and red, watery eyes.
- About 3 to 7 days after symptoms begin, a **rash** develops on the face and spreads to the rest of the body, including the arms and legs. The rash looks like red spots and blotchy patches that can last 4 to 7 days. In darker skin colours, the redness may be harder to see, or it may appear purple or darker than surrounding skin.

### RISKS

**Anyone with measles infection can develop complications. People at higher risk of developing severe complications from measles:**

- children less than 5 years of age, especially infants who are too young to be vaccinated
- people who are pregnant
- people with weakened immune systems

Though rare, severe complications include deafness and brain injury caused by inflammation of the brain, and can even be fatal.

**You're at risk of getting measles if** you have been exposed to measles and aren't immune. To be immune, you must:

- be vaccinated **or**
- have had a laboratory-confirmed measles infection before or have laboratory evidence of immunity to measles.





## Community Health Representative

Contact Audrey-Anna: chr@wasauksing.ca  
705-746-2033 ext. 310

### MEASLES IS VERY CONTAGIOUS

**Over 90% of people who aren't immune to measles and who come into contact with the virus can become infected.** People infected with measles can spread it to others before the rash appears and therefore before they know they have a measles infection. Parents are urged to ensure that their child receives measles-containing vaccines according to their provincial or territorial vaccination schedule.

### PREVENTING MEASLES

- Measles can be prevented with routine vaccinations, which typically begins at 12 months of age. If you or your child missed a vaccine, you can still catch up.
- Having 2 doses of a measles-containing vaccine is almost 100% effective at preventing measles. Two doses of measles-containing vaccine are recommended for children, adolescents and some adults. Check with your health care provider or local public health department about measles vaccination recommendations in your province or territory.
- If you plan to travel outside of Canada, talk to a health care provider or local public health department preferably 6 weeks before travel to see if you are up to date with your vaccinations or need additional doses of a measles-containing vaccine.

#### If you think you have been exposed or have measles

- If you believe you or your family may have been **exposed** to measles and have not been vaccinated (or have not had a measles infection in the past), isolate and contact your health care provider or local public health department immediately for guidance.
- If you develop **symptoms** of measles, isolate and call a health care provider immediately. The health care provider can arrange to see you while preventing the spread to others.

### Help stop the spread of measles.

**Talk to a health care provider or your local public health department if you are not sure if you or your family are up to date with recommended vaccines and to catch up on any missing vaccines. For more information, visit**

**[Canada.ca/measles](https://Canada.ca/measles)**





# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## Mental Health & Addictions

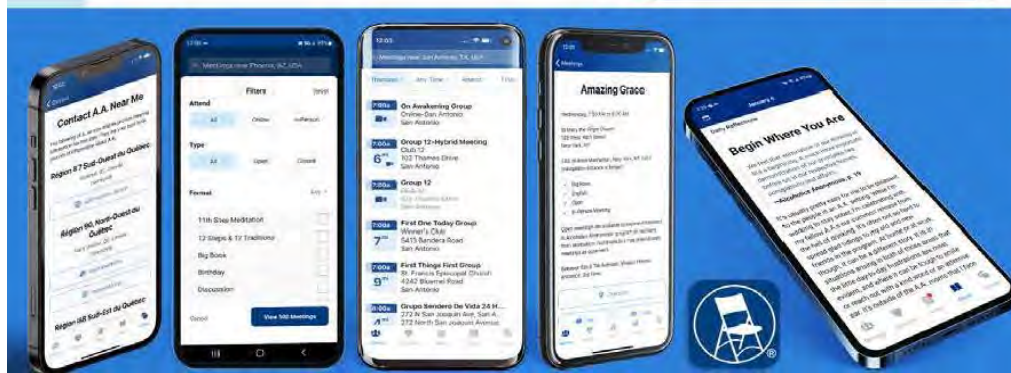
Contact Melissa: [nnadap@wasauksing.ca](mailto:nnadap@wasauksing.ca)  
705-746-2033 ext. 315

Contact Steve: [mwtmsw@wasauksing.ca](mailto:mwtmsw@wasauksing.ca)  
705-746-2033 ext. 314

**Alcoholics Anonymous®**

### Meeting Guide

is a free-of-charge meeting finder app.



### IMPORTANT COMMUNITY WARNING

Between February 23 and March 8, 2025, there have been ten reported overdoses in the Districts of Nipissing and Parry Sound involving opioids. Of the ten overdoses, three resulted in death. Six of the ten overdoses involved fentanyl, and naloxone was administered in all six cases.

IF YOU USE OPIOIDS, START WITH A SMALLER AMOUNT.

CALL 911 IF YOUR HIGH FEELS UNUSUAL.

PICK UP FREE NALOXONE AND DRUG TESTING KITS AT THE HEALTH UNIT.

DON'T USE DRUGS ALONE. USE WITH SOMEONE YOU TRUST.



North Bay Parry Sound District  
**Health Unit**  
Bureau de santé  
du district de North Bay Parry Sound

**SEE AN OVERDOSE?  
CALL 911.**

Even if you've taken drugs or have some on you, the Good Samaritan Drug Overdose Act can protect you.

THIS LAW IS SUPPORTED BY THE ONTARIO PROVINCIAL GOVERNMENT.

**TOGETHER WE CAN!**  
#STOPOVERDOSES



**NALOXONE TRAINING**

Available anytime at the Health Centre, call us for more information! 705-746-2033



**Download the app**

The app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.

- Listing of both in-person and online meetings
- Information such as meeting format and any notes provided by the group
- Search function to find nearest meetings
- A daily quote feature lets users read from "Daily Reflections"

For additional support with your journey to healthier living contact

📞 Melissa 705-746-2033



[nnadap@wasauksing.ca](mailto:nnadap@wasauksing.ca)







# HEALTH DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



## Mental Health & Addictions

Contact Melissa: [nnadap@wasauksing.ca](mailto:nnadap@wasauksing.ca) |  
705-746-2033 ext. 315

Contact Steve: [mwtmsw@wasauksing.ca](mailto:mwtmsw@wasauksing.ca)  
705-746-2033 ext. 314

### PUBLIC HEALTH BULLETIN #2025-002

Date: February 25, 2025  
To: Social Service Providers – Parry Sound District  
From: Dr. C. Zimbalatti, Medical Officer of Health/Executive Officer  
Subject: HIV and invasive Group A Streptococcal Infections

The North Bay Parry Sound District Health Unit (Health Unit) continues to observe a greater than average number of new cases of Human Immunodeficiency Virus (HIV) and invasive Group A Streptococcal (iGAS) disease in the Parry Sound area, including a cluster of cases amongst individuals who use substances (intranasal, inhalation and injection). This coincides with an increase in skin and soft tissue wounds noticed by this community.

iGAS occurs when the bacteria that normally causes mild infections, like strep throat, invade other areas of the body such as the blood, lungs, or muscles. Invasive infection can lead to severe illness including streptococcal toxic shock syndrome or necrotizing fasciitis (also called flesh-eating disease).

#### How You Can Help

- Support clients in accessing medical attention for wounds.
- Encourage safer substance use practices. Needle-Syringe Programs (NSPs) offer free safer substance-use supplies. Locations can be found using the OHRDP Find Supplies map ([ohrdp.ca/find-supplies](http://ohrdp.ca/find-supplies)).
  - A limited time supply of drug testing kits is available at NSPs, including tests for xylazine, an animal tranquilizer that has been found in the unregulated drug supply and has been linked to severe skin wounds (also called "tranq wounds").
- Share information about testing for Sexually Transmitted and Blood Borne Infections (STBBIs).
  - Available through primary health care providers.
  - Anonymous HIV testing, rapid point-of-care HIV testing, and HIV self-test kits are available through the Health Unit's office at 90 Bowes St. in Parry Sound. Individuals can book in-person or telephone appointments by calling 1-800-563-2808, Ext. 5289.
  - Free HIV self-test kits and requisitions for STBBI testing can be mailed to eligible individuals through GetaKit.ca.
- Visit [myhealthunit.ca/HIV](http://myhealthunit.ca/HIV) for more information on HIV, including materials for a new campaign "HIV doesn't discriminate."

Should you require further information, please contact the Health Unit's Sexual Health program at 705-474-1400, Ext. 5289, or email [harm.reduction@healthunit.ca](mailto:harm.reduction@healthunit.ca).

This bulletin was prepared for social service providers and is not intended for public distribution.



Your lifetime partner in healthy living.  
Votre partenaire à vie pour vivre en santé.  
[myhealthunit.ca](http://myhealthunit.ca)

345 Oak Street West,  
North Bay, ON P1B 2T2  
1-800-563-2808  
705-474-1400  
705-474-8252

90 Bowes Street, Suite 201,  
Parry Sound, ON P2A 2L7  
1-800-563-2808  
705-746-5801  
705-746-2711



Many people who are HIV-positive can now live much longer, healthier lives when regularly taking antiretroviral treatment. Stigma and shame remain a problem and make it hard for people to manage their condition. When you know the facts, we can live together without fear. Contact your health department for more information.

### HIV is in the Parry Sound area.

If you have unprotected sex or share drug use supplies, you are at risk.

Get tested regularly.

Transmission is preventable, and infection can be manageable.

Stop the shame.  
Ngaabdoon gajwin.  
Stop the blame.  
Ngaabdoon naamendiwin.  
Stop the stigma.  
Ngaabdoon zhiingendiwin.

Testing is free.  
Find testing options at  
[myhealthunit.ca/HIV](http://myhealthunit.ca/HIV).







## Mental Health & Addictions

Contact Steve: mwtmsw@wasauksing.ca |  
705-746-2033 ext. 314

Contact Melissa: nnadap@wasauksing.ca  
705-746-2033 ext. 315

### My child has seen bullying. What should I do?

Your child may know someone who is being bullied or has seen it happening at school. Witnessing bullying can be distressing.

Roles children play when they witness bullying can include:

- **Followers (kids who assist):** These children may not start or lead the bullying, but may encourage or join in.
- **Supporters (kids who reinforce):** These children are not directly involved, but they provide an audience. They may laugh or support the children who are bullying. This may encourage the bullying to continue.
- **Outsiders:** These children remain separate from the bullying situation. They neither reinforce the bullying behaviour nor defend the child being bullied. Some may watch, but do not show they are on anyone's side. These children often want to help, but don't know how.
- **Defenders:** These children actively comfort the child being bullied and may come to the child's defence when bullying occurs.

A child who witnesses or knows bullying is occurring needs support. Let your child know that you take the bullying seriously.

#### Encourage

Encourage your child to talk about what happened. Children who see bullying sometimes want to talk about:

- Not knowing what to do or not wanting to make the situation worse.
- Feeling worried about their own safety if they intervene.
- Being anxious that they will be bullied as a result of stepping in.
- Not knowing if their actions will make a difference.
- Feeling worried about the impact on their friendship if they take action.

#### Reassure

Let them know you understand their feelings and fears about what to do. Respect your child's judgement about whether it is safe to say something. They are the ones who really know the situation. Respect their feelings and their assessment of the situation.

#### Ask

Ask your child what they want you to do. Don't jump in to solve the problem.

#### Explain

Tell your child that reporting the bullying is okay because kids often need help from adults to stop it. Point out that if they don't do anything the bullying will probably continue.

If there is an immediate risk of danger to anyone involved, contact your school.

**Many bystanders to bullying feel anxious and distressed about seeing something they think is wrong. Students can also feel upset about not knowing what to do. Talk about how to be a supportive bystander:**

**If they feel safe to do so, your child could:**

- Walk away and tell a teacher right away.
- Tell the person who is bullying they will get a teacher if they don't stop.
- Encourage their friends to walk away or tell the person to stop.
- Tell the person bullying they don't think what they are doing is right or funny.
- Help the person who is being bullied to get away and go somewhere safe.

**If they don't think it's safe to say anything, there are other things they could do:**

- Tell the person being bullied that it's not okay and they didn't do anything wrong.
- Ask the person being bullied if they want help to get it stopped.
- Tell a school staff member about it.
- Try to make sure their friend is not alone when they might get bullied.
- Ask the person who is being bullied to join their group or game.
- Walk away - people who bully like others to watch.

It can be helpful to practise these approaches at home to help your child feel more confident.





## Ontario Works Employment Assistance Worker

AANI,

MY NAME IS PATRICIA RICE AND I'M EXCITED TO BE JOINING WASUKSING FIRST NATION AS THE ONTARIO WORKS EMPLOYMENT ASSISTANCE WORKER ON A SIX MONTH CONTRACT. I HAVE PREVIOUSLY WORKED AS THE OW ADDICTION SERVICES CASE WORKER FOR ATIKAMEKSHENG, SAGAMOK AND WAHNAPIITAE FIRST NATION FOR THE NORTH SHORE TRIBAL COUNCIL. FOR THE PAST TWELVE YEARS, I'VE BEEN MANAGING THE MYSTIC LOON TRADING CO.

I AM A BUSY BOY MOM OF THREE - 18, 11 AND 2 YEARS OLD. IN MY FREE TIME, I ENJOY READING, COOKING, BASEBALL, ADVENTURES WITH MY BOYS AND BUSH HIKES WITH MY BAD LITTLE REZDOG KIRBY GIRL.

I'M REALLY LOOKING FORWARD TO THIS NEW ROLE AND WORKING WITH THE COMMUNITY.

PATRICIA RICE





# SERVICE CANADA IN YOUR COMMUNITY

Service Canada provides Canadians with a single point of access to a wide range of government services and benefits.

Service Canada will be in your community to help you apply for the programs and services listed below.

**What to Bring:** Visit [Canada.ca](http://Canada.ca) for a complete list of required documents.

| Programs and Services            | Location  | Date                   | Time                    |
|----------------------------------|---|------------------------|-------------------------|
| Old Age Security (OAS)           | <input type="checkbox"/> The Gathering Place<br>1126 Geewadin Rd<br>Nobel, ON | Tuesday, April 15 2025 | 10:00 a.m. to 2:00 p.m. |
| Canada Pension Plan (CPP)        | <input type="checkbox"/> Please book appointment at reception in advance.     |                        |                         |
| Social Insurance Number (SIN)    | <input type="checkbox"/>  |                        |                         |
| CDCP - Canadian Dental Care Plan | <input type="checkbox"/> Application  |                        |                         |
| Employment Insurance (EI)        | <input type="checkbox"/>  |                        |                         |

Information on Service Canada’s programs, services and benefits can be found online at [Canada.ca](http://Canada.ca) or by calling 1 800 O-Canada.





# SOCIAL DEPARTMENT

WFN NEWSLETTER  
APRIL 2025



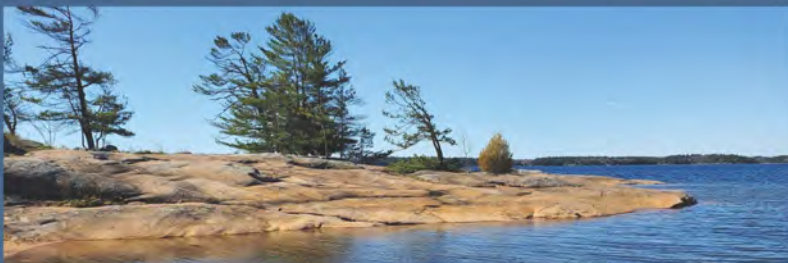
B'saanibamaadsiwin Indigenous Mental Health

connect with us

## A SERENE AND PEACEFUL LIFE.



**Mental Health  
& Addiction  
Services**



### About Us

Our program is committed to providing mental wellness care that is culturally safe. We help to build skills, knowledge and respectful attitudes that lead toward empathy and advocacy for you, your family and your community.

On your healing journey, we walk alongside you, offering support that is free of judgment and recognize that wellness is a community-centered path.

### More Information:

[www.cmhamps.ca](http://www.cmhamps.ca)



Canadian Mental  
Health Association  
Muskoka - Parry Sound

Addictions and  
Mental Health Services

**Intake/Crisis Support @ Gathering Center in  
Wasauksing First Nation**

**Wednesdays 9:00 am - 12:00 pm**

Walk in appointments are based on availability of worker,  
please call (705) 746-2512 to confirm an appointment or if immediate crisis support is required.