



WASAUKSING FIRST NATION NEWSLETTER



FEBRUARY 2025



Next Issue: March 01, 2025

Submissions Due: February 21, 2025

Please Visit Our Website: www.wasauksing.ca to see
Employment Opportunities, Special Events, And More...

UPCOMING MEETINGS

Business Council Meeting - Tuesday February 18, 2025

5:00 p.m. — 9:00 p.m. Administration Meeting Room

Housing Committee Meeting - Thursday February 20, 2025

6:00 p.m.— 8:00 p.m. Administration Meeting Room

Education Committee Meeting - Monday February 24, 2025

6:00 p.m.— 8:00 p.m. Administration Meeting Room

Social Committee Meeting - Monday February 24, 2025

6:00 p.m.— 8:00 p.m. Gathering Center Hall

Restorative Justice Committee Meeting - Tuesday February 25, 2025

5:30 p.m.— 7:30 p.m. Gathering Center Meeting Room

Community Council Meeting - Tuesday March 04, 2025

6:00 p.m. — 9:00 p.m. Administration Meeting Room

LARC Committee - Wednesday March 05, 2025

7:00 p.m.— 9:00 p.m. Gathering Center Meeting Room.

Citizenship Committee Meeting - Wednesday March 19, 2025

7:00 p.m.— 9:00 p.m. Gathering Center Meeting Room

Health Committee Meeting - Date to be Determined, Please
contact doh@wasauksing.ca for any questions.

IN THIS ISSUE

- ◆ ADMINISTRATION
- ◆ JOB POSTINGS
- ◆ EDUCATION
- ◆ HEALTH DEPARTMENT
- ◆ SOCIAL DEPARTMENT
- ◆ PUBLIC WORKS
- ◆ COMMUNITY VOICE



COMMUNITY Announcements

Wasauksing Fire Department - For Fire Emergencies please **Call 911.**

Anishinabek Police Services - For All Emergencies **Call 1-888-310-1122 or 911.**

Water Treatment Plant - During Office Hours staff can be reached at **705-746-7799.** After
Hour Emergencies and/or During the Weekends Please Contact **705-774-3110**



JOB POSTINGS

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PHONE:
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FAX:
(705) 746-5984

CHIEF
Warren Tabobondung

CHIEF COUNCILLOR
Lindsay McConnell

COUNCILLORS
Pazhe Rice-Menominee
Christina Vasiliou
Alana King
Walter Tabobondung

INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Finance Department
POSITION TITLE: Director of Finance
DURATION: Full-Time Permanent
CLOSING: March 6, 2025

Position Summary:

The Director of Finance is responsible for developing and implementing effective financial management tools and development processes. Keeping the CED current and up to date on all matters relating to the financial management of the First Nation in a timely and professional manner.

Duties and Responsibilities:

- Oversee and direct the Finance services Managers, staff and processes of the First Nation, ensuring the stability, efficiency and effectiveness of the First Nation's financial wellbeing including receipt and expenditure, budgeting and audit and cash flow management processes and systems.
- Ensure certification of subsidy reports/contribution agreements for all areas are processed accurately and in a timely manner.
- Develop and maintain an effective finance services operational and human resource management plan that is consistent with the hiring practices and policies of the First Nation and that meets the workforce requirements both current and projected and that includes processes that ensure staff remain current and up to date with the objectives of the First Nation including technology advancements and workforce requirements.
- Ensure the Finance Policies, procedures and processes remain current and up to date and operate in accordance with and ensure compliance to the approved policies, procedures and processes as may be amended from time to time.
- Ensure finance services human resource management and development programs and processes are supported financially within the budget resources of the First Nation.
- Ensure efficient and effective purchasing procedures and processes are in effect and carried out consistent with the financial policies and procedures in place within the First Nation including developing and coordinating such systems as Purchase Requisitions, Purchase Orders, cheque requisitions petty cash disbursements and control, etc.
- Communicate effectively with community members, CED, Chief and Council, Council/Community Committees, Managers, staff, funding agencies and others as required in a timely, responsible and professional manner.
- Remain current and up-to-date on the First Nations program and services areas and community needs, including short-term and long-term strategic planning processes, goals and objectives, legal issues and claims, and all related processes and systems.
- Ensure related Council directives/motions, and BCR's are followed up on in a timely, efficient and professional manner.
- Ensure monthly financial budget and variance reports are prepared and reviewed by Managers/Directors, and present a monthly financial report to Chief and Council through the CED including cash flow, budgets, investments and special projects.



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- Oversees the processes for the coordination and management of the Employee Benefits Package, personnel records, payroll processes and procedures, and attendance records, ensuring all activities/functions are carried out in a responsible and professional manner and that accurate and up-to-date records and reports are completed in a timely manner.
- Oversees the processes for accounts payable, accounts receivable, purchasing and asset management, cash flow and annual operating and capital budget management, ensuring all activities/functions are carried out in a responsible and professional manner and that accurate and up-to-date records and reports are completed in a timely manner.
- Develops and promotes a harmonious team environment within the Finance Department – staff, Managers and Director.
- Participates as an active member of the Management Team under the direction of the CED.
- Develop and submit proposals for regular or special projects to funding agencies/others as may be required and assigned from time to time.
- When an approved Finance Committee is functioning, attend all Finance Committee meetings, preparing reports as required and ensure minutes are approved by Council and motions and directives are implemented in a timely and consistent manner.
- Operates in accordance with and ensures compliance to the Wasauksing First Nation Administrative and Financial Management Policies and Procedures as may be updated and amended from time to time.
- Attend all Council Meetings, General Band Meetings, and other meetings as required, within and outside of the community.
- Be familiar with the Indian Act, Treaties and Treaty Rights applicable to the First Nation, applicable Native Law, Statutes and Regulation, Canada Labour Code, Occupational Health and Safety Act, Native Organizations and Government structures, and other laws, systems, and processes applicable in conducting the business of the First Nation. Understand and be fluent in the by-laws, policies and procedures, and codes of Wasauksing First Nation.
- Attend appropriate workshops, seminars, and training sessions as required to remain current and up-to-date on topics of concern to the financial management of the First Nation including human resource management, workplace safety, and asset management.

Academic/Educational Requirements:

- Minimum Business Administration/Accounting/Commerce Diploma
- Minimum of five years' experience in a related field of progressively more responsibility including supervision of staff
OR
- an equivalent combination of education and experience in a similar or related position with a proven demonstration of skills
- C.G.A., A.F.O., CAFM or other certified financial designation required.
- Strong computer background and skills a requirement, including but not limited to proficiency in ACCPAC accounting programs, word processing, spreadsheet and database applications, and internet and e-mail communication tools.

Qualifications and Skills/Experience:

Excellent and proficient financial skills essential including but not limited to:

- Proficient in SAGE in considered an asset
- Experience managing a finance team and leadership skill
- knowledge of accounting principles and procedures
- budget development and management
- audit processes and systems
- cash flow management
- capital planning and development



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- Forecasting abilities
- Familiarity with Indigenous Services Canada and funding agencies programs and services essential
- Knowledge with Benefits and Pension administration
- Report/proposal development skills an asset.
- Knowledge and understanding of the community environment and culture essential.
- Excellent computer skills
- Valid Driver's Licence and dependable vehicle.
- Provide a current CPIC

Management Ability

- Must have a proficient level of communication skills, verbal and written.
- Must possess excellent organizational and time-management skills.
- Must have the skills and capacity to take initiative and multi-task.
- Excellent Human Relations skills/training essential.
- Excellent Management/Administration skills essential.
- Excellent Conflict Resolution skills an asset.
- Must have a proficient level of communication skills, verbal and written.
- Must possess excellent organizational and time-management skills.
- Excellent and proficient financial skills essential.
- Excellent Human Relations/Public Relations skills essential.
- Excellent Management/Administration skills essential.
- Excellent Conflict Resolution skills essential.
- Excellent negotiation and mediation skills an asset.
- Excellent analytical and problem solving skills an asset.

Applications must be received no later than March 6, 2025 @ 4:30 pm

Please send your resume with a cover letter, contact information and three recent employment references to:

Name: Amanda Worm, HR Manager
Email: hrmanager@wasauksing.ca
Wasauksing First Nation
P.O. Box 250 Parry Sound, ON P2A 2X4

We also accept online applications through:
<https://wasauksing.bamboohr.com/careers>

Or package may be dropped off at the following physical address:

Administration Office
1508 Geewadin Road Lane G
Wasauksing First Nation

Preference may be given to indigenous candidates with relevant on reserve employment experience and/or those with knowledge and understanding of the Wasauksing First Nation History and Community. "Only those selected for an interview will be contacted. We wish to thank everyone for their application."



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INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Public Works Department / Lands and Resources
POSITION TITLE: Lead Biologist (Species at Risk)
DURATION: Full-Time / Contract
CLOSING: February 28, 2025

Position Summary:

Wasauksing First Nation is accepting applications for a Lead Biologist. This full-time contract position will be responsible for developing and implementing a long-term terrestrial species at risk monitoring program in partnership with specialists from Shawanaga First Nation and direction from the Lands Manager. In addition to intensive fieldwork throughout the summer including surveys for reptiles on roads, marshes, and remote areas in challenging terrains and weather conditions, the Lead Biologist will organize all research data, perform extensive data analysis, assist with ArcGIS mapping, and write proposals and final reports.

Job Duties & Responsibilities:

- Collaborate with specialists from Shawanaga First Nation to develop a robust terrestrial species at risk monitoring program, including the development of annual work plans and survey and research procedures;
- Safe handling of turtles and snakes (including venomous Massasauga rattlesnakes) during data collection, as well as daily road and habitat surveys for reptiles;
- Manage, organize, and analyze all data collected through datasheets and spreadsheets for accurate calculations of population sizes and overall species' health;
- Create data maps and analyze spatial data utilizing ArcGIS;
- Prepare and submit necessary permit and funding applications, as well as annual data/information summaries for the community, the Lands and Resources Office, Public Works Department, and Council;
- Assist with organizing and coordinating informational meetings and events for community members (presentations, outreach, etc.).
- Perform other duties as necessary.
- Adhere to all policies and procedures of Wasauksing First Nation and any other relevant policies and procedures from external agencies and partners
- Perform other duties within the scope of the position as assigned by the Manager Or Supervisor



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Education & Experience:

- University degree in biological sciences and experience in applied fieldwork, conservation, and biology is required (knowledge of Ontario reptiles, ecological principles, field research, and conservation);
- Proven experience with data management and organization;
- Experience with nesting surveys, nest excavation, and egg incubation;
- Proven knowledge and experience with handling reptiles (including venomous reptile training);
- Experience working with Indigenous Councils, other First Nations, and/or cultural organizations;
- Excellent communication (verbal and written), technical report writing, presentation, and interpersonal skills are required;
- Must be able to develop, implement, monitor, and evaluate the progress of projects;
- Strong analytical skills;
- Knowledge of Wasauksing First Nation Land Code;
- Ability to speak, read and understand Anishnaabemowin (Ojibway Language) is an asset

Other Requirements:

- Must have own vehicle and valid Class "G" driver's license with valid First-Aid/CPR certification.
- Must provide current CPIC acceptable to position upon conditional offer.
- Willing to work flexible hours as required, including evenings and weekends

**Applications must be received no later than February 28, 2025
@ 4:00 pm**

Please send your resume with a cover letter, contact information and two recent employment references to:

Email: hrmanager@wasauksing.ca

**We also accept online applications through:
<https://wasauksing.bamboohr.com/careers>**

**Wasauksing First Nation
P.O. Box 250 Parry Sound, ON P2A 2X4**

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EMPLOYMENT OPPORTUNITY

PROGRAM AREA: First Nation Child and Family Services
POSITION TITLE: Band Representative
DURATION: Full-Time Permanent
SALARY RANGE: \$52,731 - \$63,019
CLOSING: Open Until Filled

Position Summary:

Wasauksing First Nation is accepting applications for a First Nation Child and Family Services Band Representative. Under the direction of the Supervisor of Social Programming and Wellness, the Wasauksing First Nation Child and Family Services Band Representative is a highly motivated individual with exceptional advocacy skills, possessing knowledge of the Ontario Child, Youth and Family Services Act (CYFSA) and its application for the First Nation and its members. The Band Representative acts on behalf of the Wasauksing First Nation as a party in the court proceedings involving the First Nation's children and youth under CYFSA. This individual is required to provide support, advocate to maintain family units, advocate for satisfactory solutions to family problems, liaise with related service agencies and explain the child and family service system.

Duties & Responsibilities:

- Coordinates the planning for cultural knowledge and activities
- Presents Wasauksing First Nation's interests in Child Protection proceedings or hearings involving children to protect the collective best interest of Wasauksing First Nation child(ren) both on and off reserve
- Ensures effective delivery and monitors practices guided by relevant strategies in accordance with Wasauksing First Nation procedures to safeguard children who are members of Wasauksing First Nation and who are involved with Child Welfare agencies to make sure their rights to their own culture and community are protected and upheld
- Provides support, advocates to maintain family units, advocates for satisfactory solutions to family problems, liaise with related service agencies and explain the child and family service system
- Maintains a strong knowledge of the Child and Family Services Act as well as the policies and procedures of the Ministry of Children and Youth Services, Customary Care Provision and Kinship Care as options for Child Welfare agencies rather than apprehension
- Liaise with other First Nation Band Representatives, agencies and legal counsel
- Accompanies Child Welfare workers during investigations with Wasauksing First Nation members
- Ensures that Wasauksing First Nation members are fully aware of their rights in child welfare proceedings
- Develops and implements protocols to develop and establish positive working relationships
- Liaise with the First Nation member families and Child Welfare agencies



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- Provides family support services that promote the culture and aspirations
- Supports identifying community and family placements
- Represents Wasauksing First Nation in court as a party to Child Welfare proceedings
- Engages legal counsel to support the preparation of court documents and to represent the First Nation in court on complex matters
- Prepares, responds to and processes legal documents, oral and written presentations in court, Plans of Care, including recommendations for the placement of children
- Liaise with community services and coordinates Case Management conferences
- Prepares, serves and files additions or amendments to a client's Plan of Care
- Supports alternative dispute resolution and data collection
- Completes and submits reports in a timely manner
- Adheres to all policies and procedures of Wasauksing First Nation and any other relevant policies and procedures from external agencies and partners

Education & Experience:

- Post-Secondary Diploma (College) in Child and Youth Worker, Social Services Worker or Human Service
- In good standing with the Ontario College of Social Workers and Social Service Workers or other applicable governing bodies is an asset
- Note: Completion of the First Nation Child Welfare Advocate (FNCWA) Certificate Program through the Anishinabek Educational Institute at Canadore College will be a requirement within the first year of hire
- Minimum two (2) years of work experience working with First Nation children, youth and families

Other Requirements:

- Valid Driver's License and reliable personal vehicle
- Ability to work flexible hours, including evenings and/or weekends
- Available for on-call after hours and during weekends as required
- Ability to travel is required, and to travel with minimal notice
- This position requires the individual to provide a vulnerable sector check

This position will remain open until filled.

Please send your resume with a cover letter, contact information and two recent employment references to:

Amanda Worm, HR Manager
<https://wasauksing.bamboohr.com/careers>

Or package may be dropped off at the following physical address:

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INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Social Services
POSITION TITLE: Director of Social Services
DURATION: Full-Time Permanent
CLOSING: Monday, March 10, 2025

Position Summary:

Wasauksing First Nation is accepting applications for a Director of Social Services. This position is responsible for developing and implementing an effective social services programs and development processes and for keeping the CED current and up-to-date on all matters relating to all aspects of the management of the social services programs of the First Nation in a timely and professional manner.

The Director of Social Services is responsible for the development, administration and evaluation of the operations of the Community Support Services, the full delivery of the Ontario Works program, youth services and programming, Child and Family Wellbeing, as well as overseeing / supervising the shelter and transitional housing. This may include other related programs or services that may be required or assigned from time to time, collectively referenced below as Social Services.

Job Duties & Responsibilities:

- Oversee and direct the Social Services Managers, staff and processes of the First Nation, ensuring the stability, efficiency and effectiveness of the First Nation's social services programs and services to maintain and improve the quality and effectiveness of the social services programs with the community.
- Develop and maintain an effective social services operational and human resource management plan that is consistent with the hiring practices and policies of the First Nation and that meets the workforce requirements both current and projected and that includes processes that ensure staff remain current and up to date with the objectives of the First Nation including technology advancements and workforce requirements.
- Ensure social services human resource management and development programs and processes are supported financially within the budget resources of the First Nation.
- Develop and monitor annual and 5-year operating and capital budgets for the service areas ensuring budget guidelines and processes are followed and maintained on a regular and consistent basis.
- Develop and implement effective processes and programs for client file management systems, workplace safety and productivity, "customer" service, and workforce development.
- Communicate effectively with community members, clients, CED, Chief and Council, Council/Community Committees, Managers, staff, funding agencies and others as required in a timely, responsible and professional manner.



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- Remain current and up-to-date on the First Nations Social Services program and services areas and community needs, including short-term and long-term strategic planning processes, goals and objectives, and all related processes and systems.
- Ensure related Council directives/motions, and BCR's are followed up on in a timely, efficient and professional manner.
- Ensure monthly budget and variance reports for the Social Services areas are accurate and review with the CED on a monthly basis with a report on any variances or issues.
- Ensure and oversee the processes for the coordination and management of the Social Services personnel records and attendance records, ensuring all activities/functions are carried out in a responsible and professional manner
- Accurate and up-to-date records and reports are completed in a timely manner.

Secondary Duties

- Develops and promotes a harmonious team environment within the Social Services areas – staff, Managers and Director.
- Participates as an active member of the Management Team under the direction of the CED.
- Develop and submit proposals for regular or special projects to funding agencies/others as may be required and assigned from time to time.
- When an approved Social Service area Committee is functioning, attend all scheduled Committee meetings, preparing reports as required and ensure minutes are approved by Council and motions and directives are implemented in a timely and consistent manner.
- Operates in accordance with and ensures compliance to the Wasauksing First Nation Administrative and Financial Management, Social Services Policies and Procedures as may be updated and amended from time to time.
- Attend all Council Meetings, General Band Meetings, and other meetings as required, within and outside of the community.
- Be familiar with the Indian Act, Treaties and Treaty Rights applicable to the First Nation, applicable Native Law, Statutes and Regulation, Canada Labour Code, Occupational Health and Safety Act, Ontario Works Legislation, Native Organizations and Government structures, and other laws, systems, and processes applicable in conducting the business of the First Nation. Understand and be fluent in the by-laws, policies and procedures, and codes of Wasauksing First Nation.
- Attend appropriate meetings, workshops, seminars, and training sessions as required to remain current and up-to-date on topics of concern to the Social Services areas of the First Nation including human resource management, workplace safety, and program management.



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- Liaise with other First Nations, program agencies, and related organizations/institutions to network effectively for the benefit of the Wasauksing First Nation, Chief and Council and the community.
- Other duties/tasks/responsibilities as required and as assigned.

Supervision

- Provides direct supervision and guidance to all Social Services Managers and staff ensuring:
- all policies and procedures approved and in place within the First Nation are enacted and enforced
- that staff conduct themselves in a professional, efficient and effective manner in carrying out the business of the First Nation
- Ensure that Staff utilize and adhere to the policies and procedures outlined in the Administrative Policy, Social Services policies, and other related policies and procedures
- Completes annual performance reviews for managers and staff within the department and ensures that annual performance reviews are undertaken by managers for all staff as required.

Education & Experience:

- Minimum of Bachelor of Social Work or related field
- Minimum of five years' experience in a related field of progressively more responsibility including supervision of staff or an equivalent combination of education and experience in a similar or related position with a proven demonstration of skills.
- Completion of a Diploma in Business Administration or equivalent experience in administration an asset.
- Ability to speak, read and understand Anishnaabemowin (Ojibway Language) is an asset

Qualifications & Skills / Experience:

- Effective organizational, administration and financial management capabilities.
- Must have the skills and capacity to take initiative and multi-task.
- Ability to operate in a team environment an asset.
- Excellent Conflict Resolution skills an asset.
- Familiarity with related federal and provincial and other funding agencies programs and services essential.
- Report/proposal development skills an asset.
- Must possess a current and valid Driver's Licence and dependable vehicle.
- Training and experience in budgeting and financial administration an asset.
- Must pass a criminal record background check & Provide current CPIC



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Management Ability:

- Must have a proficient level of communication skills, verbal and written.
- Must possess excellent organizational and time-management skills.
- Excellent and proficient financial skills essential.
- Excellent Human Relations/Public Relations skills essential.
- Excellent Management/Administration skills essential.
- Excellent Conflict Resolution skills essential.
- Excellent negotiation and mediation skills an asset.
- Excellent analytical and problem-solving skills an asset.

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@ 4:00 pm**

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INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Child Wellbeing
POSITION TITLE: Team Coordinator
DURATION: Full-Time Permanent
CLOSING: Open Until Filled

Position Summary:

Wasauksing First Nation is accepting applications for a Team Coordinator reporting to the Supervisor of the Child Wellbeing Team. The Child Wellbeing Team Coordinator provides professional, confidential, and high-level multi-service, family-centered support and services to the Child Wellbeing Team. This includes tracking, reporting, legal documentation, current trends within the Child Welfare Systems, and superior organizational skills.

Duties & Responsibilities:

- Prepare monthly, quarterly, and annual stats as requested.
- Demonstrated knowledge of the Child Welfare System and structures, related documentation, and organizational strategies.
- Demonstrated knowledge and understanding of dealing with sensitive and confidential information.
- Experience in a Legal or Child Welfare Administrative role is considered an asset.
- Organize data and case notes into an established record-keeping system.
- Organize and support the Child Wellbeing Team in completing court-related documents, filings and in-person or virtual court appearances.
- Support and organize financial systems used for the team, including Beanworks or other financial tracking and reporting systems.
- Excellent knowledge of office procedures and familiarity with the management of office systems
- Good judgment and strong interpersonal, organizational and time management skills
- Attentive to details and accuracy in clerical skills, including confidential and high-paced meetings, typing and filing.
- Excellent communication skills.
- Working collaboratively with area service providers, vendors, and staff
- Establishes and maintains professional working relationships with staff, clients, resource families, volunteers, and community members.
- Assist in the organization of program assets and materials.
- Participate and organize staff meetings, seminars, training courses, and provide accurate and detailed notes as required.
- Complete the required casework to support the Child Wellbeing Team



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Education & Experience:

- College Diploma in Office Administration
- Minimum three (3) years experience in a related role
- Direct experience working and supporting Indigenous Families, youth, and children.

Other Requirements:

- Proficiency in Microsoft Office applications, the internet, the web-based and collaborative software Google Apps, as well as various other word processing software, database software and computer applications
- Strong verbal and written communication skills
- Strong organizational skills and time management
- Ability to work well independently and in a team environment.
- Ability to work collaboratively with staff, community members and various agencies.
- Detail-oriented and highly observant.
- Pleasant, courteous, and professional personality
- Maintains strict confidentiality as per the policies and procedures.
- Valid Driver's License and reliable transportation
- Available to work flexible hours, including evenings and weekends.
- Office environment, extended periods of sitting.
- This position requires the individual to work with various families, youth, and children. To protect youth and other vulnerable persons, Wasauksing First Nation requires the individual to provide a vulnerable sector check.

This position will remain open until filled.

Please send your resume with a cover letter, contact information and two recent employment references to:

Email: hradmin@wasauksing.ca

Online Applications:

<https://wasauksing.bamboohr.com/careers>

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INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Little Eagle Child Care Centre
POSITION TITLE: Registered Early Childhood Educator (RECE)
DURATION: Full-Time Permanent Positions
CLOSING: Open Until Filled

Position Summary:

Wasauksing First Nation's Little Eagle Child Care Centre is now accepting applications to fill Registered Early Childhood Educator (RECE) positions. The incumbent of this position is responsible for providing a safe, nurturing and stimulating early learning environment in a team and community orientated Licensed Child Care Centre.

Duties & Responsibilities:

- Plan, implement and review children's early learning experience in accordance with the Centre's philosophy and goals.
- Provide supervision and guidance in a balance of active/ quiet; indoor/outdoor; and individual/group activities.
- Plan and carry out learning experiences that promote problem solving, independence, mastery of skills, positive self-esteem and confidence.
- Assess the developmental levels of children as well as work in cooperation with outside agencies.
- Use a variety of teaching techniques including modeling, observing, questioning, demonstrating, reinforcing, and bridging.
- Represent and document children's activities – photo, display of drawings, paintings, portfolios, and videos.
- Work collaboratively with and in accordance with all staff in a team environment;
- Ensure classroom equipment, toys, materials and play areas are sanitized regularly;
- Participate in promoting the Centre's programs through various avenues, such as, Parent Advisory Committee, Parent Engagement Activities.
- Adheres to all policies and procedures of Wasauksing First Nation and any other relevant policies and procedures from external agencies and partners
- Performs other related duties as required and requested by the Director of Social Programming and Wellness



JOB POSTINGS

WFN NEWSLETTER
FEBRUARY 2025

Education & Experience:

- Early Childhood Educator Diploma or Equivalent (Child Studies Degree)
- Experience working in a Licensed Child Centre servicing children 6 months – 12 years of age is considered an asset.
- Knowledge of the Ministry of Education, Pedagogy “How Does Learning Happen”
- Knowledge of Duty to Report
- First Aid & CPR Certificate
- Must possess excellent organizational and time-management skills.
- Must have proficient level of communication skills, verbal and written.
- Must possess excellent classroom management skills.
- Must be able to develop, implement, monitor, and evaluate the progress of children.
- Registered with the College of Early Childhood Educators is an asset.
- Knowledge of Anishnaabe customs and traditions is considered an asset

Other Requirements:

- RECE Member Number
- This position requires the individual to work with various families, youth and children. To protect children, youth and vulnerable persons, Wasauksing First Nation requires the individual to provide a vulnerable sector check.

Please send your resume with a cover letter, contact information and two recent employment references to:

Amanda Worm, HR Manager
Email: hrmanager@wasauksing.ca
Wasauksing First Nation
P.O. Box 250 Parry Sound, ON P2A 2X4

Or package may be dropped off at the following physical address:

Administration Office
1508 Geewadin Road Lane G
Wasauksing First Nation

Preference may be given to Indigenous candidates with relevant on reserve employment experience and/or those with knowledge and understanding of the Wasauksing First Nation History and Community. “Only those selected for an interview will be contacted. We wish to thank everyone for their application.”



JOB POSTINGS

WFN NEWSLETTER
FEBRUARY 2025



W
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G

P.O. Box 250
PARRY SOUND, ONTARIO
P2A 2X4

PHONE:
(705) 746-2531
FAX:
(705) 746-5984

CHIEF
Warren Tabobondung

CHIEF COUNCILLOR
Lindsay McConnell

COUNCILLORS
Pazhe Rice-Menominee
Christina Vasiliou
Alana King
Walter Tabobondung

INTERNAL/EXTERNAL

EMPLOYMENT OPPORTUNITY

PROGRAM AREA: Social Services Department
POSITION TITLE: Shelter / Transitional Housing Manager
DURATION: Full-Time Permanent
CLOSING: Open until Filled

Position Summary:

The Wasauksing First Nation is seeking a Shelter/Transitional Housing Manager. Wasauksing First Nation is currently recruiting a dynamic Shelter/Transitional Housing Manager to provide direction and leadership to staff at the new Shelter/TH facility, currently under construction. The program will provide direct crisis services that are culturally based, to women, children, men and 2SLGBTQQA+ who are victims of DV/IPV. The Shelter/TH Manager will be responsible for creating/developing programming/prevention services for clients utilizing trauma informed cultural practices.

The Shelter/TH Manager is responsible for the smooth and efficient operation of all Shelter/TH services which include; general administration, operations management, financial controls, supervision of staff and client programs that are consistent with traditional Indigenous beliefs, values, and practices.

Duties and Responsibilities:

- Ensure all staffing levels comply with the required standards while constantly monitoring the effectiveness of services;
- Manage and maintain Shelter and Transitional Housing's staff schedule, relief staff scheduling, and operations;
- Manage the performance of staff and supervisors by maintaining communication systems that support teamwork and promote collaborative working relationships;
- Participate in the recruitment, selection, orientation, training and retention of staff;
- Provide formal and informal supervision to staff, coaching, performance evaluations;
- Developing and monitoring of training/wellness plans of all staff;
- Ensure that policies, procedures, and budget requirements are met;
- Manage client services by ensuring the coordination of all resources to meet clients' needs;
- Maintains quality standards/controls of all Shelter/TH programming/services, while adhering and exceeding shelter standards set by Indigenous Services Canada;
- Ensures the maintenance and security of all buildings are safe for staff and clients at all times;
- Promotes a healthy work and living environment for staff and clients;
- All/Other responsibilities and tasks as assigned.

Education & Experience:

- Master of Social Work Degree or Masters in Counseling.
- Registered and in good standing with the Ontario College of Social Workers or equivalent discipline.



JOB POSTINGS

WFN NEWSLETTER
FEBRUARY 2025

Education & Experience:

- Minimum of 2 years of paid management experience in a residential crisis program with direct supervision of staff.
- Certified Drug and Alcohol Clinical Supervisor is an asset
- In depth knowledge of shelter services, non-profit sector, government funded services and relevant community prevention services.

Skills & Abilities:

- Ability to work in a stressful environment.
- Extensive knowledge of Family Violence/Intimate Partner Violence, Prevention services,
- Human/Sex Trafficking, Trauma Informed practices, Child Welfare/Protection, Mental
- Health/Addictions and barriers to accessing services.
- Experience working with women, children, men and 2SLGBTQIA+ who have experienced abuse, violence, sexual assault and Human/Sex trafficking.
- Exceptional management skills with the ability to effectively manage relationships while coaching and developing a diverse team of professional staff.
- Excellent conflict management skills, problem solving and team building skills.
- Highly organized with strong administrative and budgeting/persuasive writing skills.
- Excellent time management skills with the ability to efficiently/effectively organize and develop
- Strategic plans that will ensure deadlines and priorities are met.
- Ability to quickly learn and teach others to apply new processes and procedures.
- Excellent verbal and written communication skills.
- Advanced knowledge of MS Office, Google, and other client information software.

Other Requirements:

- A clear/acceptable CRC with vulnerable population check.
- Valid Driver's License with a clear abstract.

Only those applicants selected for an interview will be contacted. We wish to thank

Applications must be received no later than *Open until filled*

@ 4:00 pm

Please send your resume with a cover letter, contact information and two recent employment references to:

Amanda Worm, HR Manager

Email: hrmanager@wasauksing.ca

or

We also Accept Online applications through:

<https://wasauksing.bamboohr.com/careers>

Or package may be dropped off at the following physical address:

Administration Office

1508 Geewadin Road Lane G

Wasauksing First Nation

Preference may be given to Indigenous candidates with relevant on reserve employment experience and/or those with knowledge and understanding of the Wasauksing First Nation History and Community.

"Only those selected for an interview will be contacted. We wish to thank everyone for their application."



ADMINISTRATION

WFN NEWSLETTER
FEBRUARY 2025

Statement of Votes

Wasauksing First Nation: # 136

February 8, 2025

| <i>Votes for Chief</i> | |
|-----------------------------|------------|
| DES ROCHES, Luc | 16 |
| KING-TABOBONDUNG, Jamie Lee | 30 |
| MCCONNELL, Lindsay | 143 |
| TABOBONDUNG, Shane | 156 |

Number of rejected ballots for Chief: 8

Number of valid ballots cast for Chief: 345

| <i>Votes for Councillor – 5 Councillors Elected</i> | | | |
|---|----|----------------------------|------------|
| CHYNOWETH (PAWIS), Ethel | 21 | PEGAHMAGABOW, Laura | 26 |
| CONTIN, Jodi | 81 | PEGAHMAGABOW, Richard | 81 |
| CURRY, Lance | 40 | PEGAHMAGABOW, Terry (Skid) | 81 |
| HESLOP, Travis | 17 | RICE, David M. | 119 |
| KING, Alana (Alaina) | 63 | RICE, Pazhe | 99 |
| KING, Dakota | 68 | SAYEWICH (MINER), Debra | 32 |
| KING, Hilton | 92 | SWANSON, Neil | 120 |
| MCCONNELL, Lindsay | 74 | TABOBONDUNG, Cynthia | 63 |
| MCGREGOR, Matthew Brian | 53 | TABOBONDUNG, Walter | 132 |
| MCINNES, Theresa | 75 | TAYLOR, Elizabeth | 173 |
| PEGAHMAGABOW, Benjamin James | 59 | VASILIOU, Christina | 93 |

Number of rejected ballots for Councillor: 6

Number of valid ballots cast for Councillor: 347

Elected Candidates

To the Office of Chief: TABOBONDUNG, Shane

To the Office of Councillor: TAYLOR, Elizabeth
TABOBONDUNG, Walter
SWANSON, Neil
RICE, David M.
RICE, Pazhe

This count was diligently conducted in accordance with the *Indian Band Election Regulations*.

Vaughn Johnston
Electoral Officer

Saturday, February 8, 2025

Date



Notice

Please be advised that
the Administration,
Nursing Station, Day
Care, School, WACC,
Gathering Center &
Child Wellbeing Offices
will be **Closed**.

**Monday February 17th, 2025
for Family Day**



CALL OUT FOR TRUSTEES

* THE MTIGO MIN TRUST IS REQUESTING SUBMISSION OF RESUME'S FORM INTERESTED WASAUKSING FIRST NATION CITIZENS (ON/OFF RESERVE), TO APPLY FOR POTENTIAL TRUSTEE CANDIDACY.

* THE SELECTION COMMITTEE WILL HOLD INTERVIEWS AND SELECT NEW MEMBERS TO JOIN THE TRUST POOL.

* APPLICATION CLOSING DATE: TILL TRUST POOL IS FULL.



PLEASE SEND YOUR RESUME WITH A COVER LETTER, CONTACT INFORMATION TO:

ADAM GOOD, CHIEF EXECUTIVE DIRECTOR
EMAIL: ced@wasauksing.ca

OR PACKAGE MAY BE DROPPED OFF AT THE FOLLOWING PHYSICAL ADDRESS:
ADMINISTRATION OFFICE
1508 GEEWADIN ROAD LANE G
WASAUKSING FIRST NATION

NOTE: THIS HAS NOTHING TO DO WITH THE RHT TRUST



Bus License Training



The Wasauksing Education Department is encouraging community members to obtain their bus license! All fees would be covered and training can be arranged to be done in Parry Sound with Hammond.

What you need to begin?

- ✓ Criminal Background & Vulnerable Sector Check (Via APS)
- ✓ Medical Form (Completed by a Doctor or Nurse Practitioner)
- ✓ Once documents are obtained, submit forms to MTO

A blank medical form can be obtained by contacting Dave!

Next steps:

- ✓ Complete training (Online video training & 21 hours behind wheel/observation)
- ✓ Pass written & road test



For questions or if you're interested in applying, please contact Dave McDougall at: doe@wasauksing.ca



EDUCATION

WFN NEWSLETTER
FEBRUARY 2025

Migzoons Child Care Centre Program Calendar 2024-2025



| | | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su |
|--|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | | 2 | 3 | 4 | 5 | 6 | 9 | 10 | 11 | 12 | 13 | 16 | 17 | 18 | 19 | 20 | 23 | 24 | 25 | 26 | 27 | | | | | | | | |
| Waabaaga Giizis-Leaves Turning Moon September | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bnaakwi Giizis- Falling Leaves Moon October | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Baashkaakodin Giizis- Freezing Moon November | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Manidoo Giizis- Spirit Moon December | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Manidoo Giizis- Little Spirit Moon January | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Makwa Giizis-Bear Moon February | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ziisbaakdone Giizis-Sugar Moon March | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Naabdin Giizis- Snow Crust Moon April | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Namebine Giizis-Sucker Moon May | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Odemin Giizis-Strawberry Moon June | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mlin Giizis- Berry Moon July | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Manoominike Giizis-Ricing Moon August | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Legend: C and C Designated Holiday Professional Development Stat. Holiday Early Closure



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



Home and Community Care Clients
PLEASE call in to the clinic at 746-8022 when
you need to CANCEL your booked
transportation.

MIIGWECH





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

Support Numbers

If you are experiencing an emergency call 911

Police

Emergency: 911
Non-emergency: 1-888-310-1122
Anishinabek Police Services Wasauksing Detachment: 705-746-2213
OPP Parry Sound Detachment: 705-746-4225

Health

Emergency: 911
Ontario Poison Centre: 1-844-764-7669
Telehealth: 811 (24/7 health information and support over the phone)
Niijaansinaanik: 1-855-223-5558 (to report child neglect or abuse)

Mental Health and Addictions

Suicide Crisis Line: 988 (24/7 helpline)
Canadian Mental Health Association Parry Sound/B'Saanibamaadsiwin
Crisis Line: 1-888-893-8333 (24/7 helpline)
Kids Help Phone: 1-800-668-6868 (24/7 helpline for 18 and under)
Hope for Wellness: 1-855-242-3310 (24/7 helpline for Indigenous people)

Protection

Parry Sound Victim Services Crisis Line: 705-938-1476 (24/7 crisis response)
Esprit Place (Parry Sound and area women and children emergency shelter):
705-746-4800 or 1-800-461-1707

Miscellaneous

Transportation - Parry Sound Taxi: 705-746-1221
Wasauksing First Nation Administration: 705-746-2531 *closed statutory
holidays*



211 ONTARIO

211 is a free and confidential service that easily connects people to the critical social and community supports they need.

The helpline is answered by real people 24/7 and service is available in 150+ languages.

Types of Programs and Services that exist to help you:



ABUSE / ASSAULT



COMMUNITY PROGRAMS



DISABILITIES



EMERGENCY / CRISIS



EMPLOYMENT / TRAINING



FAMILY SERVICES



FINANCIAL ASSISTANCE



FOOD



FRANCOPHONES



GOVERNMENT / LEGAL



HEALTH CARE



HOMELESSNESS



HOUSING



INDIGENOUS PEOPLES



LGBTQ+



MENTAL HEALTH / ADDICTIONS



NEWCOMERS



OLDER ADULTS



YOUTH

For more information please visit <https://211ontario.ca/> or dial **2-1-1** for assistance.



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



**I'M HERE
FOR YOU.**

NNADAP@WASAUKSING.CA

705-746-2033, EXT. 313

**Want to know more about how
NNADAP can help you?**



MEDICAL TRANSPORTATION



UPDATE FOR YOUR MEDICAL TRANSPORTATION REQUESTS
FOR IN TOWN APPOINTMENTS PLEASE CALL TO
BOOK WITH **24 HOUR NOTICE**
FOR OUT OF TOWN APPOINTMENTS PLEASE
CALL WITH **2 WEEKS NOTICE**



Dr. Appointments



Dentist Appointments



WPSHC Appt.



Bloodwork



Eye Doctor

MORE INFORMATION



CALL HEALTH STATION 705-746- 8022



email: healthstation@wasauksing.ca



HOPE FOR WELLNESS HELPLINE

The Hope for Wellness Helpline is available to all Indigenous people across Canada.

Experienced and culturally competent counsellors are available to support you anytime. They are reachable by telephone or online 'chat' 24 hours a day, 7 days a week.

Call: 1-855-242-3310

Visit: www.hopeforwellness.ca

The counsellors are available to talk to you about any topic or concern that you are facing.



IMPORTANT NOTICE:

PLEASE keep your
dogs secured when
our
Health, Social Services &
Public Works
Departments visit
Woof, Woof





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



WASAUKSING HEALTH STATION

FEELING SICK, COUGHING OR SNEEZING?

Looking to combat seasonal illness?

**ASK US ABOUT MASKS, GLOVES,
COVID-19 RAPID TEST AND
VITAMIN D SUPPLEMENTS**

**TO BOOK CLINIC APPOINTMENTS
VISIT OR CALL OUR FRONT DESK**

705-746-2033

healthstation@wasauksing.ca

www.wasauksing.health





KO eHEALTH

Telemedicine services with KO eHealth, offers convenient access to your healthcare provider from the comfort of your own home, health center, or anywhere with internet access.

Transform in-person appointments into virtual appointments with the help of our dedicated KO eHealth team.



MORE INFORMATION:

Regional Telemedicine Navigator

✉ msm@kochiefs.ca

☎ 1-800-387-3740





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



Call or text **9-8-8**

Suicide Crisis Helpline

For suicide prevention support 24/7

Help when you need it.



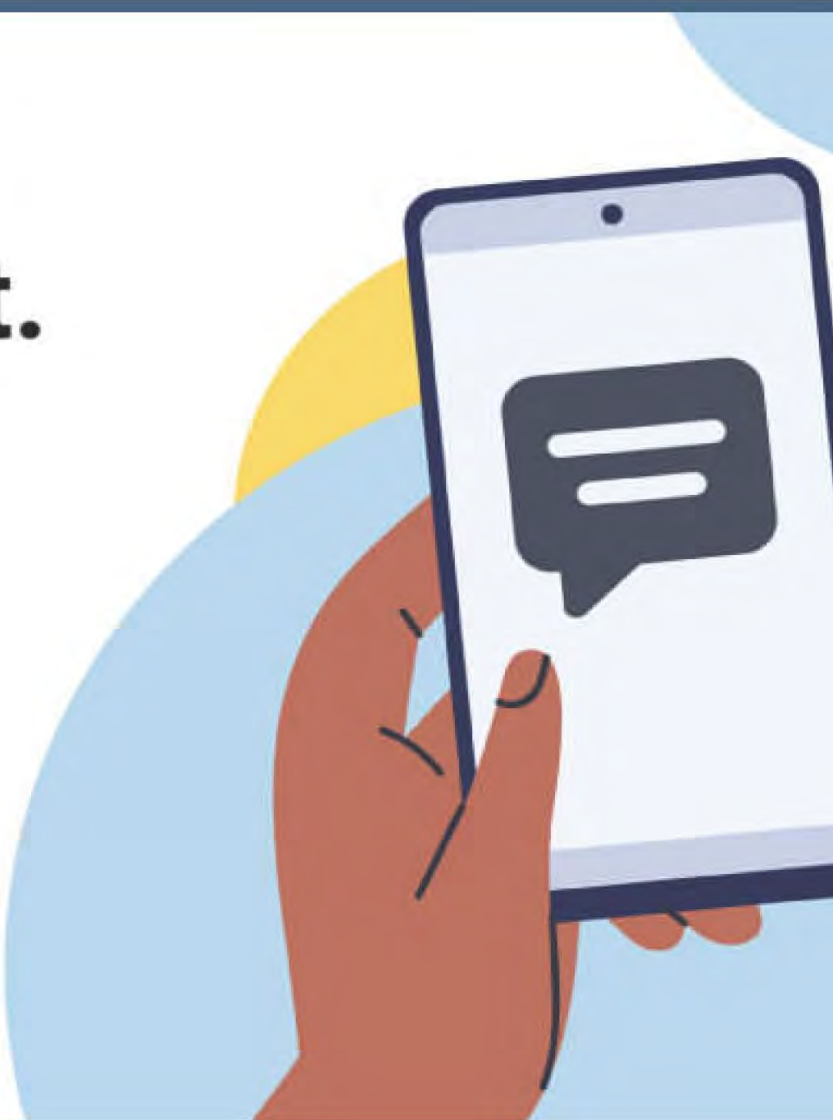
9-8-8

toll free, 24/7

9-8-8

**Suicide Crisis
Helpline**

9-8-8: Suicide Crisis Helpline is funded by the Government of Canada.





USING DRUGS ALONE CAN INCREASE RISK OF FATAL OVERDOSE.

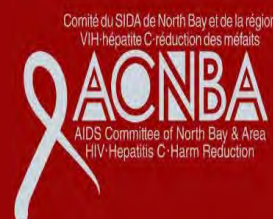
The National Overdose
Response Service can help.

1-888-688-NORS (6677)



24 hours a day, 7 days a week

Someone will stay on the phone with
you while you use and will **call 9-1-1**
only if you overdose.





NALOXONE TRAINING

**Available anytime at the Health Centre,
call us for more information! 705-746-2033**

**NALOXONE
SAVES LIVES.**

Get Trained.

Get a Kit.

SIGNS AND SYMPTOMS OF AN OPIOID OVERDOSE



Cannot be
woken up



Slow, shallow
or no
breathing



Blue lips
or nails



Choking or
gurgling
sounds



Limp body,
cold skin



Small
constricted
pupils

Contact Melissa



705-746-2033



nnadap@wasauksing.ca



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

**SEE AN
OVERDOSE?
CALL 911.**

Even if you've taken drugs or have some on you,
the **Good Samaritan Drug Overdose Act** can protect you.

THIS LAW IS SUPPORTED BY THE ONTARIO PROVINCIAL POLICE [OPP.CA/OVERDOSE](https://www.opp.ca/overdose)

TOGETHER

WE CAN!

#STOPOVERDOSES





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



HUNTSVILLE-PARRY SOUND
ALCOHOLICS ANONYMOUS - DISTRICT 17 | AREA 86

| Time | Meeting | Location / Group | Address |
|-------------------|----------------------------|-------------------------------------|--------------|
| Monday 7:30 pm | Easy Does It Group | Royal Canadian Legion | 30 Mary St |
| Tuesday 7:30 pm | Steps To Serenity Group | St. Andrew's Presbyterian Church | 58 Seguin St |
| Wednesday 7:30 pm | Wednesday Night Meeting | St James United Church | 24 Mary St |
| Thursday 7:30 pm | Thursday Night Meeting | St James United Church | 24 Mary St |
| Friday 7:00 pm | Friday Night Meeting | St James United Church | 24 Mary St |
| Saturday 7:00 pm | There is a Solution | St James United Church | 24 Mary St |
| Sunday 10:30 am | Menno Group | Parry Sound Friendship Centre | 25 Church St |
| Sunday 7:30 pm | Sunday Night Group | Royal Canadian Legion | 30 Mary St |



**FOR ADDITIONAL SUPPORT WITH YOUR JOURNEY TO
HEALTHIER LIVING CONTACT**

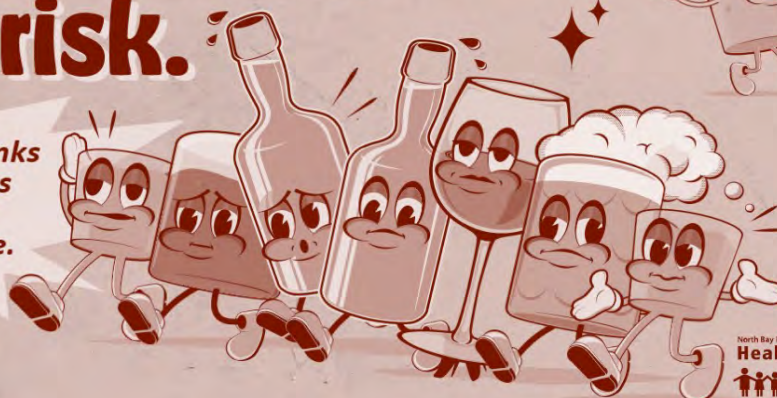
MELISSA AT 705-746-2033 OR, EMAIL nnadap@wasauksing.ca



Seven or more, High risk.

*Seven or more drinks
per week increases
your risk of heart
disease and stroke.*

*Remember,
pair your alcohol
with water!*



myhealthunit.ca

North Bay Perry Sound District
Health Unit
Bureau de santé
du district de North Bay Perry Sound

DID YOU KNOW?

SAFER DRINKING TIPS

- Set limits for yourself and stick to them.
- Drink slowly. Have no more than 2 drinks in any 3 hours.
- For every drink of alcohol, have one non-alcoholic drink.
- Eat before and while you are drinking
- Always consider your age, body weight and health problems that might suggest lower limits.



For questions or support, contact Melissa at
705-746-2033 or nnadap@wasauksing.com



What is a standard drink?

Know how much alcohol is in your drink!

myhealthunit.ca

Liquor

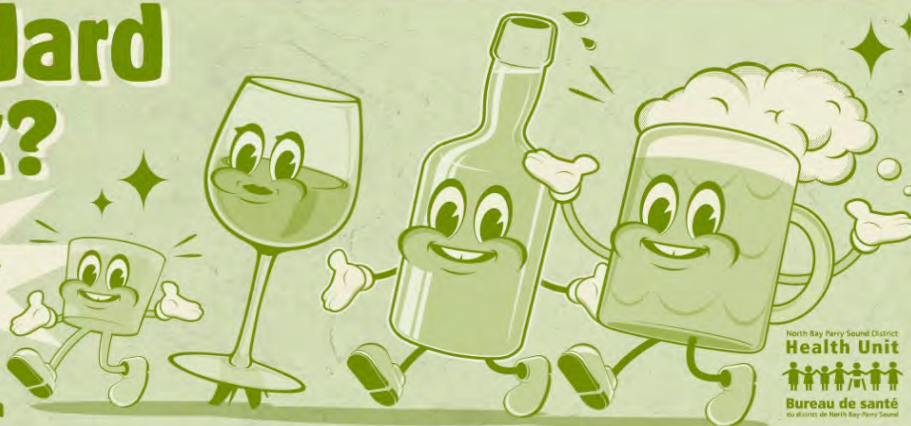
43 ml / 1.5 oz
40% alcohol content

Wine

142 ml / 5 oz
12% alcohol content

Beer, Cooler, Cider

341 ml / 12 oz
5% alcohol content



North Bay Perry Sound District
Health Unit
Bureau de santé
du district de North Bay Perry Sound

DID YOU KNOW?

SAFER DINKING TIPS - Alcohol Consumption Per Day

If you are going to drink, don't exceed 2 drinks on any day.

Drinking less benefits you and others.

It reduces your risk of injury and violence, and many health problems that can shorten life.

Low-risk drinking supports healthy lifestyles.



For questions or support, contact Melissa at
705-746-2033 or nnadap@wasauksing.com



Health811

Connect to free health
information and services,
24/7

Call 811 or chat online at
ontario.ca/health811

Ontario  Health811

Season's Greetings!

With a coming New Year, I often consider New Year Resolutions which maintain Wholistic Wellness and Recovery from adverse lived experiences. I want to share an Aboriginal Healing Foundation Guide: "The Stages of Healing." This guide was created by Indian Residential School Survivors as a recognition of the Journey of Self Discovery so many must undertake to heal from traumatic experiences. I hope this sharing can inform our continued quest for Good Minds, Good Hearts, and Good Lives beyond 2025.

Steve Koptie
Social Worker-Mental Wellness Team



SEX ONLY WITH CONSENT!

Consent is...

VOCAL

More than just the absence of "no", consent requires "YES!"

Wanna have sex?

Maybe not sex...

Okay. How about ...?

Yeah!

CONTINUAL

Consent is needed every time and can be withdrawn anytime.

You don't seem into this today. Wanna slow down or stop?

Let's stop.

No worries.

CLEAR

What both people want to do and not do is discussed, not assumed.

What about doing...?

Totally into #%*ing, but not *^#*.

ENGAGED

Both people use verbal and nonverbal cues to show they are into it.

Eye contact

Nodding

Touching

Smiling

Consent cannot be given when a person is:

- With someone who abuses their authority or power (for example, TA, Student Leader, Coach, etc.)
- Pressured, threatened, or coerced
- Unconscious/asleep
- Incapacitated by alcohol or drugs

WITHOUT CONSENT, IT'S SEXUAL ASSAULT!



The Stages of Healing

The decision to heal

Once you recognize the effects of sexual abuse in your life, you need to make an active commitment to heal. Deep healing only happens when you choose it and are willing to change yourself.

The emergency stage

Beginning to deal with memories and suppressed feelings can throw your life into utter turmoil. Remember, this is only a stage. It won't last forever.

Remembering

Many survivors suppress all memories of what happened to them as children. Those who do not forget the actual incidents often forget how it felt at the time. Remembering is the process of getting back both memory and feeling.

Believing it happened

Survivors often doubt their own perceptions. Coming to believe that the abuse really happened, and that it really hurt you, is a vital part of the healing process.

Breaking the silence

Most adult survivors kept the abuse a secret in childhood. Telling another person about what happened to you is a powerful healing force that can help you get rid of the shame of being a victim.

Understanding that it wasn't your fault

Children usually believe that abuse is their fault. Adult survivors must place the blame where it belongs – directly on the shoulders of the abusers.

Making contact with the child within

Many survivors have lost touch with their own vulnerability. Getting in touch with the child within can help you feel compassion for yourself, more anger at your abuser, and a greater intimacy with others.

Trusting Yourself

The best guide for healing is your own inner voice. Learning to trust your own perceptions, feelings and intuitions becomes a basis for action in the world outside.

Grieving and mourning

As children being abused and later, as adult struggling to survive, most survivors haven't felt their losses. Grieving lets you honour your pain, let go, and move into the present.

Anger: The backbone of healing

Anger is a powerful and liberating force. Whether you need to get in touch with it or have always had plenty to spare, directing your rage squarely at your abuser, and at those who did not protect you even if they could have done so, is essential to healing.

Disclosures and confrontations

Directly confronting your abuser is not for every survivor, but it can be a dramatic, cleansing tool.

Forgiveness

Forgiveness of the abuser is not absolutely required as part of the healing process, although it is often the most recommended. The only essential forgiveness is to forgive yourself.

Spirituality

Having a sense of a power greater than yourself helps you in your healing process. Your spirituality is unique to you. You might find it through traditional cultural practices, through organized religion, meditation, nature, or a support network.

Resolution and moving on

As you move through these stages again and again, you will reach a point of integration. Your feelings and perspectives will stabilize. You will come to terms with your abuser and other family members. While you won't erase your history, you will make deep and lasting changes in your life. Having gained awareness, compassion, and power through healing, you will have the opportunity to work toward a better world.



Excerpt from *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse*, by Laura Davis and Ellen Bass Harper & Row, New York, 1988, pages 58-59.



Syphilis in Indigenous Communities



Syphilis rates are on the rise in Canada, including in Indigenous communities.

Sexual and reproductive healthcare is key for your holistic wellness.

Spread and symptoms

Syphilis is a sexually transmitted and blood borne infection (STBBI) mainly spread through unprotected vaginal, anal and oral sex. Congenital syphilis can be passed on to an unborn baby during pregnancy and at the time of delivery. Syphilis can also be spread through needle sharing.

Many people won't have symptoms early on, but syphilis can cause:

- Painless, open sores on or inside the penis, vagina, rectum, throat or mouth
- Body rash and flu-like symptoms
- Swollen glands in the groin, behind the ears, under the jaw and in the armpits

Reduce the risk



Prevention: Use a condom correctly every time you have sex. Condoms don't offer full protection if sores are not covered during sex.



Confidential testing: A blood test and swab for syphilis is quick and easy. Talk to your healthcare provider about confidential testing for syphilis and other STBBIs. If you are sexually active, being tested regularly is an important part of a healthy sex life for you and your partner.



Treatment: Seek treatment, and culturally safe care and services. Syphilis is easily treated with antibiotics early on. Without treatment, syphilis can cause serious, permanent damage and even death.

Medications and treatments are available to eligible First Nations and recognized Inuit through Non-Insured Health Benefits, regardless of where they live.

Indigenous resources

Culturally-appropriate supports are essential to help address these higher rates of syphilis infections:

Sexual and Reproductive Health – Native Women's Association of Canada

<https://nwac.ca/policy/sexual-and-reproductive-health>

Sexually Transmitted and Blood-Borne Infections – First Nations Health Authority

<https://www.fnha.ca/what-we-do/communicable-disease-control/blood-borne-disease-and-sexually-transmitted-infections-hiv-aids>

Sexual Health – Pauktuutit

<https://pauktuutit.ca/health/sexual-health/>

To learn more, visit:
canada.ca/syphilis



R123-547-2024E-PDF
978-0-600-6330-4





SYPHILIS CASES ARE ON THE RISE.

**Symptoms can be subtle
and easily missed.**



**There's a cure.
If you're sexually active,
get tested.**

**SCAN TO
LEARN MORE**



Canada.ca/syphilis

Canada



[HOME](#)



Dr. Laurie Zelinger, Child Psychologist

*Board Certified Psychologist
DIPLOMATE: American Board of Professional Psychology
Fellow: Academy of School Psychology
NYS Licensed Psychologist
NYS Certified School Psychologist*

*Registered Play Therapist/Supervisor: Association for
Play Therapy (practice limited to children)*

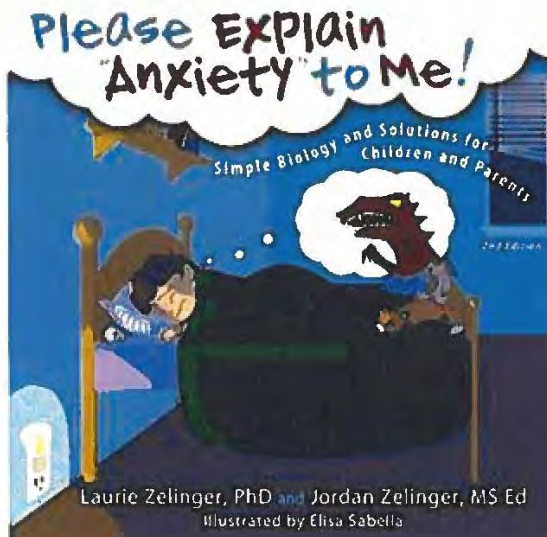
461 Albemarle Road
Cedarhurst, NY 11516
516.295.0993

Email:
DrZelinger@DrZelinger.com
(not confidential)

≡ MENU

Please Explain "Anxiety" To Me

Simple Biology and Solutions for Children and Parents
2nd Edition



Note to parents:

Fear, worry, and anxiety are normal occurrences within the life of a child. Helping children to understand and process these emotions

[Click for a larger view](#)



HEALTH DEPARTMENT

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often falls in the hands of parents, who by their own admission often feel painfully concerned, overwhelmed and unprepared to deal with these kinds of feelings. The only prototypes available to most families are those carried forward from generation to generation, with little information regarding the physiological and psychological facts surrounding anxiety, and even less regard for what children are feeling and thinking in the face of these emotions. Stomach aches, increased crying, refusal to go to school, irritability, changes in toileting habits, sleeplessness and nightmares, tics, eating too little or too much, increased need to sleep with parents, inattentiveness in school, preoccupation with negative thoughts, insatiable needs for reassurance, clinginess, increased startle responses, separation issues, self imposed isolation, repetitive behaviors and sadness can all be indicators of anxiety and worry in a child. How hard is it for a parent to remain calm and understanding in the face of their own child's fears, especially if they are unprepared and unsure of what to say? Becoming alarmed in the face of these behaviors and changes can only exacerbate the situation, and will certainly not do much to calm a child's fears.



In this book, Dr. Laurie Zelinger and our son, Jordan make every effort to provide families with a description of anxiety that children can understand, and suggestions that parents can use when addressing their child's concerns. Using common, everyday language, concepts describing the physiological basis of anxiety are clearly presented in understandable and "user" friendly terms. Parents and children will be enthralled with the "world of dinosaurs" used to depict the physical origins and psychological impact of anxiety. Children will be left with an understanding of "anxiety" consistent with their various developmental levels and parents will have the tools they need to discuss and explain anxiety issues to their children. Reading and re-reading this book with children will demystify anxiety, and provide families with the understanding needed to manage these uncomfortable emotions.

Parents must become aware of the difference between typical feelings of anxiety, and those that represent a more serious "mental health" concern. The simplest rules of thumb are based on frequency, impact upon regular life functions, persistence, and a pervasive sense of either hopelessness or worry. Many issues and transitions in the life a child are expected to cause temporary anxiety. When a developmentally common worry appears to get out of hand however, or stressors remain chronic, then contact with a licensed mental health professional is by all



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means indicated. Your pediatrician, the American Psychological Association or the Association for Play Therapy are among the resources that can help you find family support in your area.

Fred Zelinger, PhD ~ Licensed Psychologist

Order from Amazon.com for \$15.95 or from **The Self Esteem Shop** for \$12.99

Now available in **Audio Book** format.

Reviews

Please Explain "Anxiety" to Me! has won our hearts with a simple story, braced by lovely illustrations and valuable techniques! We highly recommend it to help parents understand the different aspects of anxiety and, in turn, enable their young kids to devise their way of steering out of the situation.

Quotidian Tales, February 8, 2022 – **CLICK HERE** to read the complete review

Read what Goodreads has to say ...

★★★★★ By Jackie Paulson (July, 2016) — Do you want to know how to help your children when they get anxiety? Parents can remain calm with the help of this book as it provide families with a description of anxiety that children can understand and suggestions that parents can use when addressing their children's worries. I remember being a child under the age of five and getting my own tonsils out and adenoids out. The author wants to help other parents by writing this book for kids who have too much anxiety and want to get rid of some of it. Signs of anxiety that are common involve emotions and showing signs of a problem include: stomach aches, tics, eating too little or too much, wants to sleep with a parent, inattentiveness in school, separation issues, self-imposed isolation, repetitive behaviors and sadness. I love that the story starts out explaining all types of dinosaurs and their own wants and needs out in the wilderness. Then the author shows and tells the reader how to help their children with fear, worry and anxiety. This book is for kids but also for parents because the parent will want to buy this book to read to their kids to learn about anxiety. © 2016 Jackie Paulson



Special Needs Book Review – I just read a wonderful picture book about anxiety in children! If only my sisters had been able to read *Please Explain "Anxiety" to Me! Simple Biology and Solutions for Children and Parents* by Laurie Zelinger, PhD and Jordan Zelinger when they were growing up. Both my sisters, and, as a consequence, my parents, and the other four siblings struggled and suffered for years because of their overwhelming anxiety. As soon as I had read a few sentences of Dr. Laurie Zelinger's *Introduction*, I knew this book is the answer to many parents' prayers. It is a resource to help adults describe anxiety in a way that children can understand. [Read More](#)

★★★★★ **Wish my parents had had this book before I had to become a humorous Psychology Today blogger**, By Wendy Aron on March 6, 2014

If my parents had introduced me to the concepts in this book as a child, I would have had a much clearer understanding of why my mind instantly manufactures doomsday scenarios at the hint of any change in my routine. Also, my parents would have been able to teach me how to cope more productively with this kind of mind. On the other hand, if this had been clarified, I might not have grown up to be the award-winning humorist, former sitcom writer and Psychology Today blogger that I now am. Whichever child-rearing route you choose, I believe this book would be a valuable resource.

★★★★★ **Highly recommended** – By Juniper on May 27, 2011

Excellent resource for kids and parents on the biology of anxiety written in kid friendly manner. Kids with anxiety will do well to read and reread it. Older kids can research more details on concepts introduced in this book such as the sympathetic nervous system and the amygdala.

KidsReads by Nancy Messmore

Please Explain "Anxiety" to Me: Simple Biology and Solutions for Children and Parents by Laurie Zelinger, PhD & Jordan Zelinger; illustrated by Elisa Sabella; published by **Loving Healing Press**, Ann Arbor, MI; 2010.

Dinosaurs reacted to their environment with anxiety. It was a way to alert them that they needed to fight or run away from danger. Today, we have the same reaction to stress but most of the time we aren't in peril like the dinosaurs were. So how do we deal with those feelings when there



Please Explain "Anxiety" to Me!

Simple Biology and Solutions for
Children and Parents

2nd Edition

Laurie Zelinger, PhD and Jordan Zelinger, PsyD
Illustrated by Elisa Sabella



When Our Thoughts Get Stuck

Submitted by: Steve Koptie, Social Worker – Mental Wellness Team

Brain Lock: 4 Steps

The four-step brain lock method is a simple and effective way to manage obsessive-compulsive disorder (OCD) and other forms of anxiety. This method was developed by Jeffrey M. Schwartz, a renowned psychiatrist who specializes in the treatment of OCD.

Principles of brain lock

The brain lock method introduces cognitive-biobehavioral self-treatment as an innovative approach to managing obsessive-compulsive disorder. This method empowers individuals to act as their own behavioral therapists by combining knowledge about OCD with biobehavioral techniques.

Central to this approach is the four-step method, which enhances self-directed exposure and response prevention (ERP) strategies, allowing individuals to confront their obsessive thoughts and compulsive behaviors independently.

Brain Lock: 4 Step

Step 1: Relabel

The first step in the brain lock method is for individuals to relabel their thoughts and feelings as being caused by OCD or anxiety. It's important for them to recognize that these intrusive thoughts are not a reflection of reality but rather a product of their disorder. By relabeling them as such, they can start to distance themselves from these thoughts and gain control over them.

Step 2: Reattribute

The next step involves reattributing the cause of these thoughts and feelings to the disorder rather than to themselves. This can help reduce guilt or shame associated with these thoughts and decrease the power those thoughts hold over them.

Step 3: Refocus

In this step, individuals need to refocus their attention on something else—be it a task, an activity, or even their breathing. By shifting their focus away from the intrusive thoughts, they give those thoughts less power and control over their minds.

Step 4: Revalue

The final step is for individuals to revalue these intrusive thoughts and recognize that they do not have any significant meaning or influence in their lives. By understanding that these thoughts are simply symptoms of a disorder and not reflective of reality, they can begin to let go of them and move on with their day.

Disclaimer: It is important to note that this method should be used in conjunction with other treatments, such as cognitive behavioral therapy and other professional help if needed.

Schwartz, J. (n.d.). Four steps. Apostolic Christian Counseling & Family Services. Retrieved July 26, 2024, from [https://accounseling.org/wp-content/uploads/2018/04/Four-Steps-of-Brainlock-Summary .pdf](https://accounseling.org/wp-content/uploads/2018/04/Four-Steps-of-Brainlock-Summary.pdf)



COMING IN FEBRUARY 2025 ~ Traditional Counsellors ~

Godfrey Shawanda Jr. from Wikwemikong and Courtney Kurek-Abotossaway from Aundeck Omni Kaning, are Traditional Counsellors who are coming to Wasauksing in February to meet with community members. Their bios are attached for your information.

In addition to traditional counselling, they will also be offering foot soaks which are good for neuropathy.

They will be at the Health Station providing sessions on:

- > **Monday, February 10th** from 1:00PM to 8:00PM for traditional counselling only.
- > **Tuesday, February 11th** from 10:00AM to 4:00PM for traditional counselling and/or foot soaks.

If you are interested in booking an appointment, please call the Health Station at 705-746-2033. Appointments will be available on a first booked basis.



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Godfrey Shawanda Jr.

Godfrey Shawanda Jr. is an Ojibway from the Wikwemikong Unceded Indian Reserve. He has been a traditional facilitator for many years and is now in private practice. Godfrey is fluent in Anishnabemowin, and is knowledgeable in traditional medicines, as well as traditional teachings. Some of Godfrey's professional training has includes Counseling Skills, Mental Health First Aid Canada, and Lateral Violence Training. Godfrey's gift of healing and vast knowledge of medicines was given to him by the Creator and he willingly shares these gifts with people seeking traditional healing. These gifts direct Godfrey to counsel people; to extract negative energies, advise people what traditional medicines will be of benefit to them, and how they may interact with current western medications they are already receiving. Godfrey also advises people who seek his help what path they should take to make a change or enhance their lives. Furthermore, Godfrey encourages people to stay strong, look within themselves and apply their own skills they are blessed with to help achieve their ultimate goals. Godfrey's aunt was the late Marjory Shawande, a wholistic, cultural and traditional woman who told him he was a Warrior; A Spirit Warrior whom the Creator works through and who also guides the spirits to assist people here on Earth.

Courtney Kurek-Abotossaway

Courtney Kurek-Abotossaway is an Anishinaabe kwe from Aundeck Omni Kaning First Nation, where she currently resides with her family. With her background in Indigenous Studies - Community and Social Development, Courtney has gained a wide variety of strengths working within Indigenous communities across Mnidoo Mnising and surrounding areas. Courtney's passion for traditional knowledge is demonstrated with her ability to collaborate with local knowledge keepers and Elders with lived experience to empower Indigenous youth and families. As an advocate for food sovereignty and aspiration for facilitating land-based experiential therapy, Courtney offers teachings and workshops that promote wholistic wellness through an Indigenous perspective.





HEALTH DEPARTMENT

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® ONTARIO REGION OF NARCOTICS ANONYMOUS

IN PERSON / VIRTUAL MEETING INFO

MONDAY | 6:30 PM-7:30 PM

Parry Sound Friendship Centre
25 Church St, Parry Sound, ON

FRIDAY | 6:30 PM - 7:30PM

Parry Sound Friendship Centre
25 Church St, Parry Sound, ON

VIRTUAL MEETINGS | VISIT LINK BELOW FOR TIMES

<https://virtual-na.org/>

Information obtained from <https://www.orscna.org/home>

**FOR ADDITIONAL SUPPORT WITH YOUR
JOURNEY TO HEALTHIER LIVING CONTACT
MELISSA AT 705-746-2033 OR, EMAIL nnadap@wasauksing.ca**





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



ONTARIO TELEMEDICINE NETWORK

VIRTUAL CARE FOR PATIENTS

**Did you know Wasauksing Health Station is
able to help you connect with your
doctor/specialist through video visits?
Ask your doctor today if this is an option for
your next visit!**

BENEFITS

- Improving access to care
- Decreasing travel time



**Contact us today to help arrange:
705-746-2033**



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

Right to a Second Opinion

Within reason, request and seek a second opinion.



Right to Privacy

Receive consultations, treatments, and evaluations while ensuring confidentiality and respecting your privacy.

Be assured that your health information is secure and remains confidential.



Right to Access Personal Health Information



Request access to your health information records.

Request the transfer of your health records to another health care provider.



Right to Complain

Take action and express concern when you are not satisfied with your health care by filing a complaint, which needs to be responded to in a timely fashion.

Right to Information

Have a health care professional completely and clearly explain all aspects of your health, diagnosis, treatment, options, prognosis, and care in a manner you understand.



Ask questions, express concern, and have them addressed in a timely manner.

Be informed of the names and roles of all members of your care team.



Right to Choices



Give or refuse (unless stipulated by law) consent for any medical intervention or procedure and be informed of the consequences for both acceptance and refusal.



Participate with the health care team in developing your health decisions and treatment plans in a manner that addresses your needs and wishes.

Be accompanied or represented by a person of your choosing who can support you in making decisions about your care.

What Are My Rights When Accessing Health Care?

As a patient, you are entitled to dignity and respect. When it comes to health care in Canada, you have certain rights that are protected by law.

If you think your rights have been violated, you can make a complaint. Please see the complaint section in this toolkit.

Funding for this document is provided by Indigenous Services Canada. The opinions expressed in this document are those of the authors and do not necessarily reflect the official views of Indigenous Services Canada.

Right to Medical Treatment

Receive culturally safe, quality, competent, and timely care that is free from discrimination and harm in a safe environment while being treated with respect, courtesy, and compassion.





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

The background of the poster is decorated with various gym equipment illustrations. In the top left is a rolled-up orange mat. In the top right are two dumbbells, one with blue weights and one with green weights. To the left of the title is a jump rope with purple handles. To the right is a blue water bottle. Below the title on the left is a pair of orange sneakers. On the right is a blue and purple exercise machine. At the bottom left is a purple dumbbell and a green kettlebell with the number '9'. At the bottom right is a rack of various colored weights (green, orange, blue).

CIRCUIT WORKOUT

Mondays
6:00pm-7:30pm

Starting January 6th
Ages 16+

Wasauksing Complex
Gymnasium
(1508 Geewadin Road Lane G)

Contact Liz Tabobondung to
register or for more information
cra@wasauksing.ca
705-746-8022 ext 305



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

**WASAUKSING HEALTH
DEPARTMENT CARA
PROGRAM PRESENTS:**

OPEN GYM NIGHT

Wasauksing Complex Gymnasium
(1508 Geewadin Road Lane G)

**THURSDAYS 6:00PM TO 8:00PM
STARTING JANUARY 9TH 2025**

****Adult supervision needed for children under 13
years of age****

Contact Liz Tabobondung
for more information
cra@wasauksing.ca
705-746-2033 ext 305





ICE PALACE GOLF SIMULATOR

WASAUKSING FIRST NATION MEMBERS

- CALL AND BOOK YOUR TIME (PER HOUR)
- BRING STATUS CARD FOR ID PURPOSES
- FOOD AND DRINK ARE YOUR RESPONSIBILITY

173 RANKIN LAKE ROAD, PARRY SOUND

FOR MORE INFORMATION
CONTACT LIZ TABOBONDUNG

CRA@WASAUKSING.CA

705-746-2033





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



FREE SKATING

AVAILABLE TO ALL
COMMUNITY MEMBERS & THEIR FAMILIES



STARTS SUNDAY OCTOBER 6TH
9:30AM – 10:50AM

TRANSPORTATION AVAILABLE UPON REQUEST
PLEASE CONTACT THE HEALTH CENTRE TO BOOK BY 12:00PM ON THE FRIDAY PRIOR



EVERY SUNDAY
UNTIL MARCH 30TH
9:30AM – 10:50AM



HUMPHREY ARENA
15 HUMPHREY DRIVE,
SEGUIN, ON

FOR MORE INFORMATION
CONTACT LIZ TABOBONDUNG
705-746-2033 EXT 305
CRA@WASAUKSING.CA



HEALTH DEPARTMENT

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FEBRUARY 2025

Health Department CARA Program Presents

SWIMMING AT THE GRAND TAPPATTOO

Available November 1st 2024 to May 1st 2025

Members must sign in at front desk with Status Card

Access cards can be provided to those with children
who have not received their status cards

Contact Liz Tabobondung
for more information or for access cards

cra@wasauksing.ca
705-746-2033 ext 305





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

An illustration of three people walking or jogging. In the foreground, a man in an orange long-sleeved shirt and dark shorts is walking. Behind him, another man in a green shirt is walking. To the right, a woman with blonde hair in a ponytail, wearing a yellow tank top and light blue shorts, is walking. They are all wearing sneakers. The background consists of horizontal bands of orange, red, green, and teal, with some abstract shapes.

Winter **WALKING GROUP**

Keep moving during the cold winter months!

STARTING
JANUARY 9, 2025

LIGHT SNACKS AND
REFRESHMENTS
PROVIDED

Contact Danette or Natalie
at the Health Station with
any questions 705-746-2033

Thursday's 1-3pm at
The Gathering Centre
(unless cancelled due to event)

DROP IN BASIS
NO REGISTRATION REQUIRED



Family Trivia

Saturday February 15th 2025

12:30pm-2:30pm

Lunch provided

Trivia and activities

*contact Liz Tabobondung
to register or for more information*

705-746-8022 ext 305



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



Diabetes Lunch and Learn Bingo

**Wednesday, Feb 26, 2025
12 - 2 PM**

MAXIMUM 8 PARTICIPANTS

**Please contact
WFN Health Station to
Register
705-746-2033**



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

Ambe-nishnaabemdaa

NISHNAABEMWIN

Friday, February 7, 14, 21 & 28

10:00AM - 12:00PM

Health Centre Spirit Room

**Light lunch
provided**

For more info call
705-746-2033





SAVE THE DATE



Wasauksing Maplefest
April 5th, 2025
More Info to come





Logo Contest

Wasauksing Maplefest



Wasauksing Maplefest is in need of a new logo!

Submissions can be made from February 1st to February 14th at 4:00pm

Submissions must include:

- **"Wasauksing Maplefest"**
- **Maple related**
- **Cultural Component**

Submissions can be sent to Liz Tabobondung at cra@wasauksing.ca





HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

Sweet Water Ceremony

NINAATIGWAABOO (MAPLE TREE WATER)



Please join us on

Thursday, February 20th @ 10:00AM

in the Health Station Spirit Room

Please bring your favourite dish as a contribution to the feast.

Don't forget your feast bundles, ribbon shirts and skirts as well!

For more information please call Faith at 705-746-2033 ext. 312.



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

An illustration of three people walking or jogging. In the foreground, a man in an orange long-sleeved shirt and dark shorts is walking. Behind him, a woman in a yellow tank top and light blue skirt is walking. To her right, another person is partially visible. They are all wearing sneakers. The background consists of horizontal bands of orange, yellow, green, and red, with some abstract shapes.

Winter **WALKING GROUP**

Keep moving during the cold winter months!

STARTING
JANUARY 9, 2025

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PROVIDED**

**Contact Danette or Natalie
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**Thursday's 1-3pm at
The Gathering Centre
(unless cancelled due to event)**

**DROP IN BASIS
NO REGISTRATION REQUIRED**



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



2025 WACC Community Ice time



| Time/Day | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------|-------------------|-------------------------|-------------------|---------------------|-------------------|--------------------|--------------------|
| 08:30-10:30 | School | Adult/Seniors Skate | School | Adult/Seniors Skate | School | Adult/Senior Skate | Adult/Senior Skate |
| 10:30-1130 | School | Daycare | School | Daycare | School | Public Skate | Public Skate |
| 11:30-1:00 | School | School | School | School | School | Public Skate | Public Skate |
| 1:00-2:00 | School | School | School | School | School | Public Skate | Public Skate |
| 2:00-3:00 | School | School | School | School | School | Public Skate | Public Skate |
| 3:00-5:00 | Shinny ages 0-10 | Shinny ages 0-10 | Shinny ages 0-10 | Public Skate | Shinny ages 0-10 | Shinny ages 0-10 | Shinny ages 0-10 |
| 5:00-6:00 | Shinny ages 0-10 | U7 LNHL PRACTICE | Shinny ages 0-10 | U9 LNHL PRACTICE | U11 LNHL PRACTICE | Shinny ages 0-10 | Shinny ages 0-10 |
| 6:00-7:00 | Public Skate | Public Skate | Public Skate | U15 LNHL PRACTICE | Public Skate | Public Skate | Public Skate |
| 7:00-8:30 | Shinny ages 10+ | U13 GIRLS LNHL Practice | Shinny ages 10+ | Shinny ages 10+ | Shinny ages 10+ | Shinny ages 10+ | Shinny Ages 10+ |
| 8:30-9:00 | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 10+ | Shinny ages 10+ | Shinny ages 14+ |
| 9:00-11:00 | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ | Shinny ages 14+ |
| 11:00-12:00 | Lights off; Flood | Lights off; Flood | Lights off; Flood | Lights off; Flood | Shinny ages 14+ | Shinny ages 14+ | Lights off; Flood |
| Midnight | Rink Closed | Rink Closed | Rink Closed | Rink Closed | Rink Closed | Rink Closed | Rink Closed |

Please note:

1. Schedule is guideline for use of the WACC Rink, please be respectful!
2. Issues of "who is using the rink", refer to this schedule.
3. Vandalism; willful damage; neglect; or disrespectful play, will not be tolerated and may result in loss of rink use privileges.
4. Hockey sticks and pucks; ONLY PERMITTED DURING SCHEDULED "SHINNY TIMES"
5. Hockey helmets and hockey gloves are recommended for "SHINNY TIMES" for all age groups.
6. If a group is not utilizing allotted ice time as noted above, ice is considered "OPEN ICE" (ie PA/PD Days; Snow Days...etc.)

FOR MORE INFORMATION CONTACT LIZ TABOBONDUNG
705-746-8022 X 305



HEALTH DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



FAMILY DAY BOWLING

Monday February 17th 2025

11AM-12PM OR 12PM-1PM

THE ZONE-PARRY SOUND

MUST REGISTER WITH LIZ TABOBONDUNG

cra@wasauksing.ca

705-746-8022 EXT 205



SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

Wasauksing First Nation Social
Services Department

February 2025

Ontario Works Updates

FEBRUARY 2025

OW Employment Program

Chi-meegwetch to Melinda Roberge for her service to Wasauksing Ontario Works Employment Program. We wish Melinda well as she enjoys her time with family.

The OW Employment Position to be posted in the near future!!

Intake Client File Update

OW Intake Worker Position is in the process of being filled.

If you require your benefits to be updated, please contact the office.

**Late income statements received.
A cheque will be processed!!!!**

ONTARIO WORKS DROP IN

February 14, 2025, 10 am to 2pm at the Gathering Place

ODSP WORKER - to be confirmed!!

SERVICE CANADA - representatives will be available to assist with Passports; SIN; CPP; OAS and My Service Canada Account (MSCA)

February DROP IN - Submit Income Statements and Participation Forms. Gift cards are available for those who have submitted.

OW - Participation forms are available at the front desk for those of you that still need to make updates to your file.

**Income Statements & Participation Forms due
February 14th, 2025.**

Monthly Update



INCOME TAX



DATE TO BE DETERMINED IN
MARCH!!

Income Tax Service @ The Gathering Place

**Amanda King is available to prepare Income Taxes
for those on Ontario Works, Old Age Security and
Disability.**

**Call to make an appointment!
705-996-6910**

**Please bring your documents, i.e. T4's, Hydro Bills etc. with
you.**

There is no charge to you!!!



SERVICE CANADA IN YOUR COMMUNITY

Service Canada provides Canadians with a single point of access to a wide range of government services and benefits.

Service Canada will be in your community to help you apply for the programs and services listed below.

What to Bring: Visit Canada.ca for a complete list of required documents.

| Programs and Services | Location | Date | Time |
|---|--|------------------------------|---------------------------|
| Social Insurance Number (SIN) <input type="checkbox"/> | 1126 Geewadin Road Wasauksing First Nation | Friday, February 14, 2025 | 10:00 a.m. to 2:00p.m. |
| CDCP - Canadian Dental Care Plan Application <input type="checkbox"/> | | | |
| Canada Pension Plan (CPP) <input type="checkbox"/> | | | |
| Old Age Security (OAS) <input type="checkbox"/> | | | |
| My Service Canada Account (MSCA) <input type="checkbox"/> | | | |
| | Passport - Application | | |

Information on Service Canada's programs, services and benefits can be found online at Canada.ca or by calling 1 800 O-Canada.



SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



February Home Support Program Dates:

*Elders Luncheon -
3rd, 10th & 24th
11:45 to 1:30*

*Meals on Wheels -
5th, 12th, 19th &
26th*



BROUGHT TO YOU BY THE
HS TEAM: SEAN, KAT,
EVAN & GEORGE. QUESTIONS:
CONTACT KELLIE @ THE
GATHERING BLDG



SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



Celebrate
Monthly
Elders

Birthday's

Feb 24th, 2025



will be included with
Elders Luncheon



Wasauksing FEBRUARY 17 8AM-6:30PM Family Day

- Ice Fishing Derby on HAY BAY. Registration: 8 AM - 11 AM



Submit your fish by 4 PM. Prizes to be won!!



-Skating at the WACC w/hot chocolate.



-Homemade sleigh riding at the WACC hill. Register your sleigh for a chance to win!

-Movie time in the gathering room @ 4:30 PM - 6:30 PM snacks provided.



@ 12 Noon



Registration for ice fishing/homemade sleighs is located in The Gathering room.



The Gathering Center is open all day as a warming station.



Children 12 and under must be accompanied by an adult.



Questions? Want to Volunteer?



Contact Courtney @c.nadjiwon@wasauksing.ca 705-938-4198



The WACC rink will be **SKATING ONLY** Monday February 17th 8-4pm

No Hockey permitted between 8-4pm
Hockey will resume after 4pm





SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



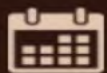
**WE CAN MAKE
a difference together**

SUPPORT GROUP

Tuesday evenings

5pm to 7pm

starting January 2025



on a monthly basis

- at the Gathering Building
 - 1126 Giiwedin Rd.
- Wasuaksing First Nation

Contact :Dean'na Desjarlais
at: Wellbeing office 2321 Shingwak Rd
705-996-6910



SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

Tufted Wall Art with Noopiming Creations

Date to be confirmed for February

Contact Waab/Christine to register:
wiidookdahwin@wasauksing.ca

Limited space
available





SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

WFN Wellbeing Team

Happy New Year *Big Drum on* *Wednesdays*

Starting: Janauary 8th
and will carry on each
Wdnesday
5:30 to 7:30pm

there will be a small meal served as
well Crafts set up.

contact: Deanna at 2321
Shingwak Rd 705 996 6910



SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025



TEA TIME

with our Elders

Wasauksing

Social time with our Community Elders
Listening to our Community History

at: Gathering Building

Feb. 20th, 2025
3:00 to 5:00pm

Contact: Dean'na Desjarlais
705 996 6910



SOCIAL DEPARTMENT

WFN NEWSLETTER
FEBRUARY 2025

YOUTH GROUP ICE FISHING TRIP *February* 19TH 2025

9 SPOTS
AVAILABLE!!!

OPEN TO YOUTH
AGES 12-24!

PICK UP: 5:30AM
ARRIVE IN
BRECHIN: 7:30AM

SNACKS AND
LUNCH
INCLUDED!

DEPARTING@:
4:30PM RETURN
TO WASAUSKING
APROX: 6:30PM

SIGN-UP FORMS ARE
AVAILABLE AT THE
WACC!!!!

INCREASE YOUR
SELF-ESTEEM &
RESILIENCE

TO SIGN UP/MORE INFO CONTACT:

PARKER: ywp@wasausking.ca

TANAYA: c4w2@wasausking.ca

SCOTTY: c4w3@wasausking.ca





Important Notice to the Community: Update Your Information with ISC



- ➞ **Name Changes**
- ➞ **Amendments to Your Record**
- ➞ **Marriage or Divorce**
- ➞ **Death of a Family Member**

Why is this Important?

- Ensures your status is properly recognized by government agencies.
- Helps in accessing services and benefits.
- Keeps family records up-to-date for future generations.
- Crucial for family members' rights and inheritance.

All information printed on status cards must align with the details in the ISC database at the time the card is issued

LANDS AND
RESOURCES
OFFICE

Public Works Department

For more information please contact:
Melissa Baker

T: (705) 746-2531 Ext. 120

E: landsadmin@wasauksing.ca

Location: Administrative Gathering Centre



PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

The following land application was reviewed during the December 4, 2024, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2024-08DG - Darla Goman
Commercial (Geewadin Road)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning January 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted prior to the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

*Map not to scale, for reference only



WASAUKSING LAND USE 2024



DARLA GOMAN
COMMERCIAL USE
LAND APPLICATION #LA2024-08DG

- Civic Address
- Traditional Land Allotments
- Water Service Connections
- Raw Water Intake
- Water Main
- Poles
- Transformers
- Centerlines



This map depicts basic infrastructure and base features for Wasauksing First Nation for planning purposes. This map may not be reproduced without the expressed written consent of Wasauksing First Nation.

0 0.01 0.03 0.05 0.08 km
Scale: 1:1,539
Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference:
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator
Date: June 5, 2024
Author: D.Baker





PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

The following land application was reviewed during the December 4, 2024, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2024-11DT - Danielle Tabobondung
Recreational (Waubuno Channel)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning January 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted prior to the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

*Map not to scale, for reference only

RECREATIONAL



WASAUKSING LAND USE 2024



DANIELLE TABOBONDUNG
RECREATIONAL USE
LAND APPLICATION #LA2024-11DT

- Civic Address
- Traditional Land Allotments
- Water Service Connections
- Raw Water Intake
- Water Main
- Poles
- Transformers
- Centerlines



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0 0.02 0.04 0.08 0.12 km

Scale: 1:2,405

Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference:
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator
Date: December 5, 2024
Author: D.Baker





PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

The following land application was reviewed during the December 4, 2024, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2024-12GM - Gary Miller
Village Residential (Geewadin Road)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning January 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted prior to the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

*Map not to scale, for reference only



WASAUKSING LAND USE 2024



GARY MILLER
VILLAGE RESIDENTIAL USE
LAND APPLICATION #LA2024-12GM

- Civic Address
- Traditional Land Allotments
- Water Service Connections
- Raw Water Intake
- Water Main
- Poles
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0 0.01 0.03 0.05 0.08 km

Scale: 1:1,539

Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference:
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator

Date: December 4, 2024
Author: D.Baker





PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

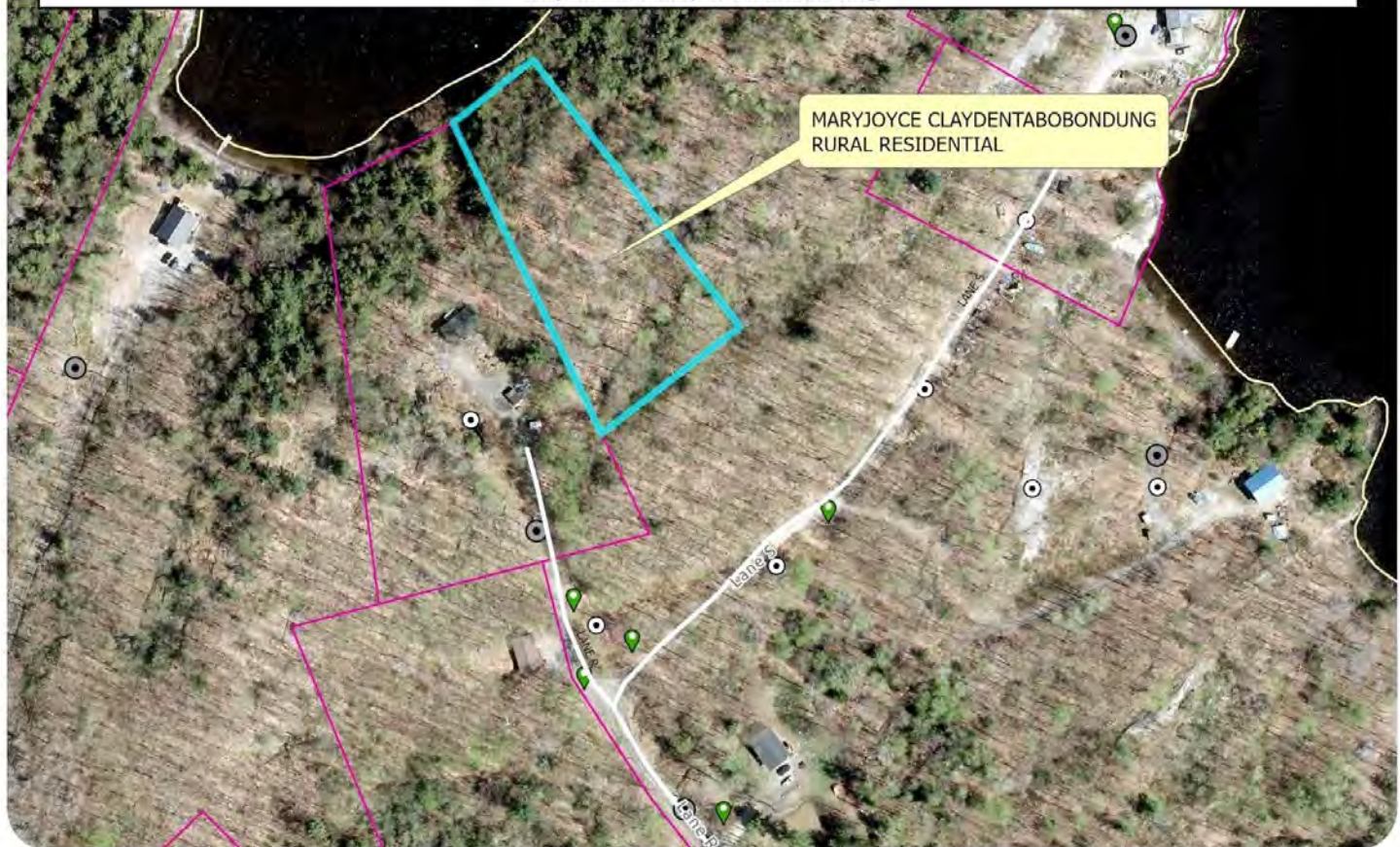
The following land application was reviewed during the December 4, 2024, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2024-13MC - MaryJoyce ClaydenTabobondung
Rural Residential (Lane S)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning January 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted prior to the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

*Map not to scale, for reference only



WASAUKSING LAND USE 2024



MARYJOYCE CLAYDENTABOBONDUNG
RURAL RESIDENTIAL USE
LAND APPLICATION #LA2024-13MC

- Civic Address
- Traditional Land Allotments
- Water Service Connections
- Raw Water Intake
- Water Main
- Poles
- Transformers
- Centerlines



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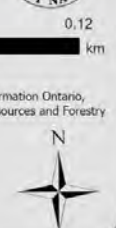
0 0.02 0.04 0.08 0.12
km

Scale: 1:2,405

Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator

Date: December 4, 2024
Author: D.Baker





PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

The following land application was reviewed during the December 4, 2024, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2024-14RS - Ryan Shields
Village Residential (Geewadin Road)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning January 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted prior to the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

***Map not to scale, for reference only**



WASAUKSING LAND USE 2024



RYAN SHIELDS
VILLAGE RESIDENTIAL USE
LAND APPLICATION #LA2024-14RS

- Civic Address
- Traditional Land Allotments
- Water Service Connections
- Raw Water Intake
- Water Main
- Poles
- Transformers
- Centerlines



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Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator

Date: December 4, 2024
Author: D.Baker





PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

The following land application was reviewed during the December 4, 2024, meeting of the Lands and Resources Committee (L.A.R.C.). If no valid concerns are brought forward by the community during the 30-day review period, this land application will be recommended to Council for approval.

- Land Application LA2024-15TT - Teionie Tabobandung-Ralf
Rural Residential (Deemeemguk Road)

Pursuant to section 8(b)3 of the *Wasauksing First Nation Community Development Plan (a.k.a. Land Use Plan)*, the above-listed Land Application is being posted for no less than 30 days, beginning January 1, 2025. If you have any concerns regarding the above land application, please email Melissa Baker, Enrolment and Administrative Support at landsadmin@wasauksing.ca. Concerns must be submitted prior to the end of the 30-day review period.

After the 30-day review period, Council may, at their discretion, approve this Land Application.

*Map not to scale, for reference only

TEIONIE TABOBANDUNG-RALF
RURAL RESIDENTIAL



WASAUKSING LAND USE 2024



TEIONIE TABOBANDUNG-RALF
RURAL RESIDENTIAL USE
LAND APPLICATION #LA2024-15TT

- Civic Address
- Traditional Land Allotments
- Water Service Connections
- Raw Water Intake
- Water Main
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Data Sources: Wasauksing First Nation, Land Information Ontario, Natural Resources Canada, Ministry of Natural Resources and Forestry

Spatial Reference
Name: NAD 1983 UTM Zone 17N
Datum: North American 1983
Projection: Transverse Mercator

Date: December 4, 2024
Author: D.Baker





PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025

ATTENTION

The Water Operators/Delivery Staff would like to remind households that there must be a clear path to their cisterns. Water will not be delivered if cistern access to the water truck is blocked.

Please ensure any obstructions and vehicles are out of the way.

For questions or concerns,
please contact:
705-746-2531 ext. 170 or 171



MIIGWETCH FOR YOUR COOPERATION!



WASUKSING WATER DEPARTMENT

WATER INSPECTION



Do you want your water checked by the Water Department?

We can come and test the water from your tap and give you a report. If you are on the main water system we can check chlorine, pressure and bacteria.

If you are on a cistern or well, we can inspect and review the system and suggest any maintenance such as: new filters, uv bulb change and test it for bacteria.

**INTERESTED? YOU CAN CALL STEVE AT THE WATER
PLANT TO ARRANGE AN INSPECTION:**



705-746-2531



PUBLIC WORKS

WFN NEWSLETTER
FEBRUARY 2025



WE WANT YOU ON OUR TEAM

**Wasauksing First Nation Fire Department is Hiring Paid-
Per Call Firefighters**

No experience required!



Are you looking for Certified Training?

Looking to get your Licence?

Looking to give back to the community?

We offer honorariums for calls and training!

Be apart of Family, Tradition and Excitement!



**Contact Fire Chief Matt Pecar firechief@wasauksing.ca or call 204-620-6606 for
application and more information!**



Fire Rating Criteria Wasauksing First Nation



LOW

Recreational camp fires for warmth and cooking allowed. Controlled burns, fireworks and back country fires permitted all day. Ceremonial fires permitted.

MODERATE

Recreational camp fires for warmth and cooking allowed. Controlled burns, fireworks and back country fires permitted all day. Ceremonial fires permitted.

HIGH

Recreational camp fires for warmth and cooking and fireworks permitted. Controlled burns not permitted unless approved by Fire Chief. Back country fires not permitted. Ceremonial fires permitted.

EXTREME

Recreational camp fires for warmth and cooking permitted from 6pm-8am. Fireworks permitted with approval from Fire Chief. Controlled burns and back country fires not permitted. Ceremonial fires permitted but please notify Fire Chief.

RESTRICTED FIRE ZONE

NO FIRES PERMITTED. Ceremonial fires permitted but please notify Fire Chief.

PLEASE HAVE WATER, RAKES, SHOVELS NEAR BY. PLEASE ENSURE FIRES ARE NOT LEFT UNATTENDED. EXTINGUISH FIRES COMPLETELY. DO NOT USE ACCELERANTS TO START YOUR FIRE.

CALL 911 IF YOUR FIRE GETS BEYOND YOUR CONTROL.

IF YOU HAVE QUESTIONS PLEASE CALL FIRE CHIEF MATT PECAR: 204-620-6606



Heating Safety

There is something about the winter months and curling up with a good book by the fireplace. But did you know that heating equipment is one of the leading causes of home fire deaths? With a few simple safety tips and precautions you can prevent most heating fires from happening.

BE WARM AND SAFE THIS WINTER!

- Keep anything that can burn at least three-feet (one metre) away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- Have a three-foot (one metre) "kid-free zone" around open fires and space heaters.
- Never use your oven to heat your home.
- Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer's instructions.
- Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- Remember to turn portable heaters off when leaving the room or going to bed.
- Always use the right kind of fuel, specified by the manufacturer, for fuel burning space heaters.
- Make sure the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.
- Test smoke alarms at least once a month.



Heating Equipment Smarts

Install wood burning stoves following manufacturer's instructions or have a professional do the installation. All fuel-burning equipment should be vented to the outside to avoid carbon monoxide (CO) poisoning.

Install and maintain CO alarms to avoid the risk of CO poisoning. If you **smell** gas in your gas heater, do not light the appliance. Leave the home immediately and call your local fire department or gas company.



FACT

Half of home heating fires are reported during the months of **December, January, and February.**



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards



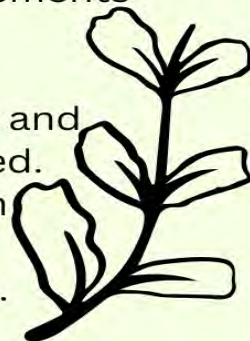


*Your words have comforted me, your support
has strengthened me and your love has
sustained me. I sincerely thank you all for
your kindness during my greatest sadness.
Darlene Rice Zyganiuk & Steven Mishibinijima*

Chi Miigwetch to the following for the support and
kindness given during those difficult days.

- Wasauksing Nursing Station Staff
- Wasauksing Social Department staff
- Wasauksing Youth Tipi Helpers
- The Fire Keepers from Wasauksing & Shawanaga
- The Cedar Women – Faith, Marilyn & Ivy
- Jessie for the Travelling Star Blanket
- Lila for her two framed poems
- Spiritual Helpers - Hector Copegog, John Rice
& Rev. Monica Moore
- Pallbearers – Matt McGregor, Waub. Rice, Jeremy Newton,
Bryan Bomholt, Amaru Mendez & Dave Rice.
- Hugh & Katie of Logan's for providing care with compassion.
- Clara Partridge for beautifully greeting family & guests.
- Pardon My Garden Florist for the flower arrangements
& mementos framed so creatively.

Thank you/ Miigwetch to all for the stories and
memories you shared. We laughed & cried.
They truly helped our family and shone on
what a special person my son,
Luke Mishibinijima was, while here with us.





IF YOU SEE IT REPORT IT

Multiple Ways to Report:



Call Crime Stoppers: 1-800-222-TIPS (8477)
Online Reporting: www.nearnorthcrimestoppers.com
File a report: 1-888-310-1122

Anonymous and Confidential:

Remember, when you call Crime Stoppers, you're not calling the police. Your information remains 100% confidential and anonymous. We will pass on the details to the police without ever sharing your personal information.

The information you share is entirely confidential and anonymous.
We have creative ways to reward you for your help.



"We need actionable information"

✓ DO'S

- Call a dispatcher
- Alert Crime Stoppers
- File a police report
- Provide first hand info

✗ DON'TS

- Call the Band Office
- Tell info to a friend
- Wait too long to call
- Post on social media

SCAN WITH YOUR PHONE





SCAM



WARNING

TRAFFIC FINE SCAMS

EMAILS & TEXTS





Need to reach APS?

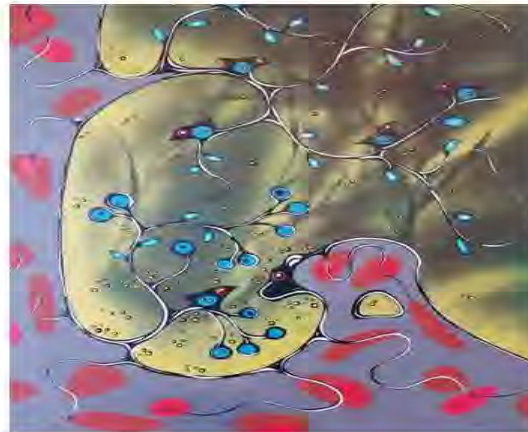


1-888-310-1122





Indigenous Legal Advice from Indigenous Lawyers



ILAIL Clinic

The purpose of this clinic is to provide culturally appropriate, summary legal advice to Indigenous clients. Lawyers **Cara Valiquette** and **Jay Herbert** will focus on all areas of law, including criminal, child protection, family, and civil law. We provide advice about estates (power of attorney and wills), and Indian Act issues. The clinic will run approximately once per month, at **three locations**. Space is limited, so sign up in advance!

Parry Sound Friendship Centre

What: Legal clinic for Indigenous clients

Where: 25 Church St
Parry Sound, ON P2A 1Y2

When: Feb 5, 2025 - Virtual
March 5, 2025 - in person
April 2, 2025 - Virtual

Time: 1pm – 4pm

Other: Please call 705-774-4008 to book

Zoom link for registered participants:

Meeting ID: 890 0390 1305

Passcode: 753292

Midland Friendship Centre

What: Legal clinic for Indigenous clients

Where: 175 Yonge Street
Midland, ON L4R 2A7

When: Feb 12, 2025 - Virtual
March 19, 2025 - In person
April 16, 2025 - Virtual

Time: 1pm – 4pm

Other: Please call 705-526-5589 to book.

Zoom link for registered participants:

Meeting ID: 878 8192 3910

Passcode: 313689

Barrie Friendship Centre

What: Legal clinic for Indigenous clients

Where: 175 Bayfield St
Barrie, ON L4M 3B4

When: Feb 13, 2025 - Virtual
March 26, 2025 - In person
April 23, 2025 - Virtual

Time: 1pm – 4pm

Other: Please call 249-288-9432 to book.

Zoom link for registered participants:

Meeting ID: 894 1403 2090

Passcode: 789859